



## Natural Beauty Clinic

**TAKE YOUR BODY AND SOUL ON THE  
ULTIMATE HOLIDAY!<sup>TM</sup>**

Website: [www.naturalbeautyclinic.com.au](http://www.naturalbeautyclinic.com.au)  
Email: [beautydayspa@yahoo.com.au](mailto:beautydayspa@yahoo.com.au)

### ***"The Retreat"***

Casula  
443 Hume Highway  
9821 1363 – 9602 6960

### ***"Trends"***

Liverpool  
Shop 15  
Liverpool Plaza  
9600 8883 – 9602 8316

#### *Casula*

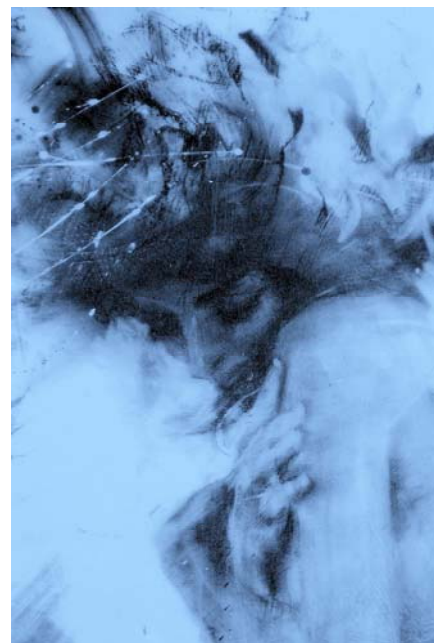
Monday - Tuesday	9:00am to 5:30pm
Wednesday	9:00am to 7:00pm
Thursday	9:00am to 8:00pm
Friday	9:00am to 7:00pm
Saturday	8:30am to 3:00pm

#### *Liverpool*

Monday - Wednesday	9:00am to 5:30pm
Thursday	9:00am to 8:00pm
Friday	9:00am to 5:30pm
Saturday	8:30am to 3:00pm

***Ask about our gift vouchers —  
the perfect way to pamper  
lovers and friends!***

WHEN RESCHEDULING OR CANCELLING  
YOUR APPOINTMENT, PLEASE GIVE US  
**24 HOURS NOTICE**  
OR A CANCELLATION FEE WILL BE CHARGED.



## Natural Beauty Clinic

# SPA MENU

Website: [www.naturalbeautyclinic.com.au](http://www.naturalbeautyclinic.com.au)  
Email: [beautydayspa@yahoo.com.au](mailto:beautydayspa@yahoo.com.au)

**The Retreat**  
**Casula : 9821 1363**

**Trends**  
**Liverpool: 9600 8883**



**Take your Body and Soul  
on the Ultimate Holiday!™  
Restore vitality and harmony to your life!**



**“Trends”  
at  
Liverpool**



**“The  
Retreat”  
at Casula**

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*Listed prices are estimates and may vary according to the scale of procedure required. Consult with your beauty therapist.*

Arms (full)	\$225
Gents Chest or Back	\$225
Gents Chest + Back	\$400
Legs (half)	\$200
Legs (half) + Bikini + Underarm	\$250
Legs (full)	\$400
Legs (full) + Bikini or Underarm	\$450
Thighs	\$250
Thighs + Bikini + Underarm	\$300

## PHOTO REJUVENATION

Face	\$180
Décolletage	\$150
Neck	\$100
Face + Décolletage + Neck	\$350
Hands	\$80
Spots	\$50 - \$80

## GIFT VOUCHERS

Thinking of giving something special to a lover, relative, grown child or friend? Designing a reward program for key members of your staff?

Our Gift Vouchers can be customised however you wish — you may purchase a dollar amount or assemble your own selection of treatments.

*A great gift, a marvellous reward!*



Pictured left is a Lady's Gift Voucher. Printed on high-grade paper, it is rolled as a scroll and placed along with fragrant potpourri in a chiffon bag with a golden drawstring. Clients also receive a complimentary glass of wine during their beauty treatments.



## LASER TREATMENTS (VPL)

*The Energist Ultra Laser Unit  
is the most advanced hair-removal  
and skin rejuvenating equipment on the market!*

### **Laser Hair Removal (VPL)**

A consultation is required for new clients during which the area for hair removal will be assessed by patch test and a quote for future treatment given. Both the consultation and the patch test are free, after which you will be quoted a price for the necessary procedure. The procedure cannot be performed until 24 hours after the patch test.

### **Laser Photo Rejuvenation (VPL)**

Used to treat a wide range of problem, such as uneven pigmentation, age spots, freckles, capillaries of the face, birthmarks, and vascular lesions such as Rosacea. Both the consultation and the patch test are free, after which you will be quoted a price for the necessary procedure. The procedure cannot be performed until 48 hours after the patch test.

### **LASER PRICE LIST — HAIR REMOVAL**

\$70 for 5 minutes	\$64 for 3 minutes
\$47 for 2 minutes	\$30 for 1 minute



## SPECIAL BEAUTY THERAPY TREATMENTS

Our specially-tailored beauty therapy treatments are designed to meet your every need and expectation. They make marvellous gifts, as well!

*\*Note to VIP Card Holders:  
No additional discounts on special treatments.\**

### **Indulgence Spa Treatment 4½ Hours of Heaven, \$350**

Desperate for a holiday but can't take one? Our Indulgence Spa Treatment is the next best thing! You'll be pampered, relaxed and feel luxurious. Classic European Skin care treatment, eyebrow wax, eyelash tint, full body massage, Pure Fiji™ Sugar Rub, hydrotherapy spa or paraffin wax treatment, deluxe manicure, deluxe pedicure, and to top it off ... deluxe make-up as well! *And* a light lunch is included.

### **Harmony Spa Treatment 3½ Hours of Bliss, \$270**

Classic European Skin care treatment, eyebrow wax, eyelash tint, back massage, Pure Fiji™ Sugar Rub, hydrotherapy spa or paraffin wax treatment, deluxe manicure, deluxe pedicure, deluxe make-up and a light lunch. Now that's living!

**Tranquillity Spa Treatment**  
**2½ Hours of Peace, \$175**

Back massage, Pure Fiji™ Sugar Rub, hydrotherapy spa or paraffin wax treatment, deluxe manicure and deluxe pedicure.

**Honeymoon Delight**  
**(Casula only)**  
**2½ Hours of Sheer Delight, \$280**

Balance your busy work and personal life by treating yourself and a friend or partner to a luxurious experience. He'll enjoy a Vibrosaun, mud wrap, hydrotherapy spa, and a back & scalp massage. You'll enjoy a hydrotherapy spa, Vibrosaun, Classic European Skin care treatment, eyelash tint and eyebrow wax.



**FACIALS**

Experience a deep cleanse to remove impurities and an exfoliant to remove dead cells and reveal youthful and glowing skin. Lymphatic drainage then removes toxins and reduces puffiness. A treatment mask and moisturiser hydrates and restores the natural balance of your skin. For a real treat, enjoy a foot or hand & scalp massage at the same time!

**FINISHING TOUCHES**

Eyebrow tint	\$12
Eyelash tint	\$18
Eyelash perm	\$50
Eyelash perm + eyelash tint	\$55

**SPECIALLY DESIGNED EYEBROWS**

Eyebrows	\$16
Eyebrow wax + eyebrow tint	\$24
Eyebrow wax + eyelash tint	\$26
Eyebrow tint + eyelash tint	\$25
Eyebrow wax + eyebrow tint + eyelash tint	\$32



**DELUXE MAKE-UP**

*45 minutes, \$50*

**BRIDE'S MAKE-UP**

*with trial run, \$75*

We apply Showface Makeup, used for the stage and television for its outstanding quality and long-lasting effect. Prior to the application of colour, we cleanse your skin and apply customised booster and treatment creams to give your skin a fresh and hydrated glow for that perfect occasion.



## LADIES WAXING

Arms (full)	\$28
Arms (¾)	\$25
Bikini	\$18
Brazilian (see Specials, below)	\$50
Chest or Back	\$30
Chin	\$9
Eyebrows	\$16
G-String Bikini	\$30
Legs (full)	\$43
Legs (half)	\$25
Lips	\$9
Neck	\$9
Side	\$10
Stomach	\$17
Thighs	\$30
Underarms	\$15

## SPECIAL WAXING

*\*Note to VIP Card Holders:*

*No additional discounts on these treatments.*

Bikini + Underarms	\$25
Brazilian, monthly	\$40
Eyebrows + Lips + Chin	\$30
Face (eyebrows, lips, chin, sides)	\$35
Legs (full) + Bikini + Underarm	\$58
Legs (full) + Bikini or Underarm	\$48
Legs (half) + Bikini + Underarm	\$40
Legs (half) + Bikini or Underarm	\$33
Lips + Chin + Sides	\$25
Lips + Chin	\$16
Thighs + Bikini	\$35

## ELECTROLYSIS

15 minutes	\$25
30 minutes	\$50

## Classic European Skin Care 50 minutes, \$79

The ultimate skin care facial therapy, followed by a specialised back, shoulder, décolletage and facial massage. A massage of the hands or feet and scalp further nurtures relaxation.

## Microdermabrasion Facial 50 minutes, \$85

You'll see instant results! A must treatment for anyone with scarring, open pores, fine lines or pigmentation. Works by physically removing surface skin cells, leaving skin noticeable smoother, softer and brighter. Most suitable for clients with thickened, scarred, dull, fine lined or sun-damaged skin. For optimum results, a course of 6 treatments is strongly recommended.

## Perfecta Non-surgical Lift 65 minutes, \$85

The Perfecta treatment uses state-of-the-art microcurrent equipment to stimulate and tone the facial muscles for firmer and younger-looking skin.

## Oxygen Rejuvenation Facial 50 minutes, \$95

A unique treatment providing instant results! In just one, 30-minute treatment your skin feels and looks younger. Your skin is nourished and hydrated and cell renewal and skin regeneration are stimulated. Fine lines and wrinkles virtually disappear, your skin feels rejuvenated, radiant, moisturized and fresh.

## Oxygen Pigmentation Facial 50 minutes, \$105

An Intraceuticals Opulence Brightening Infusion offers a unique experience with instant results you can see and feel. With just one infusion you will look younger, brighter and more radiant. Definite improvement of uneven skin pigmentation. The appearance of fine lines and blemishes is visibly reduced.

**Oxygen Anti-wrinkle Facial**  
**50 minutes, \$95**

Atoxelene serum® provides a topical alternative to anti-wrinkle injections without needles or pain. A skin smoothing complex that targets wrinkles and expression lines and helps prevent new wrinkles.

**ChromaWhite Anti-Pigmentation Facial**  
**50 minutes, \$120**

Botanical extracts assist in brightening and improving skin tone and enhancing skin clarity. Powerful exfoliants smooth skin and slough off dulling surface cells. Minimises the appearance of sun and age spots.

**Supple Skin Care**  
**40 minutes, \$56**

The perfect facial for the busy working woman. Deep exfoliation, texture renewal, hydration and pH balancing.

**Multivitamin Power Exfoliation**  
**40 minutes, \$65**

Pure multivitamin power, enriched with a nourishing blend of antioxidants, botanical extracts and anti-inflammatory essential lipids. An effective way to combat premature aging.

**Deep-Cleansing Facial**  
**50 minutes, \$70**

A specific cleansing and detoxifying treatment for oily and congested skin. Combats blackheads, whiteheads and pustule breakouts. Purification, decongestion and a hydrating mask leave your skin clear and refreshed.

**Glycolic A.H.A Peel**  
**40 minutes, \$58**

Great for skin prone to acne, rashes, scarring, pigmentation and aging. Increases hydration and helps remove dry or dead skin cells. Improves skin texture and appearance by working within the skin.

**TAN TREATMENT**

For single treatment (15 min), \$30  
For a course of 5 treatments, \$135



**HANDS & FEET**

Our Classic Manicure includes a sugar scrub of your hands and arms and a full-arm, stress-relief massage. You'll feel like you're walking on air after we soothe, smooth and pamper your tired feet. Enjoy a relaxing foot spa with sugar scrub, followed by a foot and leg massage. Finish with a complete nail treatment.

Manicure, Deluxe (35 min)	\$35
Paraffin Treatment (add on only) (15 min)	\$10
Pedicure, Deluxe (50 min)	\$50
French Polish	\$10

**Ask about our Gift Vouchers —  
perfect gifts for friends, family or  
lovers, perfect rewards for  
members of staff!**

## **BLISSFUL MASSAGE (Casula Only)**

**30 minutes Vibrosaun**

**50 minutes with therapist**

**30 minutes Hydrotherapy,**

**\$110**

The Vibrosaun stimulates and loosens your muscles. Then a Swedish Body Massage tones your body. Finally, a Hydrotherapy Bath completes the pampering of your muscles and joints.

## **HIS FACIAL**

**75 minutes, \$105**

Enjoy a Deep Cleansing Facial followed by a back massage. Conquer the world after that!

## **GENTS WAXING**

Arms (full)	\$32
Back	\$40
Chest	\$40
Back + Chest	\$70
Legs (full)	\$50
Legs (half)	\$30
Neck	\$17



## **SUNLESS BRONZING**

**Deluxe Spray Treatment (lasts 5 – 7 days)**

**45 minutes, \$60**

No dangerous sun exposure! Our full-body Pure Fiji™ Sugar Rub precedes the application of a moisturizing tanning cream. *For best results exfoliate a day prior to your tanning session.*



## **AgeSmart Facial**

**50 minutes, \$90**

Are you concerned by the signs of ageing? Give your skin a revitalising power boost treatment designed to firm, smooth, nourish and regenerate your most important feature – your face. AgeSmart Facials, combined with the AgeSmart home care regimen, deliver results comparable with the best of today's professional skin-care treatments.

## **SPECIAL FACIAL TREATMENT ADD-ONS**

*Purchased only with Facial Treatments*

*\*Note to VIP Card Holders:*

*No additional discounts on these treatments.\**

Classic Facial Massage	\$50
Eyebrow, tint	\$10
Eyebrow, wax	\$14
Eyelash, tint	\$15
Glycolic Pro-X Peel	\$15
Mask, collagen eye	\$25
Mask, collagen face	\$45
Mask, contour (lifting & firming)	\$25
Microdermabrasion	\$50
Multivitamin Ampule	\$25

**BUY A COURSE OF SIX FACIALS AND RECEIVE A SEVENTH FACIAL FREE!**

**ASK OUR STAFF ABOUT CURRENT SPECIALS!**



## **BODY TREATMENTS**

*Our body treatments are designed to ease your stress, smooth your skin, increase blood circulation and make you feel great!*

### **Swedish Body Massage** **55 minutes, \$70**

Reduce tension and relieve the negative effects of everyday stress. Restore your sense of well-being with a customised combination of Swedish and manual lymph drainage techniques.

### **Classic Massages**

Back Massage (25 min)	\$35
Mini Body Massage (25 min)	\$45
Scalp treatment (25 min)	\$35

### **Pure Fiji™ Sugar Rub** **25 minutes, \$40**

Encourages circulation, enhances skin texture and gives skin a beautiful healthy glow. Excellent for rough, dry, flaky skin or prone to ingrown hairs.

### **Enzymatic Green Clay Mud Wrap** **40 minutes, \$50**

Detoxify, exfoliate and nourish your body with a purifying mineral mud poultice, sealed in a warm, relaxing wrap. Infused with aromatic botanical extracts and fruit enzymes.

### **Hydrotherapy Bath** **(Casula only)** **25 minutes, \$23**

Let your hair down and unwind! Our spa bath will wash all your worries away by relaxing muscle tension, soothing joints and rejuvenating your soul. Spa baths go back centuries to ancient Rome's bathing culture. It is at the heart of healing.



## **MEN'S TREATMENTS**

*A spectacular selection of treatment packages for men!*

### **THE ULTIMATE EXPERIENCE (Casula only)** **30 minutes Vibrosaun** **90 minutes with therapist** **30 minutes Hydrotherapy** **\$210**

Start with a Vibrosaun to prepare your body for an exhilarating experience. A Swedish Body Massage then works out every discomfort, followed by a Revitalising Sugar Scrub and an Enzymatic Green Clay Mud Wrap. Finish with a Hydrotherapy Bath to complete the ultimate relaxation of your muscles and joints.