



# Badminton Newsletter

3<sup>rd</sup> Edition 2016

Welcome to our third Newsletter for 2016 but more importantly, welcome to our **new players**. We hope that you enjoy this wonderful sport as much as we do and continue to be part of our Club.

## MONDAY LADIES



**'More hands make light work'**

Please come along a little earlier if you can (around 9:15am) to help with set up, or assist with pack up

before leaving. Many thanks to those who continue to help out. ☺

## Fundraising Ideas....

If you have any great fundraising ideas, please bring them along.



Also, a big thank you to **Lina** and **Vera** for the fundraising work they do. Their ideas and creativity are endless and greatly appreciated by all. Thank you both ☺

To the members who make sure we have enough milk, tea, coffee & biscuits to accompany our game – a big thank you to you all too  
xx



## RACQUET RE-STRINGERING

Steven Perry (Wendy's husband) is able to re-string our racquets.

**Cost:** \$35

**Contact:** 0439 622 198

## FASHION ON THE COURTS

Sporting attire can be purchased through Bronwyn; there's a great range of badminton wear available.



If you would like to purchase **Sunbury Ladies Badminton** polo shirts / tops (with logo embroidered), please let Paula know. The Club has agreed to subsidise embroidered tops (one per player).



## MORE PLAYERS WANTED

As you all know, the Leader Newspaper has published a small article in their Community News section, inviting more players to join us. We have received a few calls and hopefully, these ladies will soon be on board.

**Spread the word and grab some brochures to distribute.**



*Thursday foodies... this might improve our recruitment attempts with the lure of delicious snacks in between games???*  
Yum ☺

## Acknowledgement of our Supporters...

Josh Bull's office has agreed to provide printing - score sheets, flyers, etc. If we take material for printing, we need to include mention of their support.

**TIPS & TRICKS:** Many of us have learned the 'art' of badminton over time and have picked up some tips and tricks along the way. Some of us have even been coached at some time.

Any newcomers to the game are welcome to ask for advice about how to improve their game so please don't hesitate to ask.



## BADMINTON RULES & ETIQUETTE

Di has whipped up a page full of great information about the rules of badminton and has even included some tips on player etiquette. It's a great guide for umpires and ensures players are aware of the rules of the game. Thanks Di

## PLAYER PROFILE...

In this edition, we're going to learn a bit about a long time member and friend of many – **Vicky Franks**.

- \* **Where were you born?** Malaysia in 1946
- \* **When did you move to Australia?** 1971
- \* **What school did you go to?** Convent school in Penang, Malaysia
- \* **When were you married?** 1969
- \* **How many children do you have?** Two
- \* **How many grandchildren do you have?** Four
- \* **What are your hobbies?** Puzzles – Sudoku
- \* **Why did you join badminton?** Always loved playing badminton and meeting new ladies
- \* **What is your favourite food?** I love most foods, especially desserts



### GIGGLIN' GIRTY

A woman went to the doctor's clinic, where she was seen by one of the new GPs. After about four minutes in the examination room, she burst out of the room, screaming as she ran down the hall. An older doctor stopped her and asked what the problem was, and she told him her story. After listening, he sat her down to relax in another room.

The older doctor marched down the hallway to the back of the clinic where the first doctor was. "What's the matter with you?" "Mrs Terry is 63 years old, she has four grown children and seven grandchildren, and you told her she was pregnant!" The new doctor continued to write on his clipboard and without looking up said, "Does she still have the hiccups?"

By John of Taylors Lakes

Proudly provided by Mrs Mac – thanks Norma 😊

## 2016 Office Bearers

<b>President:</b>	Norma Macans
<b>Secretary:</b>	Heather McNulty
<b>Treasurer:</b>	Paula Satchwell
<b>Asst Treas (Mon):</b>	Cathie Briggs
<b>Match Secretary (Thu):</b>	Libby Wauchope
<b>Match Secretary (Mon):</b>	Cheryl Ward
<b>Committee:</b>	Vera Graham
	Peta Hoiles
	Liz Nasir
	Rebecca Sparnenn
	Wendy Parry

If you would like to be more involved in our Club, please don't hesitate to let one of our Committee members know. There's always room for new ideas and innovations.

## Little Blue Towels

The proceeds help the Otis Foundation who provide free retreats to breast cancer patients. The towels are processed and packaged by people with disabilities so you'll be helping keep them employed too. The towels themselves are recycled and have all only been used once to dry surgeons' sterile hands before surgery. They are great for cleaning, as golf towels, instead of paper towel around the house....and so many more uses. The best part is that they come in a pack of **5 for \$5!** You'll get a bargain while supporting breast cancer patients and those with disabilities....win, win, win!!!

Visit <http://www.littlebluetowels.com.au/>

## NEWS & VIEWS

If you have any news or views that need to be shared (or sold), please email to:

[cathieb@sunburyhc.org.au](mailto:cathieb@sunburyhc.org.au)



If you would like to receive this **Newsletter via email**, please provide your email address. Otherwise, hard copies will be available.