

# Beginner martial arts classes

## Tuesday and Thursday at 6 PM

Classes for kids 8+, teens & adults

BRPS Hall  
100-114 Bennett Road  
Colyton NSW 2760  
(entry off Desborough Rd)

**Text or call 0490 508 365**

- ✓ *Unshakable self confidence*
- ✓ *Rock solid self esteem*
- ✓ *Laser like focus*
- ✓ *Lightning reflexes*
- ✓ *Sharper concentration*
- ✓ *Increased fitness and strength*

**[www.mugendokanmartialarts.com](http://www.mugendokanmartialarts.com)**

APPROVED PROVIDER

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KIDS**

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Classes, plus a bonus  
uniform when  
you join  
(\$90 value)**