



DAY SPA

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# The ultimate mind, body makeover...

World Class Health and Beauty Treatments



ANGLESEA | VICTORIA | AUSTRALIA



## Welcome

Lux Spa is the ultimate health and wellness retreat. Located in a serene riverside location on The Great Ocean Road in Anglesea is one of Victoria's top day spa's, with pampering and therapeutic treatments for the mind and body on offer 7 days a week. Sitting centre stage at Great Ocean Road Resort, Lux Spa offers a sanctuary from the noise of the outside world and has been designed with your every need in mind, from body and skin care therapies to relaxation and anti-ageing treatments. We work with the world's finest spa products and state of the art equipment and techniques to deliver targeted therapeutic outcomes and general beauty and wellness. Our exquisite range of pampering and relaxation treatments and products are perfect for individual and group bookings and can be combined with accommodation at Great Ocean Road Resort for the ultimate getaway experience.

### Our Products

#### Pevonia Botancia

Pevonia Botanica, one of the world's most prestigious organic skin care lines, offers exquisite in-spa treatments and experiences to address every concern and delivers a superb range of home care products to support healthy, glowing and youthful-looking skin. With a commitment to providing solutions to teens, women and men of every age and ethnicity, Pevonia Botanica products are free of parabens, artificial colour and fragrance ensuring an unsurpassed therapeutic result and spa experience.

#### Eles Mineral Make Up

ELES™ Mineral Makeup has been developed to enhance the results of professional skincare and includes a comprehensive range of beautifully formulated blushes, foundations, highlighters, concealers, lip products, eye products, brushes and more. Sleek titanium packaging gives a modern and sophisticated feel.

#### Tuscan Tan

Tuscan Tan™ professional spray tan produces an instant, natural looking tan that is non-sticky, smudge proof and completely odourless on development. With a unique combination of violet based bronzers and a formulation that prevents yellow and orange undertones, you'll look and feel instantly healthy.



## Packaged for perfection...

### Self Renewal 3.5hrs | \$350

The perfect way to spend a day with every part of your body renewed:

- Body Wrap
- Express Mani or Pedi
- 60 Minute Facial
- 30 Minute Massage
- Aqua Therapy Treatment
- Spa Cuisine

### Cleanse & Detox 2.5hrs | \$250

Give your body a boost and detoxify with:

- Body Wrap
- Scalp and Foot Massage
- Aqua Therapy Treatment
- 60 Minute Massage

### R&R 120 min | \$180

Completely rejuvenate with:

- 60 Minute Massage
- 60 Minute Facial
- Wine or Fruit Juice

### Tri-Luxe 90 min | \$150

Choose three of the following 30 minute treatments:

- Massage
- Manicure
- Full Body Exfoliation
- Pedicure
- Facial

### Men's Package 2.5 hrs | \$250

Keep yourself looking and feeling great:

- 60 Minute Massage
- 60 Minute Facial
- Exfoliation

### Girls and Hen's Getaway 75 min | \$120

Treat yourself and your friends:

- 30 Minute Massage
- Exfoliation Treatment
- Wine and a fruit or cheese platter

### Bride to Be 2.5 hrs | \$240

Relax and look picture perfect with:

- 60 Min Massage
- Express Hand
- Express Facial
- Sparkling Wine & Fruit Platter
- Exfoliation

### Devine Duo 90 min | \$220

Indulge together with this unique couple's only experience:

- Geisha Tub for Two
- Sparkling Wine and Strawberries dipped in Chocolate
- Dual 60 Minute Massage in Private Suite



## High performance skincare...

With years of professional experience our caring skin therapists will consult with you to find the most beneficial treatment to effectively address your individual concerns and to ensure your skin is at its glowing best.

### Face

#### De-Ageing Caviar & Escutox 60min | \$159

This opulent anti-ageing treatment lavishes your skin with nutritious Caviar Extract, skin firming Pearl Extract and wrinkle relaxing Escutox. Improving elasticity and promoting rejuvenation, this luxurious mask visibly resurfaces and dramatically reduces facial expressions lines and wrinkles.

#### Power Repair Facial 60min | \$149

Corrective extracts from the earth and sea are infused with bi-thermal masks resulting in dramatic, instant and visible results. Provides solutions for dehydration, sensitivity, loss of elasticity, environmental ageing and poor circulation.

#### Skin Renewal Peel 30min | \$85

Peeling solutions are customised for individual needs including treatments for acne, hyper pigmented, sun-damaged and mature-ageing skin or lighter peeling solutions for skin refreshment.

#### Waterlily Moisture Surge 60min | \$115

Experience the calming and repairing benefits of waterlily, green tea and proline for sensitized and dehydrated skin. Perfect after sun exposure, restoring lost moisture and vanquishes free radicals that cause premature ageing.

#### Phyto Energie 60min | \$109

Harnessing the balancing power of plant energies to normalize the skin. Combining jojoba bead exfoliation with pure essential oil blends and rich multi-vitamin masks to restore freshness and radiance.

#### Men's Essential Facial 60min | \$109

This essential facial is customised for individual men's skin concerns to soothe, balance and rejuvenate your skin with deep cleansing, purifying and exfoliation care.

### Facial enhancements

#### Escutox \$35

A Pevonia patented formula with natural plant extracts that relaxes wrinkles, decreasing their depth and movement.

#### Eye Sooth \$35

To stimulate lymphatic capillaries to drain more effectively, reducing puffiness and dark shadows.

#### Eye Smoothe \$35

To hydrate and plump the eye contours, reducing the appearance of fine lines.

#### Half Body Massage 30min | \$55

#### After Treatment Make Up \$15



## Step into the sublime...

Put your best foot forward with our range of nourishing and restorative treatments for hands and feet. Incorporating ancient and contemporary techniques our Manicurists use beautifully formulated natural ingredients and elixirs to leave your hands and feet soft, smooth and completely refreshed.

### Hand & Feet

**Foot Spa Pedi** 60 min | \$65  
with Gel Polish 75 min | \$79

First a refreshing cleanse for tired feet, followed by an invigorating scrub and buff to gently exfoliate. Next toenails and cuticles are tidied on, creating a smooth, tailored finish. Finally a deeply nourishing foot mask, followed by a relaxing foot massage and an application of lacquer in your favourite colour.

**Express Spa Pedi** 30 min | \$50

Toenails and cuticles tidied, feet exfoliated and hard skin removed. Complete with a fresh look polish.

**Lightening Hand Treatment** 60 min | \$65  
with Gel Polish 75 min | \$79

This treatment begins with a gentle exfoliation to remove accumulated impurities and dead cells followed by a lightening mask to hydrate and firm. As a final touch, a hydrating veil of replenish hand cream is applied, rendering your skin tone visibly brighter for attractive, evenly toned hands. Polish optional.

**Express Spa Manicure** 30 min | \$40

When time is of the essence a fast and professional approach is needed! Nails are shaped or reshaped to your desired style, cuticles are tidied and a slick of your favourite polish is applied to give a fresh, professional finish.

**CND Shellac Nail Polish** 30 min | \$45

Give your nails that added touch of luxury with an application of gel polish that intensifies and balances colour and helps keep your nails looking perfect for longer.

**French Polish** 15 min | \$15

Healthy white tips are carefully applied to the ends of your nails prior to your preferred shade of polish and clear gloss finishing the look.

**Gel Polish Removal** 15 min | POA



## Nourishing whole of body care...

Whatever your concern, anti-ageing, therapeutic or stress, our body care products, treatments and therapists will combine to ensure a completely nourishing and rejuvenating experience and results:

### Wraps

#### De-Ageing Tropical Wrap 60 min | \$129

Combining the benefits of Pineapple and Papaya.. pure extracts to tighten and replenish tired skin with the ultimate in anti-ageing technology: tegospheres of vitamin A. The first complete anti-ageing body treatment to smooth contours rendering skin more youthful and vibrant.

#### Healing Moor Mud 60 min | \$119

A warm Aromatic Moor Mud rich in natural vitamins, minerals and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated as your body's circulation is stimulated and stress vanishes.

#### Aromatherapy Cocoon 60 min | \$99

Natural essential oils soothe your senses as they are warmly applied to stimulate your body's ability to release stress. Your entire being is nestled in a delightful cocoon and transported to a state of divine relaxation.

### Exfoliants

#### Creamy Polish 45 min | \$79

A rich and creamy body polish uniting jojoba beads to eliminate dead cells while lemon, rosemary and sage reduce superficial toxicity, impurities, and sebum accumulation. Soothing allantoin and chamomile render dry and rough areas soft and smooth, leaving skin silky soft and purified.

### BODY ENHANCEMENTS

Steam & Vichy Shower Cocoon	\$25
Express Facial	\$65
30 Minute Massage	\$55
Spray Tan	\$45
After Treatment Make Up	\$15



## Soothing and therapeutic...

Be it relaxation, indulgence or therapeutic massage, our professional masseuses will work out every knot and unwind every worry with an extensive range of touch therapy techniques that have been used through the ages to heal and renew:

### Massage

#### Signature Massage – Rejuvenate 90 min | \$129

A complete body massage tailored to your body's individual needs followed by a facial cleansing, exfoliation and massage treatment customised to suit your skin.

#### Signature Massage – Relax 90 min | \$129

A complete body massage tailored to your individual needs follows the application of a customised warm poultice to relax and soothe the back muscles and provide additional healing benefits.

#### Sabai Hot Stone 60 min | \$135 90 min | \$150

Sabai...a Thai expression for well-being. Exhale and relax as your therapist administers an advanced tri-phase stone massage therapy far exceeding traditional stone massage.

#### De-Stress 60 min | \$89

This classic massage uses a combination of long, slow effleurage movements, as well as aromatherapy oils to increase circulation and induce a calm and relaxed state of mind.

#### Muscular Relief 60 min | \$89

A deep tissue or remedial massage tailored to individual needs manipulates soft tissues to achieve specific therapeutic outcomes for chronic muscular conditions, injury rehabilitation and sports recovery.

#### Pregnancy Massage 45 min | \$75

This specialist massage is tailored specifically to the needs of pregnant women and will gently relax tense muscles, leaving both mum and baby with an improved sense of wellbeing.

#### MASSAGE ADDITIONS

Express Facial	\$65
Creamy Polish Exfoliation	\$79
Aqua Therapy	\$25
After Treatment Make Up	\$15



## The ancient art of healing...

Water has long been used as a natural remedy for rebalancing the mind and body. As a spa treatment water therapies may relieve joint and muscular pains by inducing the release of toxins from the skin. Water based therapies also assist in the healing and recovery process attached to surgery and are ideal as a post workout treatment or as a luxury accompaniment to facials and body and massage treatments. Experience our beautiful range of water therapy treatments including:

### Aquatherapy

#### Hydrotherapy Spa 30 min | \$49

The Hydro tub treatment provides a multitude of benefits including relaxation, detoxification, stress relief, increased circulation, rejuvenation and skin toning. Unique mineral, marine and aromatherapy preparations may be added to make your experience truly therapeutic and memorable.

#### Steam & Vichy Shower Cocoon

##### Add on to any body treatment \$25

This unique water based treatment includes stimulating carefully positioned horizontal shower roses and a vichy steam making it the perfect addition to your scrub or wrap or why not both?

#### Japanese Geisha Tub 30 min | \$49

The ultimate indulgence for singles or couples where you can relax and unwind in a stunning Japanese-style Geisha Tub. Your worries will wash away as this warm and sensuous water therapy nourishes and soothes your soul. Choose a special bath additive for the ultimate relaxation experience.

#### Bath Additive

Aromatic Seaweed Bath

Anti-Stress Aroma Bath

Moor Mud Bath



# One last thing...

Complete your spa experience with one of our finishing touches designed to leave you feeling and looking flawless:

## Finishing Touches

### Eles Mineral Make Up

Learn the professional techniques used by make-up artists to achieve that perfect air brushed look with Eles Mineral Make Up. These popular sessions will give you all the tools you need to create your own stunning evening or special occasion look. Classes are available for both individuals and groups.

Day / Evening Make Up	30 min   \$55
Bridal Make Up	\$65
Make Up Lessons	45 min   \$65
After Treatment Make Up (redeemable on product purchase)	\$15

### Tuscan Spray Tan \$45 with exfoliation \$90

Tuscan Spray Tan gives you that gorgeous sun kissed look without damaging your precious skin! Deeply nourishing and with little to no aroma on development this beautiful spray tan has done away with nasty orange/yellow undertones to give you a completely natural looking tan after just two hours.

### Waxing and Tinting

Get silken smooth and hair free with our full range of professional waxing services and why not bring added attention to your eyes with our expert eyelash and eyebrow tinting and dying service.

Brow Shape	\$18	Arms	\$30
Brow Tint	\$18	Underarm	\$18
Lash Tint	\$18	Lip	\$15
Full Leg	\$40	Chin	\$15
Half Leg	\$28	Back	\$45
Bikini	\$25	Chest	\$45
Brazilian	\$45		



**ELES**  
MINERAL MAKEUP



# Spa Etiquette – what you need to know

## When to arrive

Please arrive at least 10 minutes prior to your appointment for your consultation and treatment selection. Please be aware if you arrive late it may reduce your own treatment time.

## What to wear

Please wear loose and comfortable clothing and note that undergarments are required for all spa treatments. Swimwear should be worn during body wraps and water-based treatments. Disposable underwear available on request.

## Protecting your valuables

To safeguard against loss or damage we recommend all personal items and valuables, including jewellery, be left at home. We take no responsibility for any loss or damage to valuables brought into our Day Spa, including those items left in lockers and robes.

## Protecting your health

It is important to advise your Therapist if you are under the care of a health professional, are pregnant or have any health conditions as medical clearance from your GP may be required in some instances. We are also able to tailor treatments for both men and women based on individual needs.

## Making sure you're comfortable

Your privacy is respected at all times. Our Therapists are extremely discreet and have many years of experience working with various body and skin types and conditions. If you feel uncomfortable for any reason, please tell your Therapist immediately so we can ensure your comfort. Please speak quietly at all times and ensure your mobile phone is turned OFF.

## After your nails have been polished

We recommend open toe shoes be worn following polish application to toenails and that you allow extra drying time after manicures and pedicures.

## Group Bookings

We can tailor Day Spa packages and treatments for a range of group celebrations, from bridal parties and girl's getaways to group tours, corporate team building and more. Group bookings are welcome any day of the week.

## Gift Vouchers

Beautifully presented Gift Vouchers can be purchased for products, spa treatments and packages, or to a dollar value of your choice.

## Cancellation Policy

A minimum of 48hrs notice of cancellation is required to avoid a 50% cancellation fee being charged. No shows or cancellations received within 24hrs of scheduled appointments will be charged in full. Confirmation of your booking with us constitutes your acknowledgement and agreement of this Cancellation Policy. Credit Card details are required to secure your booking.

## Public Holidays

A 15% surcharge applies on all public holidays and sundays.

## Payment

We accept CASH, EFTPOS and CREDIT CARD (American Express, MasterCard and VISA). All prices include GST and are subject to change at management's discretion.





## Day Spa Opening Hours

General Day Spa Opening Hours  
9:00am – 6:00pm 7 days a week

A 15% surcharge applies on all Sundays and  
Public Holidays

## Getting Here

### From Melbourne CBD

From Melbourne CBD take the West Gate Freeway on ramp to the M1 (Princess Freeway) and follow the signs to Geelong. Continue on the Geelong Bypass and take the Exit to Anglesea via Anglesea Road. Anglesea Road turns into the Great Ocean Road. Drive into Anglesea along the Great Ocean Road, pass the main shops on the right-hand side, continue straight at the roundabout, we are just after the Anglesea Bridge on the right-hand side opposite the Anglesea River and just before the Shell Service Station. Located at the front of Great Ocean Road Resort.

### From Great Ocean Road Resort

Drive into Anglesea along the Great Ocean Road and continue until you see the Shell Service Station, we are just after the Shell Service Station on the left-hand side opposite the Anglesea River. Located at the front of Great Ocean Road Resort.

**GIFT VOUCHERS AVAILABLE**  
**BOOKINGS AVAILABLE ONLINE | OPEN EVERY DAY**

A 15% surcharge applies on all on Sundays and Public Holidays



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