Dear Patient,



Thank you for choosing Stirling Health Professionals for your spinal and health care. Please read through the following information.

What do I bring to my appointment? The Chiropractic Health Questionnaire form and Credit Card Authorisation completed. A list of any supplements or medication that you are currently taking. If you have any medical results from tests in the last 5 years, including x-rays, please bring these also.

Where can I park? 569 Karrinyup Road Stirling. We have plenty of free parking adjacent to the clinic. Closest Parallel Street is Dennis Street. We also have a bus stop located right in front of the clinic. Look for the orange flags.

**How long does my first appointment last?** Please allow approximately 45 minutes for your initial consultation, including time for any other forms to be filled in. Subsequent visits are approximately 10- 15 minutes.

What if I need to cancel my appointment? Failure to give 24 hour notice of cancellation of an appointment may attract a missed appointment fee.

Will I need x-rays? X-rays are not necessary in all cases but may be taken to assist the chiropractor in determining the best treatment. If we consider that x-rays are needed, these will be taken at the clinic, usually at the initial consultation. This applies to children as well, when required.

What are the costs involved? Initial consultations are \$80.00, X-rays are \$150.00. Standard consultations are \$55.00, pensioner \$50, junior \$45.

Can I use private health? Yes we have HICAPS facilities. This means you can swipe your private health insurance card and will just be left with the gap to pay. You can ring your private health insurance to ask how much you will be eligible to receive off your consultation and/or x-ray.

What else is available at Stirling Health Professionals? We also have qualified Physiotherapists, Remedial Massage Therapists, a Podiatrist, Occupational Therapist and a Naturopath that work in partnership to provide you with the best health care possible.

Please email or fax us back with the attached questionnaire, alternatively bring it along with you to your appointment - admin@shpro.com.au or Fax 08 9446 8959

We look forward to helping you and if you have any queries please do not hesitate to call the clinic.

Yours in Health.

SURNAME	GIVEN NAMES	D.	ATE/	/			
WHO CAN WE THANK FOR RE	FERRAL?						
YOUR FULL ADDRESS							
		POST CODE					
HOME PHONE	WORK PHONE	MOBILE PHONE					
EMAIL	IF YOU D	OO NOT WISH TO BE CONTACTED	D BY EMAIL, PLEASE TICK	к вох 🗇			
AGE BIRTH DATE	SEX N	MALE 🗇 FEMALE 🗇	MARRIED 🗇	SINGLE $\Box$			
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## **Chiropractic Health Questionnaire**

## Symptoms related to the Nervous System

The nervous system's function is to control and co-ordinate all the other organs and structures. SPINAL FAULTS may interfere with this function and thus cause a wider variety of symptoms.

Chiropractic deals with the relationship between your spine and your nervous system

Have you suffered from any of the following (Tick appropriate box):



Past	Present		Past	Present		Past	Present	
		Headaches stroke Dizziness Sinus trouble Ear disorders Hay fever Recurrent sore throats Asthma Chronic cough Indigestion/reflux Nausea/vomiting Allergies Constipation Irritable bowel syndrome Urinary disorders			fertility issues Menstrual disorders Chronic fatigue syndrome Sleeping problems Jam/TMJ problems Soreness in neck Shoulder pain/stiffness Arm pain/weakness Elbow pain Pins & needles of hands Loss of grip/strength Wrist of hand pain Mid back pain/stiffness Pain in ribs Low back pain/stiffness			Hip pain or stiffness Buttock pain Leg pain Leg cramps Pins & needles of legs Knee trouble Foot or ankle trouble Pins & needles of feet Osteoporosis Arthritis Diabetes High blood pressure Chronic tension/stress Loss of taste Significant weight loss/ Gain in short time period

## What are your present symptoms? Date of Onset: Caused by? Previous treatment by? Result? Has this occurred before and when? YES ☐ NO ☐ Any family history of this problem? Is your major symptom aggravated by, or related to, your work? YES 🔲 NO 🗖 What medications are you taking and what are they for? (Include contraceptives) What serious illness have you had? Do you sleep on Side Back Stomach How old is your mattress? How many pillows and what type? If there is any other relevant information, please describe below: **PREGNANCY** YES 🖵 NO 🗆 1. Is there any possibility that you might be pregnant? 2. Please enter date of the first day of the last menstrual period **SIGNATURE** I, the undersigned, understand this clinic functions on a cash basis and I am financially obligated for any fees, with the understanding that this clinic will gladly prepare forms and reports if necessary to enable me to regain re-imbursement from insuring companies. I, understand that I am responsible for missed appointments and will pay fees relating to missed appointments. Signature: \_\_\_\_\_

PRESENT SYMPTOMS