

# Nuyu Treatment

\$120 for 90 mins



**Do you feel confused, stressed, need some clarity, or simply want some support to make changes in your life?**

- Discover the negative behaviour patterns that are holding you back.
- Learn techniques to help foster positive thinking
- Improve Self Esteem and confidence
- Gain clarity around your life purpose
- Gain support in setting and achieving your goals!

*Using a variety of healing and coaching techniques **you can do**, you can **achieve**, you **can be** all that you want to **be!***

**A Touch of Balance**

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