



2016 "RECREATIONAL JUST FOR FUN" CLASS INFORMATION

RECREATIONAL STUNT/CHEERLEADING CLASSES

We are now offering classes where athletes can come and work just on their stunting and cheerleading skills that are non tumbling related.

This is aimed at athletes who are not able or ready to make the commitment to a competition cheerleading team, but want to learn how to stunt & jump just like a comp cheerleader.

These classes are based on age, go for one hour, and cater for all abilities.

Age Groups are 8 years and under, 9-14 years, and 15 years and over.

Recreational Stunt/Class Times

- Ages 8 & under Monday 4-5pm
- Ages 9-14 years Thursday 6-7pm
- Ages 15 years over Thursday 7-8pm

RECREATIONAL TUMBLING

Whether you have no experience, minimal experience or a lot of experience in gymnastics we can cater the class to your needs.

These classes focus on the floor element of gymnastics tumbling.

From learning forward rolls, to handstands, round offs, handsprings, and twisting skills, these classes are for all ages and abilities.

If you would like to learn how to tumble, improve your skills, or advance the skills you can already do in a safe environment with qualified coaches this is the place to do it!

Attire: Hair tied back, no jewellery, tight fitting clothing, bare feet or cheer shoes.

Beginner Level (3-6 years & 7+ years)

Learn basic shapes, and up to a handstand & cartwheel
 • 3-6years: Monday 5-6pm • 7+ years: Wednesday 6-7pm

Level 1 tumbling (All ages)

Learn up to front and back walkovers
 • Monday 4-5pm • Monday 7-8pm • Tuesday 7-8pm
 • Wednesday 5-6pm • Thursday 5-6pm

Level 2 tumbling (All ages)

Learn up to handspring & round off handspring, must have all level 1 skills before enrolling
 • Monday 6-7pm • Tuesday 5-6pm • Thursday 4-5pm

Level 3 tumbling (All ages)

Learn up to front and back tucks, must have all level 1 & 2 skills before enrolling
 • Monday 8-9pm • Wednesday 4-5pm • Wednesday 7-8pm

Level 4/5 tumbling (All ages)

Level 4: Learn up to layout, must have all level 1,2 & 3 skills before enrolling.

Level 5: Learn up to twisting, must have all level 1,2,3 & 4 skills before enrolling.

• Tuesday 4-5pm • Tuesday 6-7pm

RECREATIONAL TUMBLING & STUNT CLASSES 2016 TERM FEE COSTS

Classes	Term 1	Term 2	Term 3	Term 4
Privates	\$35pp (30 mins), \$20pp x 2 people at once (30mins)			
Monday	\$144	\$128	\$160	\$112
Tuesday	\$160	\$160	\$160	\$112
Wednesday	\$160	\$160	\$160	\$112
Thursday	\$160	\$160	\$160	\$112
Friday	\$144	\$160	\$160	\$112

2016 TERM & HOLIDAY DATES

Term 1 - Open	Monday 1st February - Friday 8th April	10 Weeks
Term 1 Public Holidays	Friday 25th March, Monday 28th March	
Term 1 School Holidays	Saturday 9th April - Monday 25th April	2 weeks off
Term 2 - Open	Tuesday 26th April - Friday 1st July	10 Weeks
Term 2 Public Holidays	Monday 25th April & Monday 13th of June	
Term 2 School Holidays	Saturday 2nd July - Sunday 17th July	2 weeks off
Term 3 - Open	Monday 18th July - Friday 23rd September	10 Weeks
Term 3 Public Holidays	Not Applicable	
Term 3 School Holidays	Saturday 24th September - Sunday 9th October	2 weeks off
Term 4 - Open	Monday 10th October - Wednesday 23rd November	7 Weeks

PLEASE NOTE:

Recreational Classes commence Monday February 1st 2016 and finish as of Wednesday 23rd November 2016.

Enrolments must be made via email to:
info@starletscheerleading.com



2016 RECREATIONAL STUNT/CHEER & TUMBLING PERSONAL INFORMATION SHEET

Payments: We use a "try before you buy" system. Please enrol for your first class. If you decide it is not for you after that, there is no payment required. If you return for your second class you will be invoiced from the first class till the end of term.

FAMILY: PARENT/GUARDIAN INFORMATION

If under 18 - Parents/Guardian Contact Email:

Father's Name: Father's Mobile:

Mother's Name: Mother's Mobile:

Allergies & Medical Conditions: Do you have Ambulance Cover? Yes / No

The following information is your emergency contact in the event that a parent or Guardian cannot be contacted

Emergency Contact Name: Relationship To Athlete:

Emergency Contact No: (H) (M)

Emergency Treatment

In the event of an emergency I give permission for Starlets Cheerleading staff to seek medical attention, and if necessary arrange an ambulance. I understand that I will be responsible for all costs incurred.

.....
(Name) (Signature) (Date)

MEDIA RELEASE

Athlete's Under 18

I agree to Starlets Cheerleading placing my child's photo/video on the Starlets website and/or for promotional use. If you have any concerns please contact Dani.

Media on website YES / NO (Please circle) Media Promotional use YES / NO (Please circle)

Please print name of parent/guardian giving permission, sign & date

.....
(Name) (Signature) (Date)

ATHLETE INFORMATION & CLASS START DATE

Athletes First Name: Surname: M / F DOB: Age:

Postal Address: Postcode:

Athlete Home Phone: Athlete Mobile:

Athletes Email address:

START DATE: / / Where did you hear about us?

Day Of Class: Level Of Class: Time Of Class:

Athlete's Under 18

Media on website YES / NO (Please circle) Media Promotional use YES / NO (Please circle)

Please print name sign & date

.....
(Name) (Signature) (Date)

OFFICE USE ONLY:

EXCEL:

GYMBIZ:

GA: