



# **AT OPSM WAURN PONDS, WE HELP YOU SEE WHAT YOU LOVE, AND LOVE WHAT YOU SEE**

## **RANGE OF OPTOMETRY SERVICES**

### **STANDARD EYE TEST**

This is the standard eye test Australia wide. It's a thorough examination that allows us to comprehensively assess your vision and eye health. The test takes approximately 30 minutes, and our Optometrist will take the time to explain their findings in detail. Medicare covers the cost of a standard eye test every 2 years for Medicare Card holders<sup>^</sup>.

### **DIGITAL RETINA SCAN**

A Digital Retina Scan produces a photo of the retina, which enables your optometrist to assess the current health of your retina, optic nerve and blood vessels. This photo allows for the early detection of diseases and health problems such as diabetes, glaucoma and macular degeneration, and helps your optometrist to better monitor your eye health over time.

### **CONTACT LENS CONSULTATION**

Because of recent advances in technology contact lenses are now easy and convenient, and provide wider vision than glasses. During your consultation, your Optometrist will measure the front of your eyes to work out what contacts will suit you best. Your OPSM Optometrist will make sure you're suitable for contact lenses, and if you are, will be able to recommend the best type for you.

<sup>^</sup>Customers holding an eligible Medicare card will have services bulk billed as per Medicare guidelines. For non-eligible card holders additional fees may apply. Please contact our service team for more information.

## WHEN SHOULD I HAVE MY EYES TESTED?

We recommend that, as a minimum, you have your eyes tested at least once every two years, and in some cases more frequently. Your Optometrist will be in the best possible position to advise you on how regularly you require an eye examination once they have checked the health of your eyes. Visit your Optometrist if:

- You can't see clearly
- You can't see well in the distance
- You have difficulty reading
- You haven't had an eye test in the last two years.

## WHEN SHOULD MY CHILD HAVE THEIR EYES TESTED?

Good vision is essential to ensuring your child reaches their full learning potential. But often, children assume that how they see the world is normal. That's why parents are usually best placed to help detect vision problems in their children, by looking out for the right signs and ensuring that their child has regular eye tests every two years. If you notice any of the following symptoms in your child, make an appointment with an OPSM Optometrist:

- Confusing words or colours
- Covering or closing one eye
- Frequent blinking
- Sitting too close to the TV
- Holding books very close to read.

## WHERE TO FIND US

### OPSM Waurn Ponds

Shop T913, Waurn Ponds Shopping Centre

173 - 199 Pioneer Road

Waurn Ponds, VIC, 3216



OPSM Waurn Ponds is located in Waurn Ponds Shopping Centre, near the Optus store. You can make an appointment by calling us on 5243 9288, or drop by to see us in store.

visit [opsm.com](http://opsm.com)

