



Health & Daily Living Solutions

Making life easier...

Do you need a...

Sleep Apnoea machine or mask • **Fitness equipment**

Naturopath • Massage or two

Herbal mixture or supplement • **SKINS**

Four wheel walker • Pair of crutches

Support for an injured body part • **T.E.N.S machine**

Pair of compression socks • Wheel chair to hire or buy

SHOP LOCAL, drop in and see Nathan or Anne-Marie

phone. 4681 2333 • email. info@hdls.com.au
10 DAVADI ST, STANTHORPE, (NEXT TO IGA)