



# Amitola day spa

CALL **9456 1010**

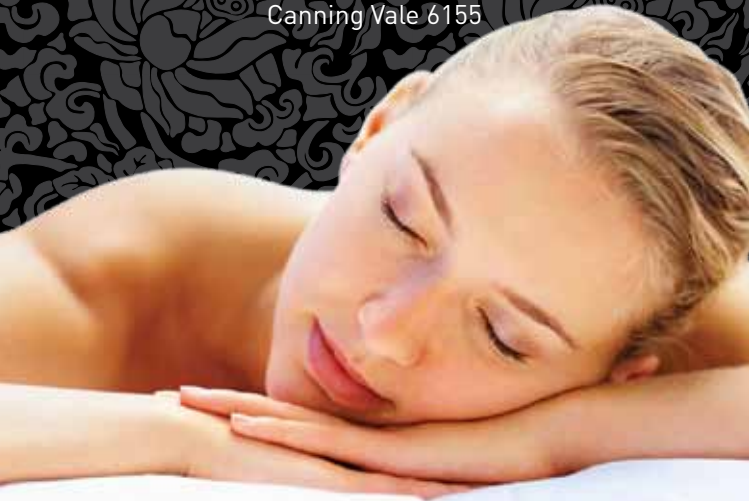
Book Online: [mylocalsalon.com.au](http://mylocalsalon.com.au)

We are open...

Monday .....	from 9am-6pm
Tuesday .....	from 9am-6pm
Wednesday .....	from 9am-8pm
Thursday .....	from 9am-7pm
Friday .....	from 9am-6pm
Saturday .....	from 8am-4pm

[amitolsdayspa@amnet.net.au](mailto:amitolsdayspa@amnet.net.au)

Suite 4, 145 Nicholson Rd (cnr Vostan Rd),  
Canning Vale 6155



# Facial Treatments

We have a wide choice of facial treatments using a range of natural plant based and marine based products. Each facial can be adapted to suit your skin's current needs. Choose from Amitola own skincare range, created from all natural plant based raw materials sourced from all over the world, giving you the wonderful rejuvenating and healing properties for healthier and younger looking skin, or our Heritage Healer range.

## The Worlds 1st Wrinkle Iron! Age™

As we grow older, your youth genes stop working optimally. By resetting these genes, AgeLoc™ reverses the signs of ageing. The Galvanic Spa System smoothes the appearance of lines and wrinkles, rejuvenates the complexion, restores natural vibrancy, removes impurities and helps slow down the signs of aging at it's source. All these benefits leave your skin feeling smooth and looking young.

**Add to an existing Facial**..... \$30

**Half Hour Facial**..... \$58

**1 Hour Facial** (including Back Massage) ..... \$85

**Express Deep Cleansing Facial** (30min)..... \$55

This 30minute facial is a treatment to get your skin clean and fresh quickly.

**Aroma Therapy Facial** (1hr) ..... \$66

A traditional relaxing facial method incorporating a cleanse, deep exfoliation, lymphatic drainage, a facial massage using specific essential oils suitable to your skin, mask, eye treatment and moisturiser that's best suited to your skins needs. Includes back massage

**LED VAC Facial Treatment**..... \$16

Can be added to any of our Facials

**Age Loc Facial Treatment**..... \$30

Can be added to any of our Facials

**LED VAC Face Treatment** (20min)..... \$31

This treatment uses alternating LED lights to treat all skin conditions. It stimulates collagen production, rejuvenates skin's texture. Purifying, reduces redness, increases cellular activity, tightens the facial muscles and can fade pigmentation.

**Diamond Micro-Dermabrasion** (55min) ..... \$90

A deep gentle exfoliation treatment for those who wish to work on problem skin conditions, such as congestion and pigmentation. This treatment gives the skin an overall boost while stimulating the blood supply to promote new cellular activity, resulting in minimising open pores and a clearer complexion.

**Express Diamond Micro-Dermabrasion** (30min) ..... \$50

**Oxygen & Micro Dermabrasion Facial** (1.5hrs)..... \$176

**Heritage Healers Oxygen Facial** (70min) ..... \$125

Natures own Botox. An intensive treatment, combining vitamins A,B,C liquid minerals, which are infused into the skin with pure medical grade oxygen. Includes a back massage.

**Heritage Healers Divine Goddess Facial** (70min)..... \$110

Awaken the Goddess within you, with this facial that incorporates the beauty secret of the Hibiscus flower into the skin acting like natures Botox, to target deep-set wrinkles and banishes fine lines. Three different actives to target different skin conditions: Vitamin C to hydrate, Whitening to brighten and Caviar to plump up the skin, are infused deep into the skin with massage technique, followed by a collagen mask. Including a Back Massage

# Massages

**Swedish Full Body Massage** (1hr) ..... \$85

Traditional Swedish Full Body Massage to work on those knotted areas and sore muscles, leaving your whole body feeling like new and refreshed. Using cold pressed carrier oils and 100% pure Essential oils. Choose from relaxing or stimulating oils.

**Back, Neck & Shoulder Massage** (30min)..... \$55

This 30 minute massage relaxes and eases those tensed muscles as well as stimulating the Central Nervous System.

**Neck & Shoulder Massage** (15min) ..... \$25

This 15 minute massage can be done in your lunch break, leaving you relaxed and stimulated to carry on throughout the afternoon and evening. A Hot towel, infused with Lime, removing any traces of oil, will leave you feeling refreshed and revitalised.

**Hot Stone Massage** (70min) ..... \$99  
A Holistic therapeutic, highly relaxing and beneficial body massage gives you total relaxation. This massage uses Swedish movements and heated volcanic stones to alleviate tired tense muscles.

**LED VAC Cellulite Treatment** (1hr)..... \$71  
This treatment reduces the appearance of cellulite, increases lymphatic drainage, detoxifies, improves the circulation and aids in fluid retention, by using a system of different LED lights and vacuum suction.

**Treatment course of 6** ..... Each \$51

**Aromatherapy Massage** (55min)..... \$95  
This gentle yet powerful massage, includes lymphatic drainage, helps remove toxins, aids circulation, induces deep relaxation, restoring balance and a feeling of well being. This massage also includes a facial treatment, again focused on lymphatic drainage and circulation as well as a head massage using traditional pressure points. Essential oils suitable to each individual will be chosen, as well as the appropriate facial mask, oils etc.

Treat yourself to health and well being!

## *Day Spa Treatments*

**Restore (antioxidant) Body Treatment** (55min)..... \$76  
The creamy Restore Body Scrub gently yet effectively removes lifeless skin cells with natural bamboo, cranberry and hibiscus granules. Pure oils and shea butter replace vital moisture protecting the skins natural acid mantle whilst powerful antioxidants defend newly revealed cells against free radical damage. With wonderful Essential oils of, Litsea Cubeba, Clementine, Lime Distilled, Ylang Ylang, Cardamom and Jasmine Absolute, followed by a Hydrotherapy Spa with Restore Bath Gel and Restore Body Moisturiser, you will feel clean, refreshed and restored.

**Harmony (Dry Skin) Body Treatment** (55min)..... \$76  
This gentle creamy Harmony Body Scrub contains a trio of natural exfoliants, including bamboo, lotus and raw sugar with AHA to effectively loosen and remove rough, dry skin cells. Natural oils, antioxidants and extracts help to protect and hydrate newly revealed skin. Jojoba Oil, Marula Oil, Bamboo Powder, Ginseng Extract, natural Vitamin E, Shea Butter, Orange Blood, Ylang Ylang, Nag champa, Sandal-

wood East Indian and Clove bud, will nourish and sooth dry skin. Followed by a Hydrotherapy Spa with Harmony Bath Gel and Body Moisturiser, containing the beautiful Marula Oil. Your skin will feel alive, smooth and velvety soft

**Balance (Dry Skin) Body Treatment** (55min) ..... \$76  
This beautiful Balance Body Scrub includes a harmonious fusion of elements from nature and the sea. Mother of pearl and bamboo, helps to slough away rough dead cells and smooth the skin aiding the absorption of vitamin and mineral rich Silurian and Seabuckthorn oil, Essential oils of Bergamot, Grapefruit, Cucumber, Geranium, Juniper berry & Cypress. Add the richness of Shea Butter, Lactic Acid, Spirulina and Aloe Vera Leaf Juice Powder, you will feel instantly refreshed and your skin hydrated. Follow this treatment by a Hydrotherapy spa with Balance Bath gel and Balance Body Moisturiser.

**Restore / Harmony / Balance Body Wrap Treatment** (1-1.5 hrs) ..... \$140  
Choose from the above range. Includes a dry body exfoliation using a body brush and Himalayan Salt Crystals mixed with cherry oil and lime distilled essential oil, Receive a glorious Zeolite Clay Body mask, this detoxifies, soothes and leaves your skin velvety soft and moisturised. Hot towel treatment, Hydrotherapy Spa and Body Moisturiser

**Satin Shimmer** ..... \$76  
Full Body Exfoliation using Dead Sea Minerals in grape seed oil and lime distilled, followed by a Hydrotherapy Spa and Body Moisturiser, leaving you feeling revitalised and refreshed.

**Himalayan Body Treatment** (55min)..... \$76  
A Full Body Exfoliation using Himalayan salt Crystals, infused with deliciously refreshing essential oil of Lime distilled, followed by a Hydrotherapy Spa and Body Moisturiser created with balancing rose geranium, lavender and rosewood, leaving you feeling revitalised and relaxed, with skin that is healthy and glowing.

**Cellulite Treatment Localised** (30min ) ..... \$55  
This treatment involves massage using special gloves, using massage oils infused with detoxifying essential oils, targeting specific problem areas.

**Cellulite Treatment** (1hr) ..... \$76  
This treatment drains and detoxifies with the benefits either a body mask specifically designed for cellulite, or, choose a heat and a special cold gel, both will improve contouring and reduce the "orange peel" appearance. Treatment

includes specialised massage to improve circulation and detoxification. To achieve the best results, a course minimum of 5 treatments is recommended.

**Indulgence Package** (3.5hrs)..... \$296  
 Rejuvenate from top to toe with an all over luxurious body exfoliation, a wrap and spa to leave the skin smooth and refined. A Swedish body massage follows to relax those tense muscles. Then experience the hydration and complete bliss of an Amitola Aromatherapy facial

**Revitalising Package** (80min)..... \$211  
 A customised exfoliation of the entire body with a body brush and sea crystals, hydrotherapy spa and moisturiser, will leave your skin cleansed, polished and softened. Complete the treatment with your choice of Back, Neck and Shoulder massage, or a Deep Cleansing Facial.

## Nail Treatments

**Natural Acrylic Nails includes polish** ..... \$75

**French or Glitter Acrylic Nails** ..... \$85

**Refills Natural includes 2 repairs**..... \$60

**French or Glitter Refills includes 2 repairs**..... \$65

We use a variety of Nail Polishes, which are available in a wide range of colours. Also we now have the latest Gel Nail Polish. This high shine chip resistant polish is fast drying and strengthens your natural nail.

**Express Manicures & Pedicures** ..... from \$33 to \$43  
 These treatments take approximately 30minutes, ideal for our busy lifestyles. Treatment includes: soak, quick exfoliation, filing nails to shape and a light massage. Complete the treatment with a polish of your choice.

**Deluxe Manicure** (1hr)..... \$48  
 This treatment starts with a hand soak, exfoliation and cuticle work, followed by a hand and arm massage. Nails are beautifully manicured and finished with a polish of your choice.

**Deluxe Pedicure** (1hr)..... \$68  
 Relax in our foot bath and massage chairs for this lovely treatment. We start by rasping the heel and removing any dry excess skin, exfoliate the feet and lower legs, cuticle work and filing nails. A beautiful leg and foot massage is

followed by a cooling foot mask, hot towel treatment and a polish of your choice.

**Callus Peel** (20min)..... \$25

**Please note all tools used for manicures and pedicures will be your own. They are sterilised after treatment, and kept in a zip lock bag with your name for future use.**

**YOUR well being is most important to us.**

**Paraffin Wax Treatment**..... \$21

Perfect to re-hydrate the skin and is an excellent way to ease problems such as arthritis. Great to add on to a Manicure or Pedicure.

**Gel Nail Polish—Hands or Toes** (20-30min) ..... \$26

This new Gel Polish won't chip, smudge, crack or fade and dries instantly. Lasts up to 2-3 weeks

**File & Polish** ..... \$21

**Polish only** ..... \$14

**French Polish and/or Gel Top Coat** ..... \$6

is available to all the above treatments for an additional cost

**Little Miss** (30min) ..... \$26

A great way to introduce your young miss. Nail paint on fingers and toes, express mini facial, including an exfoliation.

**Teen Treat** (30min)..... \$31

Nail paint to fingers & toes, express mini facial including an exfoliation

**Deluxe Teen Treat** (1hr)..... \$91

A great gift for those teens who are starting to grow up. This treatment includes nail paint on fingers & toes. A 1/2hr facial, followed by a one on one lesson to educate your teen about looking after their skin and includes a Amitola Starter pack to take home.

**Indulge yourself with our Amitola range of beautiful, Natural and Synergistically created products choosing from marine collagen, silk amino acids, botanicals, antioxidants and much more. Feel the deep nourishing yet, non greasy feeling of the most beautiful healing and nourishing oils, butters, vitamins and Floral waters, antioxidants and herbal extracts, combined with the finest Essential Oils from all over the world, to induce wellbeing to**



*Body - Mind - Spirit*



## *Waxing Treatments*

<b>Eyebrow, Lip or Chin</b> .....	from \$11 to \$14
<b>Eyebrows, Lip &amp; Chin</b> .....	\$28
<b>Sides of Face</b> .....	\$16
<b>Bikini Line</b> .....	from \$19
<b>G-String</b> .....	\$36
<b>Brazilian</b> (Strip Wax & Hot Wax) .....	from \$56 to \$66
<b>Underarm or Tummy</b> .....	\$16
<b>Half Arm</b> .....	\$27
<b>Full Arm</b> .....	\$35
<b>½ Leg</b> (under 15 years) .....	\$26
<b>½ Leg</b> .....	\$33
<b>Leg</b> .....	\$38
<b>Full Leg including Bikini Line</b> .....	\$51
<b>Men's Waxing</b> .....	from \$61

## *Tinting Treatments*

<b>Eyebrow Tint</b> .....	\$13
<b>Eyelash Tint</b> .....	\$20
<b>Eyebrow &amp; Eyelash Tint</b> .....	\$30

## *Tanning Treatments*

We use Bonza Bronz Tanning Products, available in two shades; **Macciato & Chocolate**

<b>Half Body</b> .....	\$31
<b>Full Body</b> .....	\$41

## *Make-up Treatments*

<b>Special Occasion/Bridal make-up</b> (1hr) .....	\$56
<b>Trial Make up</b> .....	\$36
<b>Make up Lessons</b> .....	\$36

We only use high quality **NAPOLEON** make up. We will match to your skin tone, so your natural beauty is enhanced for your special day.

Our make-up Artists are Napoleon trained and qualified.

**We sell the full Napoleon range of products and are more than happy to advise you on the best product for you.**