



## Venues

**Manly West** - 13 Lennox Close

**Manly Creative Markets** - Most Sundays

**Mobile** - On request

**0403 089 810**

**[www.thrivingpossibilities.com.au](http://www.thrivingpossibilities.com.au)**



*Energetic therapies and  
classes to empower you  
to create the change you  
wish to see in your  
body, mind and life.*





## About Us

Thriving Possibilities is located in the Brisbane Bayside area and also available for mobile and group treatments. Caroline has been a practicing energy healer for almost a decade and has facilitated classes since 2017.

She initially learned these techniques for overcoming personal trauma and associated ailments and now empowers others to create greater possibilities in their own lives.

*Clearing the mental clutter  
and stuck energy so you can  
enjoy your body and life  
on your terms.*

### PRICING

We like to keep things simple while also providing you with full flexibility to choose from Caroline's extensive and varied range of services.

**60 minutes .... \$80**

**90 minutes .... \$110**

**120 minutes....\$140**

### MOBILE

Don't want to leave the house? All treatments can be brought to you - anywhere within south east Queensland. 2hr minimum and travel surcharges apply, based on distance from Manly West.

### FRIENDS/PARTNERS/GROUPS

Access Bars and Energetic Facelift can be experienced as a tandem side-by-side session (with notice).

Having a celebration, event or fundraiser? We can deliver Access Bars or Massages in short-format group settings.

### PRACTITIONER CLASSES

Learn Access Bars, Energetic Facelift, or Pellowah Levels 1 and 2

Each class is only 1 day and is a skill for life!

Can be held in your own home on a day that suits you, or see event listings at [www.thrivingpossibilities.com.au](http://www.thrivingpossibilities.com.au)

## Menu of Services

### ACCESS BARS / BODY PROCESSES

A simple, hands-on energetic technique that 'deletes the junk files from your brain' and creates space for any areas of your life to change for the greater, with ease.

### ENERGETIC FACELIFT

Nurturing hands-on energetic technique that boosts radiance and feeling more vibrant and at home in your body.

### RELAXATION MASSAGE

Whole-body massage with oil, focusing on relaxing the muscles of the legs, arms, back and neck. Can be combined with Lymphatic Drainage Massage for even greater health benefits.

### LYMPHATIC DRAINAGE MASSAGE

Using the technique and products specifically designed by Chelsey Jean - Australian Naturopath, this treatment supports effective elimination of excess fluid, fat and toxins by stimulating lymphatic flow.

### PELLOWAH

Pellowah means radical shift in consciousness. It is a hands-off energetic technique that creates shifts and new connections in the energetic body allowing the individual to rapidly expand consciousness, awareness and their energy field.

### HEALY AURA SCAN & FREQUENCY SESSION

A tailored frequency session and report using the Healy frequency device. Choose from a wide range of programmed applications such as learning, fitness, beauty/skin, mental balance, meridians, chakras, aura, flower/gem essences and local stimulation.

### REIKI

Reiki is a Japanese form of energy healing that encourages emotional, spiritual and/or physical healing. Can be received as a hands-on treatment or over distance via the quantum energy field.