



North Ringwood Community House

Term 4 Course Guide Oct - Dec 2015

www.nrch.org.au



**North Ringwood
Community House**
Registered Training
Organisation 6434

Office Hours: **9am - 5.00pm**
Monday - Friday

35 - 39 Tortice Drive,
Ringwood North 3134

Ph: 9876 3421 Fax: 9879 0739

email: admin@nrch.org.au

www.nrch.org.au

abn: 78 052 679 939

Manager's Report

We recently celebrated the "Official Opening" of the Parkwood site which incorporates North Ringwood Community House and Parkwood Community Hub. Organisations in the "Hub" are U3A, The Ringwood Historical Society, Ringwood Men's Shed, Maroondah Toy Library and Penumbra Centre. We are all not for profit community organisations who provide a great range of services for the local community.

The Mayor Cr Tony Dib unveiled the plaque to open the Parkwood site. Councillors Nora Lamont, Mary-Anne Lowe, Samantha Marks and Rob Steane all attended together with MCC staff and representatives from the community organisations.

Here is our program for Term 4 - it is full of Christmas ideas and I hope you find it interesting and that there is a class or activity that you would like to attend.

We look forward to seeing you.

Sue McDermott. House Manager.

Accredited Training at Park Orchards Community House & Learning Centre. RTO 4008

Commencing Term 4, 2015

Cert III in Education Support CHC30213
Cert IV in Training & Assessment TAE40110

Call 9876 4381 for more information.

Accredited Training

Are you considering a Career change?

Find out how rewarding a career in the Community Services environment can be.

Cert III in Aged Care CHC30212

Cert III in HACC CHC30312

Cert IV in Disability CHC40312

Cert IV in Leisure & Health CHC40608

Visit www.nrch.org.au or
phone 9876 3421 for more information

Studying at North Ringwood Community House we offer:

- New Training Facilities
- Plenty of free onsite parking
- An adult learning environment
- Qualified and experienced tutors
- A welcoming friendly environment
- RPL & Credit Transfer available
- Additional study support
- Return to Study Workshop
- Internet access
- Classes held during school terms
- On-site registered childcare (available for daytime classes only)

Please call 9876 3421

*Subsidised childcare while you study

Onsite Childcare is available
during the day.

Limited spaces available
Bookings must be made in advance.

Training is delivered with Victorian State & Commonwealth Government Funding. For eligibility criteria for funded places go to www.education.vic.gov.au/refocusingvet.

Fee for service places also available.



Computer & Work Skills

Introduction to Computers:

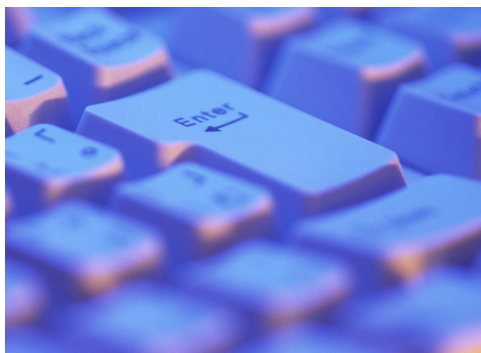
Next Step code 15DLINTCOMP

Learn about:

- Connecting to the internet
- Software
- Hardware
- Search engines
- Send and receive emails
- Downloading files
- Antivirus measures

Thu Oct 15th x 8 wks 9.30am - 12noon

Cost \$63



Digital Literacy code 15DLDIGLIT

BYO iPad or tablet

Course designed to increase skills and confidence in digital literacy. From getting started, covering basic settings, buttons, connecting to a Wi-Fi network and turning on features. Learn to communicate with friends & family via email, Skype, Facebook etc. Learn to take and manage photos on your tablet.

Tue Oct 13th x 8 wks 9.30am-12noon OR

Tue Oct 13th x 8 wks 1-3.30pm

Cost: \$50 (no class Nov 3rd)



MYOB v19 with Payroll code 15ESMYOBP

Ideal for small business owners and operators. MYOB is a computerised accounting & reporting package that lets you set up easy, effective financial records for home or business. This course includes the payroll component.

Pre-requisites: basic book-keeping skills, Computer & keyboarding skills
Certificate provided.

Sat Oct 17th x 6wks 9am-12.30pm

Cost: \$77 (Incl manual) (no class Oct 31st)



Word & Excel code 15DLWORDEX

Intermediate: Increase your computer skills using Microsoft Office 2010 products. Learn Word to create letters and reports, format documents, use mail merge tools and create labels. Using Excel you will create spreadsheets, simple formulas, learn to draw graphs and create tables. **Ideal for home or office.**

Prerequisite: basic computer skills.

Thu Oct 15th x 8 wks 12.30 -3pm

Cost: \$63



Intro to Blogging & Self Managed Websites code 15DLBLOGWEB

Set up a blog or simple website for yourself or your small business, group or club. Learn how to get started on website creation platform WordPress to build an online presence. You will create a site and your first posts to showcase your work.

Prerequisite: intermediate computer skills, and gmail or hotmail address.

Wed Oct 14th x 8 wks 7-9.30pm

Cost: \$70



www.nrch.org.au

Professional Creative Writing

code 15VOCPROFCW

Learn research, writing and editing skills to create a folio of work, together with insights on submitting work for publication. Students will work at their own pace. Minimum year 10 English & good communication skills are recommended.

Tue Oct 13th x 8wks 12.00-3pm OR

Tue Oct 13th x 8wks 7-9.30pm

(no class Nov 3rd)

Cost: \$75 (Incl manual)



Intro To Computers code 15DLINTCOMP Windows 8.1

Introductory course for people who have very little or no computer experience. We offer lots of support for you to gain the skills and confidence to operate a computer for personal or workplace use. Course covers:

- Understanding files,
- Folders and libraries,
- Introduction to Word,
- Working with pictures
- Using the internet.



Wed Oct 14th x 8 wks 9.30am - 12noon

Cost: \$77 (Incl manual) (no class Nov 4th)



Intro to Apple iPad (BYO iPad)

iPad - not *just* for playing games. Covers basic settings, buttons, ports, navigation, email setup, internet browsing and downloading apps from the Apple Store.

Wed Nov 25th x 3 wks 7-9pm

Cost: \$75 C \$70



Christmas Cupcakes

Popular, fun class - using ready roll icing sugar, turn cupcakes into a beautiful Christmas treat. Decorate & take home 4 chocolate mud cupcakes. Everything provided.

Sat Dec 5th x 1 wk 10am-12noon

Cost: \$20 (+ \$10 to tutor for materials)



Christmas Card Making

Learn the basics of simple handmade cards. Be amazed at your creative ability, to wow your loved ones with your special cards created just for them. Get started on those Christmas cards or that special occasion.

Wed Oct 14th x 1 wk 10am - 12.30pm

Cost: \$15 (+ \$10 to tutor for materials)



Christmas Wreath

Come join us to make a Christmas Wreath made out of Christmas music paper.

Tue Nov 10th x 2 wks 4-5.30pm

Cost: \$50 C\$45 (+ \$30 to tutor for materials)

Christmas Ideas

Porcelain Christmas Decorations

Now is the time to start thinking about decorations for Christmas. Annette will show you the art of hand painting beautiful ornaments and Christmas decorations. Modern & traditional designs.

Beginners welcome.

Thu 12th Nov x 3 wks 10am - 12noon

Cost: \$45 C\$40 (+ \$25 to tutor for materials)

Transparent Christmas Mosaics

Choose a blank Christmas themed transparent shape and make your own transparent mosaic mobile. By adding stunning opaque and clear glass pieces an amazing piece of art is created. Use simple tools and techniques to make a colourful piece. This is a fun class where you will be proud to take home and show of what you have accomplished.

All materials supplied.

BYO lunch, safety glasses and apron

Sat Nov 28th x 1 wk 10-4pm

Cost: \$40 (+ \$40 to tutor for materials)

Candle Making Workshop

Learn the tips & tricks to soy wax candle making. Make beautiful gifts for friends or family. Suitable for all ages.

Sat Nov 14th x 1 wk 10-12.30pm

Cost: \$22



Chicken De-boning Made Easy

Come along and let Joyce guide you in producing a great Christmas lunch. Learn how to debone a chicken to make a beautiful boneless chicken roll with special stuffing mix in just 2 hours! Contact office for materials list.

Wed Nov 25th x 1 wk 10am-12pm

Cost: \$20 (+ \$2 to tutor for materials)



Festive Table Centres

Come join us to make a beautiful Table Centre for Christmas. Materials list on enrolment.

Tue Nov 24th x 1 wk 4-6pm

Cost: \$20 (+ \$35 to tutor for materials)



Copper Foil & Glass Christmas Decorations

Make Copper Foil Glass Christmas decorations in a fun workshop. Ideal gifts for friends & family or keep for your own tree.

Choose from various decorations. No cutting required. Pre-cut kits provided.

Sat Nov 21st x 1 wk 10am-3pm

Cost: \$45 (+ \$25 to tutor for kit) BYO lunch

Art & Craft

new

Beginners Felting Workshop

Come and learn how and why wool felts and how to lay the wool out and obtain a lightweight durable fabric. You will create and design your own original scarf which will be completed on the day.

BYO lunch. Materials list on enrolment.

Sat Nov 7th x 1 wk 9.30am-4.30pm

Cost: \$55 C \$50

Chinese Painting Workshop

with Echo Wu

Freestyle traditional flower-and-bird Chinese painting. Learn the basic brush strokes, techniques & use of water, ink & colours on rice paper to draw different themes.

Fri Oct 30th x 1 day 10am - 2pm

Cost: \$65

Leadlighting

Leadlight a beautiful stained glass window panel - traditional & modern designs. Make copperfoil sun-catchers, jewel boxes & mirrors etc. Materials list on enrolment.

Thu Oct 15th x 9 wks 1-3pm

Cost: \$158 C \$153



Porcelain Dolls & Figurines

Annette will show you the art of hand painting beautiful ornaments, Christmas decorations, figurines, brooches, dolls or porcelain antique reproductions. Modern & traditional designs. Beginners welcome.

Mon Oct 12th x 8 wks 10am-12pm or 1-3pm

Cost: \$119 C \$114 (no class Nov 2nd)

Creative Craft Morning

Bring a craft project along & share ideas & skills with others. Any craft from sketching, sewing, knitting, calligraphy - the more creative the better. Complete your project whilst enjoying morning tea. This is a great way to work on a project whilst enjoying the company of others.

Tue Oct 6th x 10 wks 9.30-11.30am

Cost: \$2.50 per session (no session Nov 3rd)

Botanical Art - Watercolour Painting

Explore your inhibited mind and show your artistic ability. Designed by tutor for beginners. Your love for plants and flowers could translate into beautiful framed art to decorate your wall or give to friends on special occasions.

Materials list on enrolment.

Mon Oct 12th x 8 wks 12.30-3pm

Cost: \$145 C \$140 (no class Nov 2nd)

Knitting Masterclass Workshop

Natalie is a member of the Victorian Hand Knitters Guild and she will be here to answer ANY question you have ever had about knitting. Bring your own project for her expert assistance. She will teach you how to knit patterns and stitches beyond the ordinary. BYO lunch.

Mon Oct 19th x 1 wk 9.30am-3.30pm

Cost: \$20

Furniture Restoration with Ross Wayth

Restore old pieces of furniture & return them to their former glory. Our tutor has many years experience to share with you. Bring a small item to restore. You will be amazed at what you can achieve.

Wed Oct 7th x 11 wks 7-9.30pm

Cost: \$220 C\$215 (+ \$30 to tutor for materials)

Pencil Sketching for Beginners new

In a relaxed atmosphere with all paper, pencils and erasers supplied by tutor for \$8 or BYO if you prefer. We will start slowly and help you gain confidence. Bring a photo or picture, or we can supply one. Later we will have a go at still life.

Fri Oct 16th x 8 wks 10am - 12noon
 Cost: \$128 C \$123 (+ \$8 to tutor for materials)

Acrylic Painting new

Beginners welcome. Using acrylic paints, Jo will guide you while you create your first masterpiece. Bring along photos of what you wish to draw. Teacher will provide paints for the first class and advise what you need to buy. Please bring along a cheap canvas for 1st class (from \$2 shop or similar, any size)

Fri Oct 16th x 8 wks 1 - 3pm
 Cost: \$128 C \$123



Cartooning new

Come and join us for some creative fun drawing. Learn how to turn mobile phones, pieces of fruit and people into cartoons. BYO sketch pad, 2HB pencils, a rubber and sharpener.

Fri Oct 16th x 8 wks 4pm-5pm
 Cost: \$80

Spanish

Planning a trip to South America? Native Spanish tutor will guide you through grammar, vocabulary, conversation skills & a look at the culture & customs.

New Beginners

Mon Oct 12th x 8 wks 6-7.30pm
 Cost: \$115 C\$110 (no class Nov 2nd)

Ongoing Beginners

Mon Oct 12th x 8 wks 7.40-9.10pm
 Cost: \$115 C\$110 (no class Nov 2nd)

Chinese - Mandarin

"Ni Hao!" Are you planning a trip to China or just want to order from a Chinese restaurant? You will learn to speak basic conversational Mandarin, write Chinese characters, and understand Chinese culture and customs in a fun and relaxed environment.

Mon Oct 12th x 7 wks 7 - 9pm
 Cost: \$128 C\$123(no class Nov 2nd & 30th)

Italian Language Classes

Pronouncing, spelling and reading Italian is easy by comparison with English. Ideal for people planning to travel to Italy. Includes vocabulary, grammar & conversation.

Beginners

Thu Oct 15th x 8 wks 7.30-9.30pm
 Cost: \$146 C \$141

Intermediate

Tue Oct 13th x 8 wks 7.30-9.30pm
 Cost: \$146 C \$141 (no class Nov 3rd)

French Beginners - Bonjour

Learn basic vocabulary, grammar & conversation of this beautiful language & an insight into the French culture.

Thu Oct 15th x 8 wks 7-9pm
 Cost: \$146 C \$141

Auslan

Wed Jul 29th x 6 wks 6-8pm Cost: \$190
 Enrol and pay online via www.auslan.net.au

Social & Special Interest

Lunch & Guest Speaker - **new** "The Only Woman at Gallipoli"

"In November 1915, a woman appeared amidst the fighting at Gallipoli. She laid a wreath on a grave then disappeared."

Join us for lunch followed by author John Howell discussing his book "The Only Woman at Gallipoli" (available to purchase on day)

Tue Nov 17th x 1 wk 12noon-2pm

Cost: \$5 includes light lunch

Hair Braiding Workshop

Learn to do a French Twist, Fishtail, Ribbon plus more. Fun workshop with qualified hairdresser. Bring your model with medium to long hair and a brush & comb. Great for mums (or dads) to bring daughters of your BFF.

Sat Oct 24th x 1 wk 2 - 3.30pm

Cost: \$25 per couple



Growing Organic Spring & Summer Vegetables **new**

Includes: Living Soil: A detailed look at soil types, analysis and identification, Compost making & methods.

- Companion planting, why it's essential
- Pests and predators in the garden, organic methods of control
- Cultivating your plants
- Seasonal fruit & vegetables
- Maintaining a mixed orchard.

Thu Oct 22nd x 1 wk 7-9.30pm

Cost: \$25

Military History Talk & Lunch

Do you have a soldier in the family and would you like to know more about him? George's talk is designed to give you an idea of what is available, and in some cases where to look. It will touch on Australians who served in the NZ Maori War in 1861 up until Vietnam 1971 and the campaigns in between. He will also look at the medals that have been issued for these wars. As the early medals were awarded and designed by the British Government there will be some discussion about other Commonwealth countries.

Tue Oct 27th x 1 wk 12noon-2pm

Cost: \$5 includes light lunch

new

Intro to Bee Keeping

This 5 hour workshop covers what to expect, the rules and regulations, where to position your hive, pests & diseases, building your hive, tools required, seasonal management, the workings of the hive and so much more.

Wed Nov 18th x 2 wks 7-9.30pm

Cost: \$35



Fab 50's plus

A friendly social morning for women over 50. Guest speakers, craft activities and outings. Join in the fun & friendship. Carpool to outings. New members most welcome. Morning tea provided.

Thu Oct 8th x 11 wks 10am - 12 noon

Cost: \$3.50 per session



How to take a Great photo

Learn from an expert how to make the difference between an average shot and a 'Great Shot' with this 4 week introductory class. Covers: Composition... showing how to place important features in your image. Depth Of Field... impacting on technical and aesthetic quality.

Exposure.. light, its effects and the final result. Using Your Images... don't leave them on hard drive, see what can be achieved. Some Photoshop basics. Q&A at each session. Beware there will be homework!

Thu Nov 5th x 4 wks 7.30-9pm

Cost: \$35

Scrabble with Lunch

Come and enjoy a light lunch followed by social Scrabble. Bookings essential.

Tue Oct 20th 12noon-3pm

Cost: \$5



Cards with Lunch

Come and enjoy a light lunch followed by social card games. Bookings essential.

Tue Nov 10th 12noon-3pm

Cost: \$5



Bingo with Lunch

Come and enjoy a light lunch followed by a fun game of Bingo. Bookings essential.

Tue Dec 1st 12noon-3pm

Cost: \$5



Victorian Seniors Festival October 4th - 11th Bookings Essential - 98763421

Tai Chi for Health

Improves muscle tone, strength and fitness.
Wed Oct 7th 12.15-1.15pm or 1.30-2.30pm

Free class

Candle Decoration

Decorate a fat candle, great gift idea, includes afternoon tea.

Tue Oct 6th 12noon - 1.30pm. **\$2**

DIY Watercolour Coffee Mug

Decorate a coffee mug - great gift idea, includes afternoon tea.

Tue Oct 6th 2 - 3.30pm. **\$2**

FAB Group

Social morning for women over 50 years of age. Morning tea provided.

Thu Oct 8th 10am - 12noon. **Free**

iPad Photos

BYO iPad - Learn to take and manage photos on your iPad.

Fri Oct 9th 10am-12noon or 1pm-3pm.

Free class

Maroondah Toy Library

Ph: 9723 0866

Ringwood Men's Shed

membership enquiries Belinda 0403 838 857

Staff & Committee send our best wishes for the Festive Season and the coming year.

Please note: the office will close on Friday 19th December 2015 and Re-open Monday 18th January 2016

Health & Fitness

Pilates

Build greater endurance, strength & flexibility to create harmony within your body. Suits any age or fitness level. BYO yoga mat.

Wed Oct 7th 9.15-10.15am or 10.30-11.30am
x 8 wks Cost: \$104 C \$99

Thu Oct 8th 6 - 7pm or 7 - 8pm
x 11 wks Cost: \$133 C \$128

Fri Oct 9th 9.15-10.15am (no class Oct 30th)
x 10 wks Cost: \$121 C \$116

Sat Oct 10th x 9 wks 8am - 9am
Cost: \$109 C \$104 (no class Oct 31st)

Back to Basics - ideal for beginners **new class**
Sat Oct 17th 9.15-10.15am x 8 wks
Cost: \$100 C \$95 (no class Oct 31st)



Bush Nomads

Great social outing & walks of 8-10 kms with an experienced group leader. Discover new bush parks & walking locations. Moderate level of fitness required. B.Y.O. lunch & sturdy shoes. Car pooling & shared transport costs.

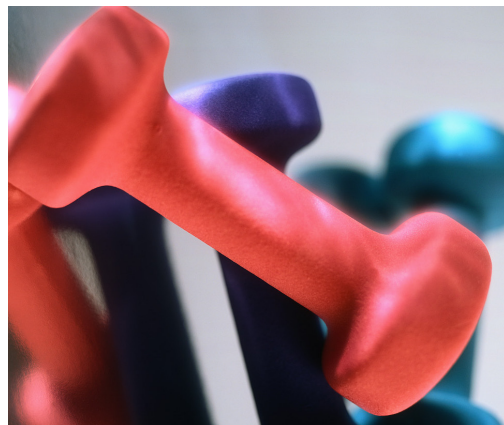
Mon Oct 5th x 10 wks 9.30am-3.30pm
Cost: \$1.50 per session (no walk Nov 2nd)

Strong People Stay Young

Strength training - ideal for people 50+ years. Aids in body toning, strength & weight loss. Helps to prevent osteoporosis. Experienced Vic. Fit Instructors. BYO leg weights

Mon Oct 5th x 10 wks 6-7pm
Cost: \$110 C \$105 (no class Nov 2nd)

Thu Oct 8th x 11 wks 8.30-9.30am
Cost: \$121 C \$116 (BYO yoga mat)



Tai Chi For Health

Improves muscle tone, strength, fitness, joint flexibility, balance and co-ordination. Suitable for everyone including arthritis sufferers. Qualified Tai Chi instructor.

Beginners Class Wed Oct 14th x 10 wks
12.15-1.15pm Cost: \$110 C \$105

Ongoing Class Wed Oct 14th x 10 wks
1.30-2.30pm Cost: \$110 C \$105

Hatha Yoga

For relaxation, peace of mind & flexibility. Suits all ages & fitness levels. BYO Yoga Mat. Qualified yoga tutor.

Mon Oct 5th 9.15-10.15am or 10.30-11.30am
x 10 wks Cost: \$110 C \$105 (no class Nov 2nd)

Tue Oct 6th 6.30-7.30pm or 7.35-8.35pm
x 10 wks Cost: \$110 C \$105 (no class Nov 3rd)

Save time and fill in your enrolment form online at www.nrch.org.au

OR phone us on **9876 3421**

OR complete & post the booking form below to North Ringwood Community House
PO Box 2489, Ringwood North 3134

Refunds will be given if:

- Class is cancelled by the Community House - we refund fees in full.
- You cancel your enrolment at least 7 days prior to course commencement. This will be less \$15 non-refundable deposit.
- No refunds given if student cancels within the week prior to or after class commences.

Materials: Before purchasing materials check that your class is going ahead.

We are a non-profit organisation whose core business is to offer support for all people who wish to develop personal or professional skills, whilst providing an avenue for social and recreational interaction in secure and non threatening surroundings.

How to find us

Melways Reference: Map 35 K12

From Ringwood Station take Bus 364

We gratefully acknowledge the support of:



Booking Form

Name:

Address:

Phone: Email:.....

Course:

Commencement Date: Time:

Payments:

In person: Cash, Cheque, EFTPOS & Credit Card payments are all acceptable.

Credit Card No: _ _ _ _ _

Expiry date: _ / _ Amount \$ _____

Cardholder name: Signature:

Please make cheques payable to “North Ringwood Community House”.

Children's Services



**Bookings now
being taken
2016**

**Childcare in our NEW facility is available
on the following days and times:**

Monday and Wednesday 9.00am - 12.00noon, \$27 per session*
Tuesday, Thursday and Friday 9.30am - 2.30pm, \$45 per session*

*** 10% discount if booked & paid for the full term**

Childcare is available to parents attending classes at the Community House and for parents needing a childfree break.

We limit the number of children in each session to between 10 and 16 ensuring that your child receives individual attention. Our aim is to provide high quality care and encourage each child to develop to their full potential in a safe, happy and secure environment.

3 Year Old Activity Sessions

Structured sessions specifically developed for 3 year olds.
Great alternative to kinder

**Bookings now
being taken
for 2016**

Wednesday 1.00pm to 4.00pm

The Crèche is registered with the Department of Education & Early Childhood Development