

“Beauty & Beyond Day Spa” welcomes you to a fountain of beauty treatments catering to all your beauty needs....

You will be greeted with a warm smile, receive expert advice and above all, experience friendly, customer service. You will be looked after by a skilled professional who has many years of experience and a good work ethic. At Beauty & Beyond Day Spa, “professionalism” is of utmost importance. Your services are provided in an environment of privacy and confidentiality & your beauty needs are put first regardless of whether you are a woman or a man....

Men certainly have come a long way since the 1930's when a man's beauty regime, purely consisted of the use of basic hygiene products such as soap and shaving sticks. European influences in the '80's encouraged a boom in male cosmetics & encouraged men to confidently express their emotions. The '90's opened the beauty door for men who are increasingly indulging in Spa Beauty Treatments that women have been enjoying for years including, Facials, Massage, Waxing, Brow/Lash tinting & Perming, Manicure and Pedicure Treatments, & making return visits to the salon. Beauty repertoires then later extended to include Electrolysis and Diathermy procedures for more permanent treatments.

From a female's point of view, it's impressive to see a man take pride & care in his appearance as women have for decades....

Step into Beauty & Beyond Day Spa and immerse yourself in harmony...find your balance & rediscover the beautiful “you”.

At Beauty & Beyond Day Spa a sanctuary awaits you....a sanctuary created for you!!



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DAY SPA MENU:

FACIAL TREATMENTS:

Vital beauty treatments for women & men alike, necessary for counteracting the consequences of excessive moisture loss i.e. wrinkles, dehydration, a loss of texture & a loss of radiance in the skin. Specific massage techniques in the deluxe treatments offered, will seriously strengthen & tone muscles so that facial contours are firmer & more youthful looking. Stimulation of the skin's layers, even the deepest ones encourages & promotes skin vitality, strengthening collagen fibres, & improving elasticity. To provide you with a total balance of mind, body & soul, a variety of different facials designed to target your respective needs are available for you at *Beauty & Beyond Day Spa*, & "client satisfaction" is of utmost importance. You are more than welcome to come in & receive a free, private consultation, where your skin will be assessed & the perfect facial will be chosen for your skin type, taking into consideration, climate, pollution & premature aging factors. Facials are not treatments to be experienced hurriedly....instead; the process should be a pleasurable, indulgent experience with a focus on pampering!!....

***It is advised that male clients receiving a facial have a shave at least 2 hours prior to their appointment so they can really enjoy their experience.*

DELUXE FACIALS:

Skin Booster Deluxe (90mins)

Lie back & enjoy soft, harmonious background music as it assists your transition from the outside busy world you live in, into the serene world of total relaxation. Allow yourself to experience utter bliss!! This Deluxe Facial is a real "*Skin Booster.*" A 90 minute treatment that will leave your skin glowing as it delivers essential nutrients to the various areas that need them the most. Consists of: cleansing (removal of surface debris); light exfoliation (elimination of dead skin cells); aromatic steaming (facilitating easy blemish removal by opening pores); extraction of comedones (blackheads) & milia (whiteheads); a relaxing pressure point massage (effleurage & décolletage of face, neck & shoulders.. massage oil derived from plant extracts) to surely balance your mind, body & soul; a mask (marine or herbal depending on your skin type) & moisturizer (providing complete skin hydration). **\$75.00**

Skin Booster Oil Balancer (90mins)

This Deluxe facial treatment is a sebum balancer. You will experience everything expressed above in the "*Skin Booster Deluxe*" & more. The specifically formulated ampoules applied in the treatment will clarify your skin and shield it creating a bacteria-free zone. Certainly a facial to consider if you have an oily skin type and would like to correct it. **\$85.00**

Intensive Hydrator (1hr 50mins)

This facial involves intense hydration. Suitable for dry skin types, mature skin & for those suffering the effects of dehydration. In addition to all that is offered in the deluxe facial "*Skin Booster*", this particular deluxe facial includes an exfoliant laden with essential oils & 2 deep hydrating masks i.e. a mask made from Pine-Cone extracts & a Vitamin E Herbal Mask. Both of these masks combined deliver optimum moisturization whilst calming the skin, removing impurities & infusing it with active conditioning ingredients. Exceptionally ideal for sensitive skin types because of its gentle soothing properties. It is superb for treating certain skin conditions such as psoriasis, dermatitis & eczema. **\$90.00**

European Facial (90mins)

A facial that marks a difference! Using "Nano Technology" this facial from Europe, delivers active ingredient particles that are 100 times smaller, allowing for easy penetration through the skin, between cells & into newly forming cells. This facial promises visible improvement, including less noticeable fine lines & improved texture & tone within a short time. The results are immediate! Smoother, softer, more radiant looking skin that looks years younger. Includes exfoliation, aromatic steaming, extraction, massage on pressure points of face, neck & shoulders, specialized mask & hydrator. **\$109.00**

Aroma Facials (70mins)

Truly spoil yourself with an aromatherapy facial – a total detox & anti-stress treatment, using the finest of essential oils which are quickly absorbed into the skin. These oils penetrate the skin within minutes of application, the result- an extremely radiant, nourished & protected skin. The addition of aromatherapy oils really personalizes your treatment. These precious oils help defend skin against free radicals, help clear congestion, improve skin's normal functions(including cell regeneration), hydrate & lessen the appearance of those fine lines & wrinkles we all fear. This type of facial appeals to individual senses & skin types. Pure quality essential oils which are blended to suit your individual needs make this facial really special. There are 3 different types of beautiful, relaxing, aromatherapy facials to choose from. (Each one includes exfoliation, aromatic steaming, massage on pressure points of face, neck & shoulders, mask & hydrator).

** Nurturing Rose (70mins)*

(Roman Chamomile, Geranium & Rose Maroc Facial)

Ideal for the "busy rushing" client!! In a Sweet Almond, Camellia, Jojoba & Wheat Germ base, this blend of essential oils will calm & balance the busy you. A Perfect facial for treating rashes & reddish skins and not to mention "excellent" for treating cystic acne. The essential oil Roman Chamomile regulates sebum production, making this type of facial ideal for sluggish, congested & oily skin. On the other hand, the essential oil Geranium helps to create a balance between oily & dry skin. The powerful, uplifting scent of Rose Maroc restores balance & harmony as it aids cellular regeneration. Enjoy..!!

*One should avoid this particular facial during pregnancy or breast feeding

\$85.00

**Aroma Harmony (70mins)*

(Rose, Ylang Ylang, Geranium & Patchouli Facial)

Release your tension & stress with this powerful aromatherapy facial, comprising of Rose, Ylang Ylang, Patchouli & Geranium in a Sweet Almond, Avocado, Camellia, Wheat Germ, Jojoba & Carrot base. Ylang Ylang also known as the "flower of flowers," is an extremely fragrant essential oil with a calming effect on the mind & body. Like Geranium, it has an amazing soothing effect on the skin with the ability to correct excessively dry & dehydrated skin types as well as excessively oily skins by balancing the secretion of sebum. Patchouli acts as a superb tissue regenerator stimulating growth of new skin cells. It is also beneficial for headaches & mental fatigue.

*One should avoid this particular facial during pregnancy or breast feeding.

\$85.00

**Fresh Burst (70mins)*

(Frankincense, lemon & Neroli Facial)

For when you want an inspiring, purifying & uplifting aromatherapy facial with the feeling of sedation..!!

Frankincense, lemon & Neroli in an Apricot Kernel, Sweet Almond, Camellia, Rosehip & Evening Primrose base. Frankincense is one of the favourites in aromatherapy as it has a wonderfully calming effect on the mind and helps to create inner peace while having a rejuvenating, balancing and healing action on the skin. Some call it a "skin tonic" as it helps rejuvenate an ageing skin, reducing scars & skin inflammation. Lemon oil soothes and relieves headaches and migraines, clears acne & removes dead skin cells with ease. Neroli oil also known as "Orange Blossom" can help to regenerate skin cells and is a rejuvenating oil useful to prevent ugly scar tissue, promote a smoother skin, & fight broken capillaries.

* Perfect for all skin types.

\$85.00

Peach Paraffin Facial (60mins)

A facial with a difference! Paraffin is an ideal winter treatment. Enriched with Vitamin E & a blend of nourishing oils, it has high moisturizing power as it increases the blood flow on the treated area created by the warmth of the paraffin itself. This warmth enables the pores of the skin to open & receive an infusion of collagen or any active ingredients topically applied to the skin. Paraffin prevents water from evaporating, driving it back to the deeper layers, nourishing & rejuvenating the skin. It Smoothes, brightens, softens your skin & fine lines virtually disappear!

This excellent Facial treatment includes: cleansing; exfoliation; steaming; Paraffin Mask infusion: herbal massage (effleurage & décolletage of face, neck & shoulders) & moisturizer to further lock in moisture. This 60min treat leaves your skin feeling soft, supple & deeply nourished. A real treat!!

**Great for all skin types but exceptional for dry or dehydrated skin.

\$90.00

Deluxe Microdermabrasion Facial (2 hours)

Experience ultimate skin resurfacing....! Are you sick of seeing lines & wrinkles? Are you embarrassed of the hyper-pigmentation clearly evident in your skin, not to mention visible sun damage & those unsightly enlarged pores?? What about those acne scars??

Microdermabrasion is the answer to your concerns!

This non-surgical & non-invasive treatment targets all of those problems & more as it stimulates blood flow, thus encouraging cell renewal. A procedure developed in Italy in 1985 & widely used throughout Europe with great success, that has become increasingly popular in Australia. It is now widely used by celebrities and has been featured in magazines. With a series of treatments the Corundum Crystals used which are of the finest quality, smooth, refine & resurface your skin & at the same time stimulate the production of collagen & elastin within the dermis, delivering immediate lasting results.

The micro-crystals are three-dimensional & irregularly shaped so that the larger crystals target the deepest lines & imperfections, whilst the smaller crystals refine & polish your entire skin. Naturally derived, these crystals are quite unique...the mineral is gentle enough to be suitable for all skin types & skin tones. Considerably smaller than exfoliant granules, it guarantees to be more effective & ensures optimum level of refinement of the skin's surface without any damage! Powerful antioxidants & anti-inflammatory agents, Green Tea & Grapeseed are known for their ability to penetrate beneath the surface of skin to neutralise damaging environmental pollutants.

This revolutionary treatment infuses vitamins A, E & C into the skin, delivering potent nutrients which fight free radicals. These vitamins together with naturally derived extracts of bran, wheatgerm, carrot & safflower promise both antioxidant & moisturizing benefits.

Regular Microdermabrasion Treatments counteract negative effects of ageing, environmental conditions, stress & overexertion producing a more youthful, healthier skin & more radiant appearance.

**Includes everything offered in the Deluxe Facial (Skin Booster)

\$117.00

Deluxe Micro Acne Escape (approx 2hrs 15mins)

A real acne & oil balancer! This treatment uses the Microdermabrasion System to eliminate surface debris & congestion by means of the well-known skin-clarifying agent, salicylic acid. This facial targets excessive oiliness, enlarged pores, post-treatment skin discoloration, inflammation, bacterial proliferation & acne scarring.

Consists of a cleanse, deep exfoliation, aroma steaming, careful extraction of various blemishes if required, European ice technique to shock & dry out blemishes, a relaxing massage (effleurage & décolletage of the face, neck & shoulders) targeting the various pressure points rendering a complete state of relaxation, an oil extracting mud mask & hydrator to seal in moisture.

A series of 6-10 treatments (depending on the acuteness of the acne &, or on the excess sebum production) will be necessary for the situation to be totally under control i.e. for the control & future prevention of acne & excessive oiliness.

This effective, antiseptic Microdermabrasion treatment will definitely help keep skin clear & more manageable & at the same time make you feel rejuvenated & totally revitalized!!

Certainly a facial treatment not to be missed!!

\$140.00

MINI FACIALS:

Perfect treatments for when you don't have a lot of time on your hands and you need to put that bounce back into your skin. *Beauty & Beyond Day Spa* has a selection of mini facials from a light cleanse, to deep exfoliation, to curing problematic skin, etc....

Mini Revive Facial (40mins)

A truly perfect facial treatment for when you need a "pick-me-up". A cleanse, scrub, steam, mask & moisturize (according to your skin's needs). Encouraging cell regeneration & relaxation. It will certainly revive you!!

\$50.00

Mini Microdermabrasion (45mins)

Challenge the effects of time with this powerful Microdermabrasion treatment providing deep exfoliation resulting in "ultimate skin resurfacing". (Refer to the Deluxe Microdermabrasion Facial for a more detailed explanation regarding the effectiveness & benefits of this treatment.) *Includes everything offered in the Mini Revive Facial.

\$70.00

Acne Escape Mini Micro Facial (1 hr)

Have you had it with your problematic oily skin??

This Microdermabrasion facial treatment is tailored specifically in order to combat acne & excess sebum production. Gentle ingredients such as Chamomile, Golden Seal, Comfrey & Witch hazel extracts provide the skin with soothing anti-inflammatory benefits. A series of these treatments combined with the Deluxe Micro Acne Escape is sure to speed up the healing & prevention process of acne. (No massage or blemish extraction provided with this service)

*Refer to the Deluxe Micro Acne Escape for a more detailed explanation of this treatment.

Definitely a treatment that will clarify, polish & refine your problem skin.....

A fantastic choice!!

\$95.00

Glycolic Peel (Deep exfoliation fruit acid peel) (35mins)

A 40% strength Glycolic Acid is used to break down your lifeless cellular structure. It gently lifts away dead skin cells to reveal a smoother, brighter complexion. This fruit acid peel stimulates cellular renewal whilst reducing fine lines & wrinkles. For best results booking a series of six/eight treatments is recommended.

A home care product package with a 10% strength Glycolic Acid is recommended to purchase before commencing the in-salon treatments. This is also to be continued during and after your treatments to ensure optimum results.

*To be avoided if one is allergic to certain citrus fruits & / has a lactic allergy.

\$110.00

Eye & Lip Spa Facial (45 min)

A real miracle treatment!

Treat yourself to an eye & lip facial.... Drift away as refreshing orange or soothing cucumber is placed on your eyes, targeting puffy & dark circled eyes or if you just want a lift before a big night out! At the same time, renew & restore your cracked or dry lips after a terribly cold & windy winter or a scorching, sweltering summer. This lip treatment involves new cell regeneration by removal of dead skin cells (exfoliant derived from bamboo plants & A.H.A.'s). This buffs & polishes cracks & fine lines to a minimum allowing for intense hydration. Skin conditioners, Vitamin E, Retinol, Chamomile & Rose extracts, Mint, Jojoba & Avocado oils & Vanilla are gently massaged into your lips in order to deliver moisture to your lips. Immediately lips will be smoother & tighter.... Dryness is gone!! Collagen production is also stimulated to help improve volume & moisture. To complete the treatment, a pharmaceutical grade of Silicone, Lanolin & Carnuba wax is applied & massaged in to lock in conditioners & moisturizers.

Result: your lips are now intensely moisturized, fuller, sexier & more kissable. xx

\$40.00

BODY TREATMENTS:

Cellulite is linked to poor lymphatic drainage, poor diet & poor circulation. Daily exfoliation by use of a good quality, synthetic loofah or good exfoliation treatments & regular massages will help prevent & lessen the appearance of cellulite. An extensive range of services are available comprising exfoliation & massage, which assist in addressing these concerns. The following body treatments are surely treatments for "your mind, body & soul".

At *Beauty & Beyond Day Spa*, allow yourself to be calmed, inspired, invigorated, relaxed and/or rejuvenated by a body treatment of your choice....

Restorative Back Treatment (1hr 15min)

A facial treatment for your back straight from the Dead Sea!

Involves the cleansing of surface debris, exfoliation using a Dead Sea salt scrub, steaming the area to open the pores for easy removal of bacteria, & extraction of any comedones or blemishes visible in the area. A mud mask (raw mud from the Dead Sea) is applied to further draw out impurities & calm the skin. Hot towel therapy is used to remove mask. Finish off with a relaxing back, neck & shoulder massage to conclude your treatment....

You are now refreshed & rejuvenated.

\$ 95.00

Micro Dermal Back Treatment (1hr 45mins)

A Microdermabrasion back treatment, involving deep exfoliation and removal of surface debris with corundum crystals. Targeted at problematic skin types, this treatment is more than just a back treatment.

*Refer to the above treatment for a more detailed explanation of what this service entails.

\$125.00

Ingrown Hair Exfoliation & Treatment (Treatment time will depend on area)

Exceptional treatment for those unsightly ingrown hairs on the body!

Area being treated is exfoliated with the Liquid Body Lufra from the Nu Skin product range made out of walnut husks. (a loofah in a bottle!) Dead skin cells are sloughed away to allow for easy ingrown hair removal. Skin is steamed to soften & treat inflamed pores. Ingrown hairs are then carefully lanced so there is minimal epidermal disturbance.

A calming mask is applied to affected areas to reduce redness & allow for the healing process to commence.

from **\$50.00**

Crystal Body Polish (60mins)

For a total body experience!!

Replenish your skin & increase your circulation with this deluxe body treatment. Microdermabrasion is used to effectively resurface your skin from top to toe, revealing the perfect skin which lies directly beneath the surface. Regular treatments will help erase various skin imperfections such as scarring & even stretch marks as collagen & elasticity is encouraged. You will receive total body rejuvenation as Vitamins: A, E & C are infused into your skin to nourish it. Dead skin cells are sloughed off whilst being given a pressure- point massage at the same time – WOW!! Sloughing off dead skin cells regularly stimulates lymphatic drainage & can eliminate 1/3 of body toxins.

Hot towel therapy is used in this treatment to dissolve crystals and remove dead skin cells. Perfect for the face..., but, ideal for the whole body.....

Result: Skin will be more polished & refined, healthier & younger looking, smoother & fresher all over. Ideal way to prep your skin before spray tanning (this way you get 2 treatments in 1).

Escape your busy world & have a Total Body Experience now. It's the perfect way to really pamper your body & soul.

\$160.00

MASSAGES:

Treat yourself to an ultra deluxe body treatment... "The Body Massage".

Choose from a selection of different types of body massages tailored specifically to your body requirements. Whether you wish to target particular areas of chronic muscle tightness, or you wish to alleviate stress & relieve some built-up tension, or simply desire a nurturing aromatherapy massage with oils of your choice. Accompanied by soft & comforting sounds of nature, this is a great way to relax & restore vitality.

The Swedish Relaxation (2 hrs)

Indulge yourself with this soothing & purely relaxing 2hr full body massage.

As each individual part of your body is massaged with a blend of Grape Seed Oil & Lavender essential oil, you slowly but surely feel yourself drift off into a profound state of serenity & you orbit to another place called "total relaxation"... it's a place some of us call "heaven."

\$110.00

The Remedial (90min)

A deep, therapeutic, full body massage, beneficial for those who wish to relieve tension build-up or increase circulation on specific problem areas where muscle tightness is strongly evident.

\$135.00

The Aroma Massage (2hrs)

Let yourself succumb to the powers of the essential oil aromas & allow your muscles to relax completely with this aromatherapy full body massage. Essential oils are blended to your specific needs. A blend of grape seed oil together with Sandalwood to calm & balance you, Lavender for total relaxation & pain reliever in one or Mandarin for a refreshing, invigorating & stimulating treatment, to name a few!

Enhance your massage experience & uplift your entire being with the purest natural aromas, the journey will leave you deliciously refreshed as it amazingly transports you from work to pleasure!!

\$125.00

The Sixty Minute Bliss (1hr)

Lie back and enjoy a full 60 minutes of sheer bliss....

This amazing massage will make you feel each and every part of your body drop off as you receive a nurturing massage from head to toe. A back, shoulder, neck & scalp technique completes this treatment rendering you into a state of inner tranquil, reaching 100% Zen!!

You will soon learn why it's called the sixty minute bliss!

\$80.00

Half Body Massage (30 min)

A half hour massage that targets the upper half of the torso.....

As you listen to the soft music & wind down from the day's activities, all of your stress points will be addressed. Lavender is added to the massage treatment to further relax you.

For those who want to experience pure relaxation & total rejuvenation. **\$50.00(F) \$60.00(M)**

Neck & Shoulder Reliever (20min)

20 minute massage focusing on pressure points & tension build-up. Consists of effleurage & décolletage of the, face, neck & shoulder area. A beautiful scalp massage complements this treatment.

Leaves you feeling revived renewed & not to mention "relieved."

\$30.00(F) \$40.00(M)

Effleurage & Décolletage Supreme (45min)

A perfect massage for the upper torso involving an effleurage & décolletage of the face, neck & arms. Treatment concludes with a relaxing back massage.

This massage will have you feeling regenerated, rejuvenated & revitalized.

*A complementary scalp massage is given with this treatment.

\$70.00(F) \$80.00(M)

Aromatic Mud Oil Massage

Turn your pampering massage into a therapeutic treatment. Enjoy the benefits of touch as well as minerals from the Dead Sea. With the healing properties found in the Dead Sea Mud, allow this massage to ease & soothe away muscle aches & pains. You will certainly feel revived & uplifted!!

** Ideal for arthritic sufferers & various other ailments.

30mins – Effleurage of Back, neck & shoulders

\$ 70.00(*F*) \$80.00(*M*)

45mins – Customised Massage

\$ 85.00(*F*) \$99.00(*M*)

60mins – Full Body Massage

\$100.00(*F*)

SPRAY TAN

Looking for a natural, European, sun-kissed look? Welcome to "Liquid Sun", a 100% natural based formula providing intensive age fighting & skin firming properties. This state-of-the-art spray tan strengthens & reinforces skin tone & elasticity. Special ingredients help to lock hydration into the skin for superior results which last up to 10 days. Containing no alcohol, artificial fragrances or other chemicals which may irritate or dry the skin, it develops into a flawless tan within 6 - 8 hours.

The active tanning ingredient is DHA (Dihydroxyacetone), a sugar based derivative that reacts with the keratin proteins in the surface (dead) layers of your skin, producing a beautiful bronzed glow. Studies have proven Liquid Sun to hold anti-inflammatory properties so it's great for sensitive skin types too!

** 3 natural tan depth formulas available; light, medium, dark

** Colour that suits all skin types

** Guaranteed not to streak!

** Contains Vitamins A, E & C

Not just a tan but a real vitamin treatment!!

Full Body Spray

\$ 45.00

Half Body Spray

\$ 30.00

Course of 5 Spray Tans (a discount of \$65)

\$160.00

**Please ensure that you wear loose clothing, dark underwear & bring with you a pair of thongs. Remember to exfoliate your skin, and do any hair removal the day before. Moisturiser, under arm deodorant and make-up is not to be worn for a perfect, flawless, tan.

SPA BODY TREATMENTS:

Hydrotherapy (water healing) is one of the oldest methods for treating many common ailments. The benefits of hydrotherapy have been recognized for thousands of years. The importance of Hydrotherapy spa treatments should not be ignored as in addition to relieving fatigue and easing muscle tension after a hard day's work, they are extremely beneficial for targeting ailments affecting the abdomen & the reproductive system, inflammations, cramps, menstrual problems, kidney and intestinal pains. Highly recommended to aid venous circulation & high blood pressure. Water healing treatments help maintain metabolic function, relaxing your whole inner being.

Spa Paradise

Venture into the Aqua Room to experience "euphoria".....

Enter a deep, luxurious spa, with elegant design & subtle curves. Precise jet configurations & brilliant massaging performance combine to form a real symphony of paradise pleasure.

A 20 minute immersion soothes the nerve endings, easing tension build up throughout the day. Allow the comforting sounds of 6 jets transport you to another dimension.

Studies show that Hydrotherapy Spa treatments are exceptional alleviative treatments for arthritic sufferers. **25 minute sessions twice weekly for 4 weeks**, are offered to alleviate pain experienced with arthritis & other ailments. A **3-month follow-up is recommended** in order to control your symptoms. With this program arthritic discomfort and muscle spasm is eased, rendering you to a state of inner peace and relaxation. **\$45.00**

Commitment to a program of 25min sessions twice weekly for 4 weeks are offered at a discounted price of **\$30 per session (a saving of \$120.00) which can be paid in 2 installments.

Aroma Spa (30mins)

Boost your immune system with this aroma inspired hydrotherapy bath, increasing blood circulation, sending more nutrients & oxygen to your tissues, whilst easing tension and insomnia. Muscle & joint aches are relaxed leaving you with a feeling of sedation and wellness. You are able to choose from a selection of Aromatherapy Oil blends making this a signature treatment. **\$55.00**

Milk Bath (30mins)

Immerse your body in a rose petal Milk Bath laden with the finest of Essential Oils. 2 formulas have been customized according to your body needs.

* For those that want to hydrate their dehydrated, lifeless skin, the *Rehydration Milk Bath* is for you. Orange, Rose, Geranium & Lavender are the key Essential Oils in this treatment.

*For those that wish to merely relax their tired body, the *Relaxation Milk Bath* treatment is the ideal. Step into an Aromatherapy infused Spa with Lavender, Geranium & Marjoram oils, it will certainly relax the "tired you".

Enjoy!!

\$55.00

THE DEAD SEA

The Dead Sea is a world famous treasure-trove of health & beauty since ancient times. It's situated on the Syrian-African fault, a geological phenomenon created some 3 million yrs ago when ancient layers of mineral-rich earth were exposed & salt water springs erupted forming a valley below sea level (the lowest point on earth). Thousands of years of evaporation increased levels of minerals & salts in the lake known today as the Dead Sea. Rich in life enhancing minerals, the Dead Sea salts and mud have been for many years acclaimed for their outstanding, beneficial effect on skin & nerves. The following Dead Sea treatments contain health-promoting & balancing elements, promising a Spa Treatment you will never forget!

Radiant Dead Sea Mineral Bath (30mins)

Known worldwide for their curative effects, soothing Dead Sea salts benefit problem skin, especially Psoriasis & Eczema. 100% natural Dead Sea salts are added to your spa for a revitalizing & deeply relaxing experience. After a 30min immersion your body will feel healed, relaxed, pampered & completely radiant.

The perfect solution to a hectic lifestyle.

\$60.00

Vichy Treatments.... All Vichy treatments enhance other body treatments by relaxing your very being and stimulating the blood. Very effective in relieving chronic aches & pains, improving muscle tone and aids in treating vascular instability. This particular soothing treatment also helps to combat stress and insomnia.

Vichy Rain Shower (45mins)

Lie back on the Monsoon Rain Shower bed carved in rosewood and enjoy a 30min hydrotherapy pressure massage. Relax as your Spa Therapist targets 6 hydrotherapy jets to various parts of the body. Allow the warm tropical rain to eliminate stress from your mind, body & soul, improving your circulation whilst hydrating your skin. Your body is then massaged with an aromatic cream to complete your experience.

\$50.00

Vichy Sea Salt Glow (60mins)

A replenishing salt glow treatment derived from Dead Sea Salts, which targets your whole entire body. This full body scrub is highly effective in eliminating dead lifeless skin as it contains a combination of Dead Sea Salts acting as natural peeling agents, essential oils & vitamins. It is also enriched with Royal Jelly Extract & Beeswax which are also vital agents in protecting the skin's nutrients & its resistance to climatic & environmental conditions that are harsh on our skin. You will truly feel revitalized as 6 high powered jets are targeted at specific areas of built up tension, warm water cascades above you, your skin cell renewal is enhanced and your skin's natural glow is restored. Your skin will be thoroughly cleansed leaving you revitalized and free of impurities. Your body is then massaged with a water base aroma pack. This invigorating treatment brings you the Spa Experience of the Dead Sea.

\$95.00

Sea Salt Shower (45-60mins)

Enjoy an invigorating & replenishing body exfoliation using mineral Dead Sea salts as a natural peeling agent to effectively remove dead skin cells that dull the natural tone of your skin. Combining Olive & Coconut Oils, Beeswax, Royal Jelly Extract & vitamins, this salt scrub stimulates circulation. A warm shower leaves your skin feeling fresh and a relaxing massage with an Aromatic Body Cream completes the treatment, your skin is now hydrated and divinely silky smooth.

\$65.00

****With the use of Hot Towel Therapy**

\$80.00

Detoxifying Dead Sea Mud Wrap (1hr20mins)

Dead Sea Mud has been renowned for thousands of years as both a beautifier & healer, first recognized by Cleopatra. This treatment involves full dry exfoliation with a body brush and then Mineral-rich 100% Dead Sea Mud is lathered onto your body to deeply purify & detoxify, drawing out impurities & toxins. The warm mud that is applied will also help ease your muscular aches & pains. The Aromatic Body Cream is applied to your body ending in a mini massage using effleurage movements.

As a Mud Bath treatment(enter the Aqua room & immerse yourself in a spa for 20mins) **\$95.00**
As a Vichy Treatment (you experience hydro pressure jets & a rain shower) **\$120.00**

Aromatic Body Wrap (60mins)

Is your skin looking dry & dehydrated?? This treatment is designed to replenish moisture in dehydrated skins whilst it nourishes & tones it.

Enjoy a dry exfoliation, then your body will be enveloped in an aromatic mask to nourish & revitalize your skin. You are wrapped up in foil where the aromatic mask permeates for 20mins. Final lotion is then massaged into your body. **\$75.00**

Replenishing Salt Glow & Vichy Rain Shower added to this treatment **\$99.00**

Aromatic Vanilla Cocoon (1hr30mins)

For a nourishing treatment that will surround you with the aroma of the Vanilla Fragrance.

Enjoy a Replenishing Vanilla Salt Glow, removed with hot towel therapy, followed by being enveloped in the Vanilla Body Butter & cocooned for 20mins to allow the skin to receive nourishment. A complementary scalp massage is given during this process. Treatment concludes in a light massage bringing back life to dry & mature skins.

** Designed to be a luxurious treatment, this treatment is "heaven scent". You will certainly leave feeling as if you're on cloud nine, wearing a vanilla scent! **\$120.00**

****Indulge in one of the following invigorating Spa Packages....**

Body Contouring Infusion (1hr45mins)

Are you unhappy with your overall body appearance? Finally, a treatment that targets your concerns as it focuses on firming all areas of the body! This spa package is an intensive treatment specifically designed to reduce that "puffy" look, refine your silhouette & minimize the appearance of cellulite. It is a treatment performed with light massage strokes to relax your mind & uplift the skin. Treatment includes a full body exfoliation with Dead Sea salts in the Oceana Room, removal with Hot Towel Therapy, a detoxifying mud wrap infused with revitalizing and firming oils, a hydro pressure massage with the Vichy Rain shower jets and the amazing journey will conclude in the Revive Room where you will experience a Light Firming Massage with the Aromatic Body Cream. This Spa Treatment will leave your skin feeling firmer, smoother & more refined. **\$200.00**

**Ideal for people concerned with Cellulite, Stretch Marks & sagging skin.

**Weekly treatments over a 6 week period will promise weight loss.

A discount of **\$240 is given for those who commit to a 6 wk program. **\$160.00(per treatment.)**

Natural Dead Sea Experience (90mins)

Experience the Dead Sea with this Spa Package including a Dead Sea Salt scrub which you can shower off or experience with a hot towel removal, a Dead Sea mud wrap (raw mud from the Dead Sea in Israel is applied), which you can continue your journey with on a rain shower bed or in a luxurious spa (as a mud bath) and to conclude your Dead Sea experience you will receive a light Classical Massage with an exquisite cold-pressed Sweet Almond Oil, enriched with Vitamin E & containing Sesame, Jojoba, Avocado & Grape-Seed oils to promote optimal moisture balance of the skin rendering it into a silky, supple texture.

With the use of the Spa (Mud Spa enhancement) **\$130.00**

With the use of the Vichy Rain Shower bed (6 jets) **\$160.00**

Pampering Dead Sea Experience (2hrs)

Enjoy the benefits of the Dead Sea & delight your senses with this exotic and pampering Day Spa package as you enter the Oceana room & Dead Sea salts are applied & massaged into your body, you are then transported to the Aqua Room where you will soak in a Dead Sea Mineral Spa (laden with Dead Sea salts & Oils) for 40mins, you then return to the Oceana Room to receive a Dead Sea mud wrap applied with an effleurage massage technique & a complementary scalp massage. Once processed you may either shower off or further enhance your experience with a hydro pressure massage on the Vichy Rain Shower bed. Your Spa journey concludes with a relaxing massage using the Aromatic Body Cream.

A truly nourishing treatment.... the ultimate of total relaxation & bliss!!

With use of the shower facility

\$180.00

With use of the Vichy Rain bed (high-powered jets)

\$200.00

AROMATHERAPY

Essential Oils are carefully blended together for specific treatments. They target our senses on every level as they have a profound effect on our mind, body & soul and are the keys to unlocking the healing process.

Only nature can produce whole Essential Oils. They are droplets extracted from leaves; stems; bark; flowers; roots & fruits. Aromatherapy has the amazing ability to transform our emotions to a different level, healing our bodies in the process. Aromatherapy will transport you to another place & another time. Carefully choose your own "Aroma Destination" and enjoy!!

For an Aromatherapy Journey, try one of these Spa Packages....

Tahitian Spa Exfoliation (60mins)

Relax & experience a Total Body Exfoliation using Lavender, Geranium & Marjoram aromatherapy Essential Oils. A complementary facial & scalp massage is given with this treatment, you then enter the Aqua Room where you step into a Milk Bath for 20mins of intense hydration. This Spa Treatment will surely make you feel "relaxed" & "re-grounded."

\$100.00

Fusion Spa Re-hydration (1hr30mins)

Is your body in need of hydration?

This treatment contains a re-hydration formula of carefully picked aromatherapy oil blends that will certainly transform the look and feel of your skin.

Experience "euphoria" as you receive a full body massage with a Massage Butter Balm containing the essential oils: Orange; Rose; Geranium & Lavender. You will then enjoy the Aloe Vera Body Wrap(where an Aloe Vera body hydrating mask will infuse intense hydration for 35mins). You will then be transported to another dimension when you enter the Aqua Room where you will immerse your body into a milk spa to further enhance the hydrating properties of the essential oils used in this treatment.

A perfect treatment specifically tailored to correct dehydrated skin.

\$110.00

Citrus Spa Detox (1hr30mins)

This is a Spa, slim & detox package rolled into one! It assists in poor elimination, circulation, constipation, Cellulite (orange peel texture skin), pre-menstrual fluid retention & weight loss. Combined, the Essential Oils; Peppermint, Lemon & Black Pepper in this treatment stimulate the lymphatic system, increasing blood flow, dissolving & releasing toxins held in your body. Lymphatic stimulant diuretic helps with cellulite also. Lemon helps circulation, is invigorating to the immune system, has a decongestant action & helps drain fluid retention.

Your therapist will begin with a stimulating Lymphatic Massage with detox oil, concentrating on all your lymphatic congested areas, then a full body salt balm exfoliation & body detox salt wrap (for 30mins) will be experienced increasing blood circulation & cell oxygenation. This Spa Package ends with a Sea Salt Spa Bath treatment to further infuse the detox process. What a fantastic way to shed some kilos!
It makes a great circulation treatment for arthritic sufferers too!

\$130.00

Clients should take a program of 6-10 treatments depending on their body needs i.e. 2 treatments a week for the first 2 weeks, followed by 1 treatment every subsequent week.

A program of 6 sessions is offered at a discounted price.... \$110.00ea (a saving of \$120.00) Diet advice will be given by your therapist to help you achieve optimum results.

Spa Etiquette

If you have never visited a Day Spa before, please respect that there are certain guidelines, spa policies & procedures one must follow... .

*Appointments

For you to enjoy the full value of your Day Spa Treatment, always be on time for your appointments. If you arrive late for an appointment then you may have your treatment cut short. When making Spa Appointments, try to book as far in advance as possible to ensure that you get the date & time you prefer.

*Spa Attire

Clients will be provided with a Robe & Spa thongs to wear whilst in the Day Spa & during treatments. You may feel comfortable bringing a swimsuit although you will be well draped & your privacy will be protected at all times.

*Mobile Phones

A Day Spa visit is meant to be relaxing for the client & the idea is to switch off from the outside, busy world & have a stress reducing, memorable experience. It is requested that clients switch off all phones & pagers as a courtesy to yourself & other guests also.

*Talking during treatments

It is the client's personal preference. If you wish to remain silent throughout your treatment, the Day Spa Therapist will support your decision as the idea is to create a relaxing, meditative atmosphere & talking throughout your treatment won't allow your mind to "switch off", however you may ask questions relating to your treatment.

*Day Spa Cancellation Policy

It is understood that sometimes you need to cancel or postpone your treatment. If so 24 business hours notice is required or a 100% cancellation fee will apply. Should you not arrive for your booking the full amount will also apply & gift vouchers will be void.

Thank you for considering others & Beauty & Beyond Day Spa's policy.

LASH & BROW TREATMENTS:

A splash of colour for eyes that speak! Using Belmacil top quality tints, promising an overall long-lasting colour, terrific coverage & unbelievable depth. Belmacil dyes are vegetable-based, which makes them extremely gentle to the eye & at affordable prices! Give your eyes a lift by choosing an eyelash perm & tint package deal & get your eyelash tint for less than half price!!

Beauty & Beyond Day Spa also offers semi-permanent eyelash extensions that can last up to 3 months. Individually applied with specifically formulated eye glue onto a single lash, they promise a deep, dramatic & definitely lustrous look. It offers a very comfortable, relaxing & painless treatment. Totally water resistant so you can shower, swim, sweat & cry all you like. Fantastic for work & everyday wear & perfect for enhancing your make-up for special occasions such as weddings, engagements, photo shoots, debutantes & formals, etc.... So you can now finally throw away that gluggy mascara & say "hello" to these really natural & weightless lash extensions that look & truly feel like real lashes!!

Eyebrow Tinting	\$14.00
Eyelash Tinting	\$20.00
Eyelash Perming	\$50.00
Eyelash Perm & Tint	\$59.00
Eyelash Extensions (entire lid)	\$80.00
Eyelash Extensions (outer 3rd of lid)	\$45.00

MAKE-UP:

All the way from Florence, Italy.....KARAJA, a professional, long lasting matt make-up brand is used to create the look you desire for your special day whether it being extremely natural to amazingly dramatic. The salon offers Dermablend make-up as well to cover that tattoo you regret getting or to hide that scar that is really obvious. It provides excellent coverage & a really natural look. The Giselle Cosmetics brand from America is also available and it provides the perfect "shimmer look" to make you glitter above the rest.

For many years, a professional in her field, the make-up artist has applied make-up for fashion shows, bridal catwalk applications & numerous other formal functions.

<i>Special Occasion</i>		\$50.00
<i>Debutante Makeover</i>		\$60.00
<i>Bridal (in salon)</i>	<i>Saturdays</i>	\$70.00
	<i>Sundays</i>	\$90.00
<i>Bridal (at home)</i>	<i>Saturdays</i>	\$85.00
	<i>Sundays</i>	\$100.00
<i>Trial</i>		\$45.00

Attendance at your Wedding Reception is made to further perfect your make-up for your special day at the extra cost of.....\$65.00

Add a splash of colour to your day!

NAIL TREATMENTS:

Your hands are the first to reveal the visible signs of ageing. This is why looking after your hands & nails is very important. Various nail treatments are available to help reverse the devastating signs of the ageing process.

All manicures include a stimulating hand & arm massage.

California Manicure (1hr)

A relaxing & nourishing basic manicure. Each nail is meticulously filed & shaped according to your satisfaction. Cuticles are carefully cared for, trimming back any loose skin & conditioning them with Creative Solar Oil products. Solar Oil is a blend of 4 oils that complement each other: Jojoba oil; Vitamin E; Rice bran oil & Almond oil----the best blend of oils you can find, which hydrate & nourish your delicate nails & cuticles promoting growth. A relaxing hand & arm massage using the famous California Mango lotion accompanies this treatment then coating your nails with a polish of your choice adds the final touch. **\$35.00**

Citrus Spa Manicure (90mins)

Treat yourself to this unforgettable Manicure & Hand Treatment rolled into one.... it is real therapy for your hands! Citrus Spa Manicure is a deeply intense deluxe manicure which continually feeds the skin with moisturizing nutrients such as Aloe Vera (a natural healing agent) and the important Vitamins E & C. Your hands will be cleansed with an ultra-mild citrus soak & exfoliated with rich exfoliating crystals containing crystalline citric acid complex. Anti-oxidant vitamins present in this hand & arm treatment reawaken & rejuvenate the skin, reactivating vital cells, reducing the visible signs of ageing. The crystal activator used is an intense moisturizing cream serum which "activates" the exfoliating crystals, forming an A.H.A (Alpha Hydroxy Acid) complex thus penetrating the skin. Dead skin cells are sloughed off, promoting your new skin to shine through. This new skin is intensely hydrated & renewed.

With this treatment you will certainly have an extraordinary spa experience your hands will never forget!!

*Includes manicuring, relaxing massage & polish also.

\$70.00

Lemon Squash Spa Mani

This Spa Manicure will gently polish & deeply condition your dry, parched hands. Your journey will begin when you soak your hands in an invigorating citrus milk bath-a warm oil milk bath containing Vitamin E, grape seed & jojoba oils. Your skin will then be exfoliated with fine salts & sugar cane soft beads. The lustrous citrus illuminating mask will elevate your Spa Manicure experience boosting it to a luxurious conditioning treatment. The silky smooth hydrating lotion will complete your journey.

*Follow up treatments will help reduce visible signs of aging, restore your skin to its natural suppleness & elasticity & will protect & defend it against damaging environmental influences such as: sun; wind, etc.

\$75.00

French Manicure (1hr 15min)

Give your nails the French touch & treat yourself to a French Manicure. Choose from the most subtle to the most striking white tip.

You won't believe how "clean" & "presentable" your nails will look after this treatment!! **\$40.00**

French Pearl Manicure (1hr 15mins)

Add a bit of pink pearl shimmer to your French look, it's a guaranteed winner!
Perfect for brides....

\$47.00

Buff & Polish - on natural nails (20mins)

This is perfect for the busy client that doesn't have a lot of time or for those that would like to maintain their regular shape & conditioning. Involves, filing the natural nail, buffing off excess oils, conditioning of the cuticles & polish of your choice if desired. **\$25.00**

French Buff & Polish (30mins)

For when you don't have time but crave freshly painted nails & a perfectly manicured look.

\$30.00

French polish - only (15mins)

Re-polish & renew your nails the French way!

Involves the removal of old polish & reapplication of a fresh coat of French polish.

There are various different shades of white available to choose from.

\$20.00

Re-polish (15mins)

Renew your nails with a fresh coat of polish of your choice. Both leading brands, Creative & O.P.I. nail polish offers you a selection of colour options which promise long lasting wear. To further seal your colour, Seche Vite....the world's number one top coat 10yrs running, is used.
\$15.00

Walnut Hand Treatment (1hr 40mins)

Plant extract infused, this nourishing treatment allows for exfoliation of your hand & arm area using walnut husks. Conditioning hand mask made out of Vitamin E & various plant extracts is applied to hands & then wrapped up in towels to permeate.

*A fantastic, hydrating manicure....

*Relaxing massage & polish included.

\$55.00

Miracle Hand Treatment (1hr 10mins)

Experience a wonderful combination of Dead Sea salts, the highest quality plant, fruit & nut oils & selected essential oils which are raw, natural ingredients. This treatment is definitely a "Beauty Spell" as it combines the perfect selection of oils & salts containing high mineral & vitamin content to correct various skin conditions such as: Eczema; psoriasis; contact dermatitis & other skin conditions caused from hypersensitivity. Laden with healing properties, this manicure helps inflammatory skin conditions, as it soothes & calms irritations. Ask for your "Miracle" today!

*Exfoliation, massage & nail paint all included in this treatment.

*Friendly to all skin types, especially suited to dry & dehydrated skins.

\$64.00

Paraffin Bath (35mins)

The use of paraffin goes back to the Roman Times. It is a terrific natural lubricator & muscle relaxer. This hydrating treatment requires immersing your hands into a hot peach-scented paraffin bath, wrapping them in plastic bags & slipping them into fluffy hand mitts that trap the heat in, allowing for quick penetration. Enriched with Vitamin E & a blend of nourishing oils, it leaves your skin feeling luxuriously soft, supple & deeply nourished.

This is an immediate, intense, skin booster!

*Also great for providing pain relief in the joints as it stimulates circulation & promotes healing.

*A meticulous buff & polish is included in this treatment

\$35.00

Paraffin Treatment (1hr 45mins)

An intense moisturizing treatment that draws toxins out of the skin!

It stimulates blood circulation, flushing out fluids that get trapped in the joints. This deluxe treatment is a great therapy for arthritis & carpal tunnel syndrome, promoting pain-free mobility. The physical properties of paraffin are what allow it to retain heat extremely well, immediately targeting the affected areas.

*Includes full manicure & polish of your choice.

\$50.00

Spa Mani Paraffin Deluxe (2½ hrs)

This treatment is everything offered in the "Citrus Spa Manicure" & more!

As we age, skin regeneration is slowed down, resulting in a thinning of the skin & a loss of elasticity. With the Spa Mani Paraffin treatment, your cells are further stimulated & hydrated with a Paraffin Mask, encouraging collagen & elasticity in the skin. It re-hydrates & detoxifies – a treatment not to be missed!

*Refer to the Citrus Spa Mani for a more detailed description.

\$85.00

Acrylic Nails--full set (3hrs)

Have you had enough of your short, stumpy looking nails, or what's worse, have you been a "nail biter" all your life & would love to change the way those unsightly nails make your hands look?? Well, there is a solution...a full set of Acrylic Nails. A meticulous procedure whereby each artificial nail is tailored appropriately to each finger.....measured with such precision, your new nails will end up looking & feeling like your very own & what's more, everyone else will think they are too!!

\$80.00

Acrylic Infill (2hrs)

Acrylic nail extensions need regular follow-up appointments every 2 - 3wks to keep them balanced & looking perfect. As your nails grow, your acrylic tip will become top heavy so missing one of these appointments can result in the loss of one or even several acrylic nails. During an acrylic treatment, old acrylic is buffed away with a gentle high powered nail drill providing room for a new foundation. This will guarantee perfect adhesion for new, fresh acrylic. Nails are then buffed, shaped & polished, voila`.

\$50.00

Buff & Polish - on artificial nails (60mins)

Artificial nails are blended (old acrylic is blended where lifting has occurred.) Nails are then filed & polished with the colour of your choice.

Good for in between appointments or for when you haven't been able to do a refill when necessary. Also good for when you decide you no longer want false nails & want to grow your acrylic out the safe way, causing no damage to your natural nail at all.

\$39.00

Acrylic White Knights (2hrs)

White tips are adhered to your natural nail, giving them a French Manicured finish.

As nail grows, white tip on free edge is filed away with each infill appointment.

Complemented with a coat of clear, shiny top coat.

\$89.00

Permanent French Acrylic Nails (3½ hrs)

This treatment requires the application of 2 acrylic resins: one is white & the other is pink, together you have the French Manicured look (several different shades of white & pink acrylic are available for you to choose from). There is a lot of attention to detail in this nail treatment, as each nail is carefully selected & filed to suit the shape of your fingers.

\$98.00

French Infill (2hrs)

This appointment is necessary in order to maintain your French artificial nails. Regular 2 – 3 weekly appointments guarantee that they stay connected to your natural nail. Any lifting is buffed down & prepared for a fresh acrylic reapplication – only one acrylic is needed here.

\$55.00

French Rebalance (2½ hrs)

After a few French infills, your nails will be ready for a rebalance as your white acrylic will have been filed down considerably by now. Your white, free edge is recreated & the reapplication of fresh pink acrylic secures it all in place, to give you that fresh French look.

\$65.00

Nail Extensions- non acrylic (2hrs)

This is the adhesion of false nails of the non acrylic nature, directly onto your nail plate. Your end result is a natural look that lasts 2 – 3 weeks only.

* No follow-up appointments needed.

\$55.00

Acrylic Overlays (1½ hrs)

Nails are buffed in preparation for direct application of acrylic resin onto your natural nail plate to keep them strong & resistant to breakages. Ideal treatment for natural nails that are brittle & constantly tearing.

* Will need 2 – 3 weekly appointments.

\$60.00

Nail Soak off

Removing acrylic nails is a delicate procedure that should be performed with care. This treatment is the careful & painless removal of artificial nails, so that the nail plate is not disturbed. Nails are soaked in acetone solution & carefully buffed away so that little if any damage is caused to your natural nail.

A complementary manicure is given with this treatment.

\$50.00

Nail Repairs (non acrylic)

\$ 8.00

Nail Repairs (acrylic)

\$10.00

Nail Replacements

\$ 15.00

NAIL ART:

Are you bored of how plain your nails look? How about spicing them up with some nail art? There are various different types of nail designs available to you. For some of them, price will be determined on application.

<i>Diamontes</i>	(according to number)
<i>Decals</i>	from \$10.00
<i>Nail Jewellery</i>	\$15.00 - \$60.00
<i>Airbrushing</i>	price on application
<i>Emboss Art (3D designs)</i>	price on application
<i>Nail Stamp Designs</i>	price on application
<i>Glitter Designs</i>	price on application

TREATMENTS FOR YOUR FEET:

Our feet are the pillars of our mind & body. They carry our whole body weight. Nurturing them, you are nurturing your soul, keeping your energy firmly grounded. The following beautifying foot treatments will ensure your feet look youthful 24 -7.

Polish applied is guaranteed to last & last. What's more....your feet will smell good enough to eat.

** Remember to wear open-toed shoes for the following treatments...

Toe Nail Buff & Polish (15mins)

Keep your toe nails looking perfect with this treatment!

Each toe nail is trimmed & filed, & any ridges are smoothed down in preparation for the polish of your choice.

\$25.00

French Toes (25mins)

For a perfectly French look, try the French Pedicure. Your toes will be filed & buffed to perfection, & then French polished. The result will be a sparkly, clean look. Try the French Manicure for an overall French look....nothing else like French fingers to match your French toes!

\$30.00

Walnut Husk Pedicure (1hr)

Soak, file, cuticle trimming & conditioning, dead skin removal by means of walnut husk exfoliation, stimulating massage using the famous California Mango lotion & polish of your choice.

\$40.00

Raw Earth Winter Pedicure (1½ hrs)

Indulge yourself in an earth-derived pedicure filled with healing properties due to natural ingredients rich in vitamins, minerals, antioxidants, stimulating essential oils & conditioning agents that will moisturize, soothe & polish your skin.... Submerge your feet in a fizzing mineral bath containing: Malachite- a naturally occurring mineral that aids in protecting skin against environmental stress; Calendula & Sandalwood Oils - natural antiseptics to soften the skin; Grapefruit, Lavender & Peppermint Oils - natural oils which will provide you with an aromatherapeutic experience. Stubborn cuticles are then eliminated from the nail plate & nails are filed & shaped. Dead skin cells are sloughed away to polish & smooth your skin with a warming A.H.A. foot scrub made of raw sugar, Citric Acid(naturally produced from citrus fruits), Ylang Ylang, Lavender, Geranium, Evening Primrose Oil, Vitamins A & E, to soften, moisturize & reduce signs of aging. Calluses are treated..soles & heels are softened with an A.H.A. sea serum & smoothed with a rasp. Skin is pampered with a conditioning volcanic clay foot masque, fortified with a rich blend of hydrating & protective vitamins & minerals. A relaxing & hydrating foot & leg massage completes the journey with a vitamin & mineral enriched lotion that will shield your skin. Your choice of enamel adds the final beautiful touch.

\$59.00

Spa Marine Deluxe Pedicure (2hrs)

Do you describe your feet as ugly, horrible, disgusting or terrible looking.....??

Turn your ugly looking toes into beautiful pretty ones with this deluxe, sea-inspired beauty treatment. You will be blown away by their transformation....it will leave you feeling like you're "walking on air". Products from the Creative Range, directly from the sea are used.

Your feet will soak in a foaming seaweed & sea rocks foot bath. A softening, hydrating, aromatherapeutic treatment containing Dead Sea salts, Tea Tree oil, softening Rice Bran oil, & conditioning Vitamin E. Toe nails are meticulously manicured, & cuticles are trimmed & conditioned. Feet are then exfoliated with an A.H.A. sea scrub – an aromatic foot scrub containing quartz crystals, silica & a marine alpha-hydroxy acid complex to effectively eliminate rough, dry skin. A callous rasp is used to smooth the tougher skin.

The application of a rejuvenating foot masque enhanced with hydrating sea extracts, conditioning mineral clays & soothing aromatherapy botanicals will leave your feet feeling soft, moisturized & cool. Your feet will feel truly pampered as they slip into plastic bags & are wrapped in a fresh terry towel, allowing the masque to permeate. This amazing aroma therapeutic masque will surely invigorate your senses.

Be prepared to experience a truly sensory journey immediately following your masque as the pressure points of your feet & lower legs are massaged with the choice of 2 oils that will leave your feet silky smooth & amazingly soft. Time to complement the treatment with the enamel of your choice!

Marine botanicals & other natural ingredients which keep your feet cool for "hours after", make this pedicure "perfect" for summer!!!!

\$75.00

Ultra Deluxe Spa Marine Pedi, Callus & Cucumber Heel Therapy Treatment (2hrs 15mins)

This aroma-therapeutic pedicure is quite explosive with sensations. You will experience everything described above in the Spa Marine Deluxe Pedicure & more!

Your aromatherapy foot spa experience will include an A.H.A. cuticle remover which will gently eliminate stubborn cuticles from your nail plate. Then, a moisture pack is created as a drop of Solar Oil is massaged into each cuticle – Solar Oil is a blend of 4 of the best oils – Rice bran oil, Jojoba oil, Vitamin E & Almond oil. To further enhance exfoliation, Sea Salt Glow is used to complement the A.H.A. sea scrub....this is a blend of Mineral Salts, Sea Salts, Vitamin E & Sunflower Oil which continues the exfoliating & moisturizing process, leaving your skin glowing & smooth to the touch.

Sea Serum is also applied to calluses & dry spots on feet. This is a highly effective concentrated callus treatment containing 20% alpha-hydroxy acid complex which has penetrating ingredients that break down the toughest calluses. At the same time, its protective ingredients soothe sensitive & delicate skin. Terry towels are wrapped around to cushion your feet, allowing the serum to penetrate. The callus smoother is then used to further slough away the now broken down, tough, dead skin.

Following the hydrating Marine Masque & invigorating massage, it's time for your Cucumber Heel Therapy. Calluses are in need of intense moisture....an intensive moisturizing complex will renew & continue to aid in the repair of your dry, cracked skin.

Polish of your choice is applied & feet are guaranteed to look perfectly pedicured for weeks.

\$95.00

**** For all pedicures.... it's important that you wear loose clothing so pants can be rolled up & most of all.....remember your open-toed shoes!**

WAXING:

Power Centre Soft Wax used on most areas, gives the thinnest application & smoothest results. Wax strips which are made of Venetian Spun Lace, provide the strongest grip and minimizes pain. Deluxe Strawberry Creme, a specifically formulated hot wax is used for the more sensitive, delicate areas of the body, providing minimal discomfort.

*Exceptional for the most dreaded "Brazilian" wax.

Eyebrows

Perfect eyebrows are a "must". Eyebrows frame your face, without them, you would have a picture without a frame. Come in for a consultation & allow *Beauty & Beyond Day Spa* to choose the right frame for "your" face!

Eyebrow Tidy Up _____	\$15.00
Eyebrow Precision Shaping _____	\$20.00
Eyebrow Sculpture _____	\$25.00
Cheekbones _____	\$15.00
Sides of Face _____	\$15.00
Lip _____	\$10.00
Nose/Ears _____	\$15.00
Chin _____	\$12.00
Chin, Lip & Brow _____	\$40.00
Neck _____	\$17.00
Under Arm _____	\$18.00
1/2 Arms _____	\$22.00
Arms (female) _____	\$28.00
Arms (male) _____	\$35.00
Full Stomach _____	\$18.00
Snail Trail _____	\$ 7.00
Chest _____ from	\$35.00
Back _____ from	\$35.00
Lower Back _____	\$18.00
Back, Neck & Shoulders _____ from	\$40.00
Thighs (including knees) _____	\$32.00
Full Leg (female) _____	\$40.00
Full Leg & Standard Bikini (female) _____	\$50.00
Full Leg (male) _____	\$55.00 - \$60.00
3/4 Leg (female) _____	\$33.00
3/4 Leg (male) _____	\$38.00
1/2 Leg _____	\$28.00
Bottom _____	\$18.00
Standard Bikini _____	\$19.00

BRAZILIAN WAXING:

For a cleaner feel, try the Brazilian Wax!!

The Brazilian Wax is such a popular treatment. For those of you who are shy, no need to fret, all Brazilian waxing is done with a g-string on; this is also required for hygienic purposes. The Bikini area has always been regarded as a "sensitive area", for this reason, Deluxe Strawberry Creme, a specifically formulated hot wax is applied for minimal discomfort and accurate hair removal. The strawberry scent will certainly keep your mind off the task at hand!!

At *Beauty & Beyond Day Spa* there is a selection of 4 different Brazilian styles to choose from. If unsure, start off with a XX extended bikini for your first visit, then tempt yourself with the XXX (landing strip) & work your way up to the daring XXXX (nude) in your follow up appointments..... You won't ever feel "hairy" again!!!!

<i>XX Extended (g-string) Bikini</i>	\$30.00
<i>XXX (Landing Strip) Bikini</i>	\$45.00
<i>XXX.5 (Narrow Strip) Bikini</i>	\$49.00
<i>XXXX (Nude) Bikini</i>	\$55.00

ELECTROLYSIS – Permanent Hair Removal

A fantastic treatment for those unwanted hairs! With regular visits to the salon, this treatment will leave your body "hair free" permanently.

* * Sterile, disposable needles are used with every treatment.

5 mins.....	\$ 19.00
10 mins.....	\$ 23.00
15 mins.....	\$ 30.00
20 mins.....	\$ 35.00
30 mins.....	\$ 45.00
45 mins.....	\$ 55.00
1 hour	\$ 60.00
2 hours	\$105.00

DIATHERMY – Elimination of Tiny Red Vein Capillaries

Diathermy is an advanced technique which breaks down & permanently erases tiny, red capillaries & spider naevi found in the epidermal layers of the skin. Amongst numerous other factors, sun exposure and harsh treatment of skin such as hot showers, squeezing of pimples using your nails, taking medication, & excessive consumption of alcohol, etc causes this skin condition.

Not many treatments necessary to have this skin problem under control.

* * Sterile, disposable needles are used with every treatment.

5 mins.....	\$23.00
10 mins.....	\$30.00
15 mins.....	\$39.00
20 mins.....	\$43.00
30 mins.....	\$49.00
45 mins.....	\$55.00
1 hour	\$63.00

I promise that your visit to “Beauty & Beyond Day Spa” will be a memorable experience. To mark a similar experience for your family and friends, we have beautiful, Stylish Gift Vouchers available. They are a true winner when it comes to choosing the perfect gift for a Birthday, Mother’s/Father’s Day; Anniversary, Wedding, Engagement, the birth of a baby or even as a simple & effective way to say “Thank you.” A perfect gift with a personal touch!



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