ORMEAU RUNNERS & WALKERS CLUB



JOIN US EVERY SUNDAY MORNING AT 7.30AM

HILLTOP PARK ORMEAU RIDGE

Suitable for all fitness levels and everyone is welcolme. Stay afterwards for our monthly club BBQ

THIS IS A FREE EVENT FOR EVERYONE

For more information please contact:

Jen Gale Ph: 0427 629750

gcfitness@live.com.au

Proudly Sponsored by:
Gold Coast Fitness & Martial Arts