

# BREAKFAST MENU

Served until 11.30am daily.



<p><b>WAKE UP &amp; GO GO</b> <b>\$9.5</b></p> <p>House-toasted oat granola with a good dollop of natural yoghurt, 30g of whey protein, seasonal fruit, raspberry compote and your choice of milk. <b>We also have a selection of smoothies available, please see the drinks menu.</b></p>	<p><b>BACON &amp; EGG ROLL</b> <b>\$6.5</b></p> <p>We serve our famous B&amp;E's with a soft yolk &amp; crispy bacon on a toasted floured bun. All you need to do is choose your sauce and enjoy.</p>
<p><b>VEGIE WRAP (V)</b> <b>\$10.5</b></p> <p>This delish wrap is filled with two fried eggs, sautéed mushrooms, semi-dried tomatoes, avocado, Persian feta, Spanish onion, baby spinach and drizzled with aioli. Served toasted.</p>	<p><b>THE NOT-SO-BIG BREAKFAST</b> <b>\$9.5</b></p> <p>Two fried eggs and one rasher of crispy bacon, served with your choice of two pieces of buttered Brasserie toast. <b>Enjoy this in a soft flour tortilla wrap with your favourite sauce &amp; cheese \$1.00 extra.</b></p>
<p><b>EGGS ON TOAST</b> <b>\$7.5</b></p> <p>Eggs served sunny side up with your choice of toast. <b>Poached or scrambled eggs \$2.00 extra.</b></p>	<p><b>TRADIES BREAKFAST</b> <b>\$18.5</b></p> <p>Are you ready for this? Two fried eggs, two rashers of crispy bacon, sautéed mushrooms, slow-roasted tomato, hash brown, baked beans and house made rissole. Served with buttered Brasserie toast.</p>
<p><b>CODE RED</b> <b>\$14.5</b></p> <p>This delicious omelette is jammed packed with sautéed mushrooms, ham, baby spinach, tomatoes and tasty cheese. Served with one piece of Brasserie organic toast.</p>	<p><b>SUPER GREEN TOAST</b> <b>\$15.5</b></p> <p>Smashed avocado, Persian feta, seasonal greens, and basil pesto with a lemon wedge. Served on two slices of organic quinoa &amp; soya bean sourdough toast, topped with cracked pepper, EV olive oil and fresh micro herbs. <b>[RECOMMENDED]</b></p>
<p><b>EGGS-ACTLY</b> <b>\$16.5</b></p> <p>This high protein, low fat omelette is <b>eggs-actly</b> how you should start your day! Freshly-cracked egg whites, baby peas, sautéed mushrooms, baby spinach, fresh avocado, Persian feta and fresh micro greens. Served with one piece of Brasserie organic toast. <b>Add chicken breast \$4.00 extra.</b></p>	<p><b>OMEGA GOODNESS</b> <b>\$15.5</b></p> <p>Two poached eggs, smoked salmon, fresh avocado, slow roasted tomato, baby spinach, pesto, sunflower seeds and one piece of toasted Brasserie quinoa and soya sourdough. <b>Gluten free toast \$2.00 extra.</b></p>
<p><b>JUST TOAST</b> <b>\$4</b></p> <p>Quick and simple! Two pieces of lightly toasted organic Brasserie breads. Choose from: quinoa &amp; soya bean sourdough, Batard sourdough, deli rye, or thick white traditional toast. Enjoy simply buttered or with peanut butter, nutella, jam or locally produced honey. <b>Gluten free toast \$1.00 extra.</b></p>	<p><b>BREAKFAST BRUSCHETTA</b> <b>\$16.5</b></p> <p>Pan tossed cherry tomatoes, fresh basil with a reduced balsamic glaze, topped with crumbled Persian feta. Served on two slices of organic quinoa and soya bean sourdough toast. <b>Add 2 poached eggs \$4.50 extra.</b></p>

**GRAB & GO** In a hurry? You can find a selection of pre-made breakfasts in our deli cabinet, ready to heat and eat.

<p><b>FRESH FRUIT BOWL</b> dine in <b>\$9.5</b> takeaway <b>\$6.5</b></p>	<p><b>TRADITIONAL TOASTIES</b> <b>\$7.5</b></p>
<p><b>F&amp;S BREKKIE BOWL</b> dine in <b>\$13.5</b> takeaway <b>\$10.5</b></p> <p>Fresh seasonal fruit, house-toasted granola, a dollop of natural yoghurt with toasted seeds and nuts.</p>	<p><b>GOURMET TOASTIES</b> from <b>\$8.5</b></p>
	<p><b>YOGHURT &amp; GRANOLA</b> dine in <b>\$9.5</b> takeaway <b>\$6.5</b></p>

Did you know that you can phone ahead? Call **9679 2731** and have your breakfast ready when you get here.

# BURGERS & FRIES



## THE F&S BURGER

**\$10.5**

A F&S 150g beef patty, char-grilled and stacked with tomato, crisp lettuce, beetroot and fried egg. Served on a toasted Brasserie bun with your choice of sauce.

## THE STEAK SANDWICH

**\$12.5**

Char-grilled scotch fillet steak stacked with tomato, beetroot, crisp lettuce and topped with house-made tomato relish and onion jam. Served on toasted Brasserie sourdough.

## PULLED PORK BURGER

**\$10.5**

Our slow-cooked Asian style pulled pork is da bomb! Stacked with a house made crunchy slaw and served on a buttermilk bun.

**[RECOMMENDED]**

## KICKIN' CHICKEN BURGER

**\$9**

Cajun-infused chicken fillet char-grilled and stacked with tomato, crisp lettuce & cucumber slices. Drizzled with house-made aioli and served on a toasted Brasserie bun.

## HERB CHICKEN BURGER

**\$9**

Char-grilled chicken fillet infused with lemon juice and the F&S special herb mix. Stacked with tomato, crisp lettuce and drizzled with house-made aioli. Served on a toasted Brasserie bun.

## AMERICAN-STYLE CHEESE BURGER

**\$10.5**

A grilled F&S 150g beef patty, stacked with melted tasty cheese, onion rings, gherkins, crisp lettuce, American mustard and ketchup. Served on a toasted buttermilk bun.

**[RECOMMENDED]**

## SCHNITTI

**\$9.5**

Lean chicken breast fillet, coated with house-made bread crumbs, deep-fried, stacked with tomato, crisp lettuce and drizzled with aioli. Served on toasted Brasserie bun.

## BELGIAN CHUNKY FRIES

small **\$4**  
large **\$6**

## SWEET POTATO WEDGES

**\$5.5**

## MAKE IT A COMBO

for an extra **\$5**

1 small chips  
1 can of drink or bottled water

Sweet Potato Wedges Combo

**\$7.5**

## SPRUCE IT UP

Fried egg, cheese, or  
caramelised pineapple

**\$2** each

Crispy bacon, or mushrooms

**\$3** each

## EXTRA

Avocado, F&S beef pattie or chicken fillet

**\$4** each

## DIPPING SAUCE

**.50c**

**FRESH & SIMPLE** 322 Annangrove Road, Rouse Hill (02) 9679 2731

Opening hours 6.00am - 2.30pm, Monday to Friday. Kitchen closes at 2.00pm.

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