

The Private Clinic

Information for Patients



- Termination of pregnancy
 - Contraception
 - Ultrasound
 - D&C ■ Counselling
- All by Female Doctors

The Private Clinic
 120 Devonshire Street
 Surry Hills NSW 2010
 (200m from Central Station)

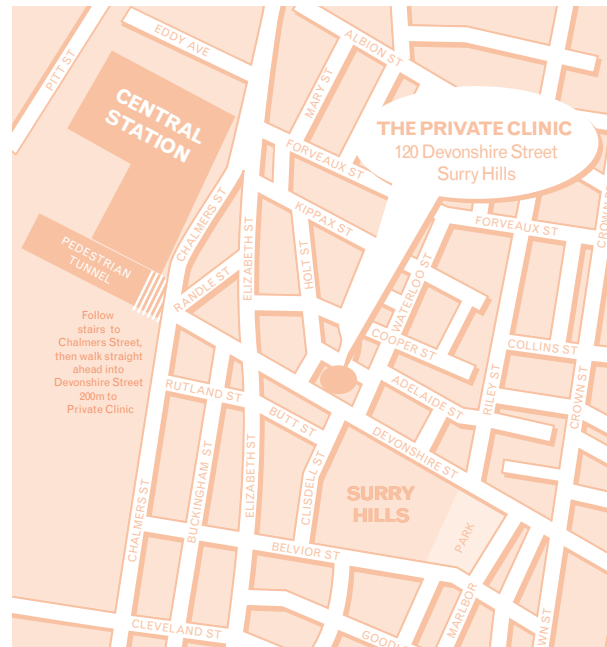
Tel (02) **9690 0000**
 Fax (02) 9690 2505
www.privateclinic.com.au

Formerly of Woollahra, the Private Clinic is now located in new day surgery premises. It is APFA and NATA accredited and has easy access to public transport.

TRAIN Catch any train to Central Station and exit via the Devonshire Street exit. We are a very easy two minute walk up Devonshire Street on the left, 10m past Holt Street

BUS Elizabeth Street, Eddy Avenue and Cleveland Streets are all major bus routes and are only a short walk away. Ph 131500 for specific bus details.

PARKING Street parking is available nearby or a Secure Parking station is located around the corner in Holt Street.



The Private Clinic Woollahra Pty Ltd
 ABN 65 074 588 551.

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Please direct all mail to:
 P.O. Box 1806, Strawberry Hills, NSW 2012

FEES

If you have a Medicare card, please bring it with you.

We accept cash, EFTPOS or credit card payments but are not able to accept cheques, American Express or Diners cards. Please be aware that Medicare patients will have an out of pocket expense.

For details of our fees, or if you have any other inquiries, please call the clinic. We would be happy to assist you.

You can book an appointment by phoning the clinic between 8:00am and 5:00pm from Monday to Saturday.

Phone (02) 9690 0000 Fax (02) 9690 2505

Appointment

TIME _____

DATE _____

IF YOUR PREGNANCY IS MORE THAN THIRTEEN WEEKS FROM YOUR LAST PERIOD, PLEASE PHONE THE CLINIC FOR ADDITIONAL INFORMATION AND INSTRUCTIONS

The Private Clinic

The Private Clinic is one of Sydney's most trusted and reputable pregnancy termination clinics. The clinic is accredited by APFA and has a staff of specially trained doctors and nurses who provide family planning advice, contraceptive services and perform termination of pregnancy under intravenous anaesthetic.

The clinic staff aim to provide the best medical care in a comfortable and caring setting."

They are all experienced professionals who are fully sympathetic to your anxieties and difficulties.

Female doctors perform all procedures.

PREPARATION FOR YOUR OPERATION

You must have **NOTHING** to eat or drink (including water, chewing gum and lollies) for six hours prior to your appointment time.

If you are taking any medication, have had a recent cold or flu, have diabetes, high blood-pressure, epilepsy or any other medical condition, please inform the staff when making your booking. You may require a specially scheduled appointment and the doctor may need to give you specific instructions.

PLEASE BRING THE FOLLOWING ITEMS WITH YOU

- A letter from your doctor if possible although it is not essential.
- Your blood group card if you have one. If not, your blood group will be tested during your visit.
- Your Medicare card
- Some Sanitary pads (not tampons) and an extra pair of underpants.
- Cash, debit or credit card for payment of fee.

It is a good idea to have someone accompany you but we do ask that you try to limit your support to one or two people. Please try to avoid bringing babies or young children to the clinic.

You should not drive yourself to or from the clinic.

ON ARRIVAL AT THE CLINIC

Our receptionist will take your personal details and you will then have counselling and consultations with the doctor performing the procedure and the doctor who will be administering the intravenous anaesthetic. All of your questions will be answered and your medical history and contraception will be reviewed by the doctors.

Before your procedure, a nurse will show you where to safely store your personal items and some simple medical observations will be recorded (pulse rate, blood pressure etc).

At the clinic we perform an ultrasound before your procedure. This is usually done whilst you are under anaesthetic and allows us to confirm the exact stage of your pregnancy and to look for any other problems. (The doctor also uses the ultrasound at the completion of the procedure as a final check).

ANAESTHETIC

Many women are anxious about experiencing pain during their operation. This is a common fear that we fully appreciate and we undertake to ensure that your visit is as stress free and pain free as possible. We find that intravenous anaesthetic relieves women of the worry of experiencing pain or having memories of the procedure.

AFTER YOUR OPERATION

After your procedure you will spend some time in the recovery area under observation by a nurse. When you have sufficiently recovered you will be given light refreshments.

Your visit to the clinic will last approximately three hours although the procedure itself normally takes five to ten minutes.

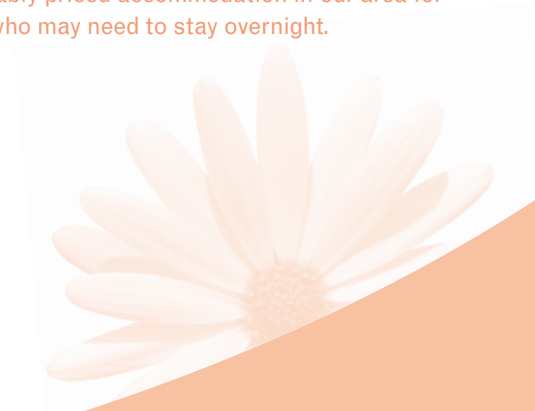
Before you leave the clinic you will receive a prescription for antibiotics, the contraceptive pill, (if required) and a sheet of post-operative instructions. Please read these instructions carefully, as the information is important. For the safety of yourself and others you must not drive until the day after your procedure.

CONTRACEPTION

The doctor will discuss your future contraception at the time of your consultation. Most types of contraception are available at the clinic and we will be happy to provide you with any information that you require. If you wish, you may elect to have an I.U.D. fitted at the time of your operation provided it is suitable in your case.

COUNTRY PATIENTS

The Private Clinic is a short walk from the Country Train terminal at Central. We can recommend reasonably priced accommodation in our area for those who may need to stay overnight.



We understand your needs