### **About Us**



At body'roma we offer you a range of luxurious, natural, handmade bath & shower products

Our oils are chosen for their aroma and moisturising properties. Carefully selected oils align closely with the well documented principles of aromatherapy.

Our complementary products help you luxuriate and linger, recline and relax.

The body'roma range of boutique, pampering scrubs, soaks and oils will leave you with soft, glowing, beautiful skin ...

... skin you want to be seen in!

# Making the most of your products

#### **SCRUBS**

- WET SKIN THOROUGHLY BEFORE USE
- Mix with your facial cleanser or shower gel to exfoliate as you cleanse!
- Leave scrub on for a moisturising face mask
- USE 1-2 TIMES WEEKLY OR AS NEEDED

#### **SOAKS:**

- HAND / FOOT SOAK: 1 tblspn added to a bowl of warm water
- **IN THE BATH**: 1-2 table spoons in a muslin bag added to a warm bath. Open the bag to release the beautiful botanicals if desired.
- AS A SHOWER BAG: 1-2 table spoons to a muslin bag, soak in hot water for 10 minutes and allow oats & botanicals to soften. After washing, use the muslin bag as you would a face washer for a delicious pampering finish.

PLEASE TAKE CARE, OILS IN THE SCRUBS MAY MAKE BATHING SURFACES SLIPPERY

## body'roma

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Luxurious handmade scrubs, soaks, salts & pampering products.

# **Hand & Body Scrubs**

TRIPLE SHOT ESPRESSO	200g	\$20
Wake your skin with freshly ground	110~	612
coffee beans, vanilla & Australian	110g	\$12
sugar		
LEMON & LAVENDER	200g	\$20
Calming scrub with real lemon zest &		
lavender, smooth & soothe-	110g	\$12
ORANGE & POPPY SEED	200g	\$20
Invigorating orange zest &		
moisturising oils in a sea salt base.	110g	\$12
ROSA MIA	<b>200</b> g	\$20
Delightful old fashioned rose petals		
and moisturising oils in a sea salt	110g	\$12
base		
OMG CHOCOLATE	<b>200</b> g	\$25
Ultimate indulgence - real cacao		
beans & cacao oil in a sweet sugar	110g	N/A
base		
ACHE AWAY	<b>200</b> g	\$20
Soothing salt based scrub for aching		
legs & muscles. Uplifting fragrance.	110g	\$12
MINT FRESH (FOOT)	200g	\$20
Relax tired aching feet with soothing		
mint and lavender - good all over	110g	\$12
SWEET LEMON & LAVENDER	200g	\$20
Sugar based scrub developed for		
relief of skin irritations.	110g	\$12
PICCOLO - OMGChocolate		\$5
Perfect size for travel and B&B's. A		
great way to try this delicious scrub!		
PICCOLO - Hand & Body Scrubs		\$4
(excluding OMG)		
Perfect size for travel and B&B's. A		
great way to try more than one		
PICCOLO'S MAY NOT ALWAYS BE		
AVAILABLE IN ALL VARIETIES		

## **Face Scrubs**

SWEET ESPRESSO	<b>110</b> g	\$14
Wake your skin with freshly ground		
coffee beans, vanilla & Australian sugar		
LEMON & LAVENDER	110g	\$14
Calming scrub with real lemon zest &		
lavender, smooth & soothe!		
ZESTY ORANGE	<b>110</b> g	\$14
Invigorating orange zest & moisturising		
oils in a sea salt base.		
ROSA MIA	<b>110</b> g	\$14
Delightful old fashioned rose petals		
and moisturising oils in a sea salt base.		
ALL FACE SCRUBS ARE AVAILABLE IN	200g	\$25
200gm – ORDER VIA EMAIL!		
PICCOLO - FACE SCRUB		\$5
Perfect size for travel and B&B's. A		
great way to try more than one!		



# **Pampering Soaks & Oils**

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ECZTRA – EASE 150g	\$20
Ground Oats, Magnesium salts and	
lavender essential oil Ahhhh	
CAFE LATTE 150g	\$20
Freshly ground coffee beans, milk, oats	
and skin softeners; Ahhh Breakfast	
GRANNIE'S SECRET GARDEN 150g	\$20
Softeners, conditioners and flowers	
from Grannies garden R-E-L-A-X!!	
ROSA MIA 150g	\$20
Romance in a bag. Crushed rose	
petals, essential oils, salt & oats - BLISS	
ROMAN GODDESS 150g	\$20
Delightful old fashioned rose petals &	
scentual essential oils in a milk base	
MINT FRESH FOOT SOAK 150g	\$20
Relieves tired aching feet - soothing	
mint & lavender with salts & oats	
ACHE AWAY SOOTHING SOAK 150g	\$20
Essential oils & mineral salts sooth	
aching muscles, R-E-L-A-X!!	
PAMPER POUCH (soaks) may not	\$5
always be available in all varieties	
ACHE AWAY SOOTHING OIL 250ml	\$25
Sweet Almond oil with a selection of	
soothing & relaxing essential oils	
ROSA MIA OIL 250ml	\$25
Sweet Almond oil with a special blend	
of rose essential oils to aid relaxation.	
SOOTHING SHAVING OIL 30ml	\$15
Perfect size for sports bags, travel,	
B&B's or just to try more than one!	