

# INTERNATIONAL MARTIAL ARTS CENTRES TIMETABLE 2014

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons	Private Lessons	<b>Privates</b> 10.30am-11.30am	Private Lessons	Private Lessons	<b>Little Ninja</b> 10.30am-11.00am
<b>Little Ninja's</b> 4.15pm-4.55pm	<b>Little Ninja's</b> 4.15pm-4.55pm	<b>Little Ninja's</b> 4.15pm-4.55pm	<b>Little Ninja's</b> 4.15pm-4.55pm	<b>Open Floor</b>	<b>Kids Karate</b> 11.00am to 11.55am <span style="background-color: #FF0000; color: white; padding: 2px;"><b>All Grades</b></span>
<b>Kids Karate</b> 5.00pm-5.55pm <span style="background-color: #FF0000; color: white; padding: 2px;"><b>Novice</b></span> White Belt to Advanced Yellow	<b>Kids Karate</b> 5.00pm-5.50pm <span style="background-color: #FF0000; color: white; padding: 2px;"><b>Novice</b></span> White Belt to Advanced Yellow	<b>Kids Karate</b> 5.00pm-5.55pm <span style="background-color: #FF0000; color: white; padding: 2px;"><b>Novice</b></span> White Belt to Advanced Yellow	<b>Kids Karate</b> 5.00pm-5.50pm <span style="background-color: #003366; color: white; padding: 2px;"><b>Int/Adv</b></span> Low Orange to Advanced Purple	<b>Black Belt Club</b> 5.00pm-5.55pm	<b>MMA</b> 12.00pm-1.00pm
<b>Kids Karate</b> 6.00pm-6.55pm <span style="background-color: #003366; color: white; padding: 2px;"><b>Int/Adv</b></span> Low Orange to Shodan Ho	<b>Brazilian Jiu Jitsu</b> 6.00pm- 6.55pm	<b>Kids Karate</b> 6.00pm-6.55pm <span style="background-color: #003366; color: white; padding: 2px;"><b>Int/Adv</b></span> Low Orange to Advanced Purple	<b>MMA</b> 6.00pm-6.55pm	<b>Preperation for Junior Black Belt</b> 6pm to 6.30pm	<b>Kickboxing</b> 1.30pm-3.00pm Beginner to Advanced
<b>Kids Karate</b> 7.00pm-7.55pm <span style="background-color: #0000FF; color: white; padding: 2px;"><b>Advanced</b></span> Low Red and Above	<b>Kickboxing</b> 7.00pm-7.55pm Beginners and Getting Started Classes	<b>Kids Karate</b> 7.00pm-7.55pm <span style="background-color: #0000FF; color: white; padding: 2px;"><b>Advanced</b></span> Low Red and Above	<b>Kickboxing</b> 7.00pm-7.55pm Beginners and Getting Started Classes	<b>Brazilian Jiu Jitsu</b> 6.30pm- 7.30pm	<b>Private Lessons</b>
<b>Adult Karate</b> 8.00pm-9.15pm Novice to Advanced	<b>Kickboxing</b> 8.00pm-9.30pm Intermediate to Advanced	<b>Adult Karate</b> 8.00pm-9.15pm Novice to Advanced	<b>Kickboxing</b> 8.00pm-9.30pm Intermediate to Advanced		