

GARDEN BISTRO MENU

BISTRO OPEN 7 DAYS FROM 10AM

SALADS

Classic Caesar salad with chicken	16
	18
Salt & pepper squid salad, green papaya, rocket, asian herbs, dried shallots & chilli	18
Roast pumpkin salad, with feta & sundried tomato, rocket & pesto dressing (V) (GF)	18
Mediterranean beef salad, rocket roasted peppers, feta, cherry tomatoes & toasted cashews (GF)	19

FAVOURITES

Garlic bread	4
The Arms beef burger, lettuce, tomato, beetroot, cheese, chutney & chips	17
Satay burger, lettuce, tomato, cucumber & chips	17
Beef nachos, corn chips, chilli beef & beans with cheese, guacamole, salsa & sour cream	18
Golden crumbed calamari, chips & salad	19
Beer battered flathead fillets, chips & salad	20
Potato wedges, sweet chilli & sour cream	12
Basket of chips with choice of sauces	7

MAINS

300g scotch fillet (100 day grain-fed from Gympie QLD)	28
300gr rump steak (100 day grain-fed from Southern Highlands, VIC)	25
• All steaks served with chips and salad and mushroom or pepper sauce	
Chicken parmigiana topped with ham, cheese & tomato served with chips & salad	22
Atlantic salmon with mash, asparagus & lemon butter sauce (GF)	24
Lemon peppered barramundi fillets with chips & salad (GF)	24
Slow cooked shoulder of lamb with mash, steamed greens & rosemary gravy	24
Fisherman's basket, with battered flathead fillets, prawn cutlets, crab claws, calamari rings & chips	21
BBQ seafood platter for 1, grilled barramundi, octopus, mussels, calamari, king prawns, balmain bugs with wedges & salad (GF)	39

PASTAS

Chicken pesto penne, pine nuts & shallots tossed in a creamy sauce with parmesan	18
Prawn linguine, with cherry tomatoes, garlic, chilli, fresh herbs & parmesan	20
Spinach & ricotta ravioli with roast pumpkin, feta & sundried tomato (V)	18



PIZZAS

Arms Supreme - capsicum, onion, sundried tomato, mushroom & selection of meats	19
Margherita - tomato, basil, cheese (V)	17
Vegetarian - roast pumpkin, mushroom, capsicum, feta, olives, sesame seeds & aioli (V)	19
Meat Lovers - onion, mushroom, selection of meats & bbq sauce	19
Islander Pizza - ham, pineapple & cheese	19
BBQ Chicken - with green capsicum, Spanish onion, cheese	19
Spinach & Chorizo - with feta, spicy spanish sausage	19
Prawn & avocado	20
½ & ½ pizza	22

KIDS MEALS (U12 years old only) \$10

- Calamari & chips	- Battered flathead fillet & chips
- Chicken nuggets & chips	- Tomato basil pasta
- Ham & cheese pizza	

BREAKFAST MENU Mon-Fri 10:30-11:30am, Sat & Sun 9:30-11:30am

Arms Big Breakfast – 2 fried eggs, bacon, mushrooms, hash brown, vine ripened tomatoes & thick toast	14
Bacon and egg roll with cheese & BBQ sauce	7
Scrambled eggs with chives on thick toast	9
Fried eggs & bacon on thick toast	10
Raisin toast	6
Thick toast & jams	6
Banana bread	5

Add ons: bacon \$2 ,hash browns \$2, mushrooms \$2, Tomatoes \$1

(V) = Vegetarian (GF) = Gluten Free



BURGER SHACK

OPEN SUNDAY LUNCHES & PUBLIC HOLIDAYS

The Arms Gourmet 200gm Beef Burger	17.00	Fisherman's Basket	21.00
With salad & chips		Battered flathead, crumbed prawns, crab claws, calamari rings & chips	
Chicken Satay Burger	17.00	Beef Nachos	17.00
With salad & chips		With guacamole, sour cream & salsa	
Chicken Schnitzel Burger	17.00	Classic Caesar Salad	16.00
With cheese, sweet chilli sauce, salad & chips		Caesar Salad	18.00
Golden Crumbed Calamari	19.00	With chicken	
With salad & chips		Basket of Chips	7.00
Fish 'n' Chips	20.00	With your choice of sauce	
Beer battered flathead fillets with chips & salad			