

rejuvenate

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Don't hide behind your smile...



Teeth whitening can be an excellent way of lightening the natural colour of your teeth. This popular and highly sought after treatment is available at Dr David Young and Associates where the dentists there are happy to talk about the procedure and provide answers to some of the most frequently asked questions:

What's involved with teeth whitening?

Two options are available at this practice. The immediate in-surgery treatment (Zoom™) is completed during a 1½ hour visit when your dentist will apply the whitening gel to the surfaces of your teeth which will be activated by a specially designed 'blue' light. This will then be removed and replaced several times during the appointment.

The take-home treatment is a second option. This involves the use of custom-made trays used to hold the bleaching gel against your teeth which you wear for an hour a day or overnight. The strength of the solution is less than the in-surgery formulation and therefore the whole process is a little slower and usually you'll see results within 1-2 weeks.

Is it safe and are there any side effects?

Research to date has indicated that teeth whitening is safe and effective but should be undertaken in the care of a professional.

Can anyone have their teeth whitened?

Teeth whitening is a simple and effective procedure but it is not for everyone. All patients require a full checkup.

Some patients may require dental treatment prior to whitening in order to obtain the best possible results. Teeth whitening is not recommended for children under the age of 16, or for pregnant or breastfeeding women.

How long can I maintain my newly whitened smile?

Teeth whitening gives great results that can last for years. The length of time that whitening lasts depends on lifestyle factors. Diet and smoking can adversely affect your whitened smile.



If you are thinking of undertaking this treatment, or if you would like to know more, please contact Dr David Young and Associates 8456 6789.