Reward yourself with a happier and healthier way of life...

Facilities

- 4 fully equipped gymnasiums
- 3 group fitness studios
- 2 x 50m swimming pools, indoor and outdoor
- 1 x 25m indoor pool
- 3 spa/sauna/steam rooms
- 3 toddler's pools
- 9 hole golf course.

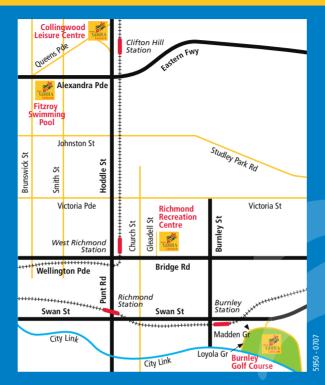
Additional services

- Yoga and Pilates
- Tennis courts
- Massage
- Personal training
- Occasional Day Care
- Learn to swim classes.

General terms and conditions Direct debit membership agreement

- The pay-by-the month membership is an ongoing by-the-month payment. Your membership will be processed on the 28th of the month or the next business day and will be debited from your nominated bank account or credit card.
- All cancellations must be requested in writing by the 25th of the month.
- Cancellations cannot be backdated.
- Membership alterations and suspensions can be made upon completing an alteration form.

For further information enquire at reception.



Opening hours

Open 7 days per week

	Richmond Recreation Centre	Collingwood Leisure Centre	Fitzroy Swimming Pool
Monday – Thursday	6.00am – 9.00pm	6.00am – 9.00pm	6.00am – 9.00pm
Friday	6.00am – 8.00pm	6.00am – 8.00pm	6.00am – 8.00pm
Saturday	7.00am – 8.00pm	9.00am – 6.00pm	8.00am – 6.00pm
Sunday	8.00am – 6.00pm	9.30am – 6.00pm	8.00am – 6.00pm
All centres are open for limited hours on public holidays. Pool closes 15 minutes prior to closing. During Canoe Water Polo seasons the Richmond pool shuts at 8.30pm on Monday – Wednesday.			
Burnley Golf Course	Winter hours 7.00am	п — 6.00pm	

Summer hours 6.00am - 8.00pm

Fitzroy Swimming Pool: Alexandra Parade, Fitzroy – 9205 5180 Richmond Recreation Centre: Gleadell St, Richmond – 9205 5032 Collingwood Leisure Centre: Cnr Turnbull and Hoddle St, Clifton Hill – 9205 5522 Burnley Golf Course: Cnr Loyola Gr and Madden Gr, Burnley – 9205 5048 Richmond Recreation Centre Collingwood Leisure Centre Fitzroy Swimming Pool Burnley Golf Course



Membership Options Committing to a healthier lifestyle!



www.yarracity.vic.gov.au/leisure

Immerse yourself

Fitness is all about flexibility. And so are our memberships. If you're into everything, we have a membership with the lot. If you just prefer to immerse yourself, we've memberships for that too. There's a 50+ membership, an Off-peak for those who can avoid rush hour and a Family membership with special rates for swimming lessons. All ages, all passions, all fitness levels and all budgets are catered for here. Immerse yourself in a Yarra Leisure membership now.

Benefits of a membership

There are dozens of ways to immerse yourself at Yarra Leisure. Being a member not only means making a commitment to a healthier lifestyle but you'll also save money along your journey to a fitter and happier you. Think about the diversity: swimming, golf, spinning, weight training, group fitness... you'll never be bored again. And don't forget you can use four centres. Becoming a Yarra Leisure member is a more affordable option than paying casually, and it's a whole lot more fun!

Membership entitlements

Health and fitness consultation

Our gym instructors are here to ensure you have guidance and support with your training goals. Included in your membership is a comprehensive health and fitness consultation with one of our friendly and experienced staff members. During your consultations the following areas will be covered:

- Exercise and activity history
- Medical history
- Physical assessment; including blood pressure, resting heart rate, aerobic fitness, flexibility and core strength
- Individual goal setting.

Program start consultation and regular reviews

Once you have completed your initial fitness consultation, our instructors will guide you through your personalised program, showing you how to use the equipment on the gym floor safely and effectively.

Re-assessments are encouraged every six to eight weeks where your program will be re-evaluated and your progress measured.

To keep you motivated we encourage you to take advantage of these regular consultations.

Yarra Leisure offers you:

- Four great inner-city locations
- Individual assessment and progress reports
- State-of-the-art equipment & facilities
- Huge choice of fitness programs to suit all skill levels
- Fully qualified staff
- Supportive, enthusiastic culture
- A boost to your wellbeing
- Great value memberships
- 9 hole golf course
- Member reward program.

Two Week Trial Pass

Sometimes it's difficult to make that commitment and become a member – with Yarra Leisure's Two Week Trial Pass you can try us out! The Two Week Trial Passes includes access to facilities at all leisure centres and green fees at Burnley Golf Course. At the end of the trial, if you are happy with our services and ready to commit, we will credit the cost of the trial to your joining fee. Full fee: \$49.00 Student: \$44.10 Health Care Card: \$24.50



Membership options

Multi sport: Access to all facilities within all venues and unlimited use of all Multi-Sport sessions. Includes free green fees at Burnley Golf Course.

Swim Squad: Access to the pool, spa, sauna, steam room, lockers areas and access to all Multi sport swim squad within all leisure centres.

Full: Access to all facilities within all three leisure centres and green fees at Burnley Golf Course.

Off Peak: Access to all facilities within all three leisure centres between 8:00am – 4:00pm Monday to Friday and any time on the weekends.

Aquatic: Access to the pool, spa, sauna, steam room and locker areas within all leisure centres.

50+: Access to all facilities within all three leisure centres. Patrons must be 50 years of age or over.

Yarra Youth: Membership for 12 – 17 year olds. Use of the gym between 3:00pm – 6:30pm Monday – Friday and 12:00pm – 4:00pm Saturday and Sunday. Unlimited access during operational times to swimming pools and group fitness classes. Access to all leisure centres.

Family: Husband/wife/defacto and/or dependent children 17 years and under residing at the same address. A minimum of two to join, including one adult and a maximum of two adults. This option also includes the use of the tennis courts and is subject to availability. Green fees at Burnley Golf Course.

Corporate: Access to all facilities within all three leisure centres and green fees at Burnley Golf Course. Available to local businesses – Minimum of 10 members per organisation required. Only on a Minimum 12 debit contract.

All memberships allow you to use Richmond Recreation Centre, Collingwood Leisure Centre and Fitzroy Swimming Pool.

*Please note a joining fee applies to memberships. Concession rates are available – students receive a 10% discount and Health Care cardholders receive a 50% discount.