

Corporate.Work.Health. Australia.

Workplace Ergonomic Assessments

Absenteeism and litigation aren't just caused by manual tasks. Ergonomics is recognised as one of the most important factors in the workplace health and safety environment today.

Poor posture is the underlying cause of many musculoskeletal disorders that we treat on a daily basis. If you are sitting at a workstation it is essential that it be adjusted to fit you. Our workstation assessments can be provided for a single employee, a particular work group or for the whole organization.

All Corporate Work Health Australia's assessments are performed by fully qualified and practicing Physiotherapists and Osteopaths with extensive knowledge of the current legislation. All our assessments include a detailed report on key assessment findings, current or potential injuries and proposed recommendations.

Key Benefits.

- Improved employee comfort and a boost in productivity
- Postural awareness and relief of pain
- Reduced workplace injury rates such as repetitive strain injuries and tendonitis as well as alleviating neck and lower back pain
- Helps manage, mitigate and deflect personal injury claims
- Knowledge of how injuries occur



Our full services include:

- Pre & Post Employment Physical Assessments
- Ergonomic Assessments Group or specialized one-on-one
- Manual Handling Training
- 'Sit safe' – Training for the seated worker
- 'Sit safe' Group Exercise Classes
- Onsite Physiotherapists & Osteopaths
- Risk Assessment and Consultancy

**“COMPLETE INJURY MANAGEMENT
FOR THE WORKPLACE.”**

About us.

Injury prevention is better than cure! One injury can cost your company 10's or 100's of thousands of dollars in increased Workers compensation premiums.

Our mission is simple:
FEWER Injuries
QUICKER Recoveries
HEALTHIER Bodies
IMPROVED Staff morale
REDUCED Absenteeism
INCREASED Productivity
REAL Savings

Corporate Work Health Australia develops and implements tailored programs to address specific organisational and employee needs. All of our services are completed by experienced health professionals who focus on providing employees with relevant and current information in a positive environment to encourage sustainable outcomes.

Like to know more?

For more information please contact your local Corporate Work Health Australia branch:

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