

Yoga for wellbeing

Yoga, Meditation, Breathing Techniques

Tuesdays 6:30 – 8:00 pm

**Location: Room 1,
Crestwood Community Center, Crestwood Drive,
Baulkham Hills**

Just bring your mat to join us

Free First Session Trial class

Booking is Essential

Casual payment \$ 22

or

Term payments

12 pass valid for 13 weeks

\$228

Contact: 0413 927 621