

lunch..... all day!

Soup of the day	9.50	Spinach, Basil & Pecorino Risotto Cake	14.50
served with bread & butter		with our tomato, red capsicum & rosemary salsa served with a garden salad	
Three Bruschetta	10.50	Chilli Chicken Wrap	14.50
one each of tomato & coriander salsa, olive & mushroom tapenade & hommous		roasted spiced chicken in a roti wrap with tomato, home made mayo, spanish onion & sweet chilli sauce served with a green salad	
Turkish Bread with Olive Oil & Za'atar	7.50	Rare Beef & Avocado Salad	15.50
warmed bread served with local olive oil and za'atar - a herb, spice & seed mix		a mix of beef, avocado, roasted almonds, spanish onion, tomato & salad greens. replace with: roast spiced chicken, 14.50 or Springs smoked salmon 16.50	
Greek Salad	10.90	Frittata of the Day	14.50
fetta cheese, olives, tomato, cucumber, spanish onion & gourmet lettuce, with a vinaigrette dressing. served with bread & butter		served with a garden salad & home made mayo	
Baguettes, Wholemeal Bagels & Turkish Bread		Pebronata - Corsican Beef Casserole	16.50
#1 Springs smoked salmon, 10.50 cream cheese, onion, capers & gourmet lettuce		a tangy casserole with beef, red wine, tomatoes, juniper, thyme & red capsicum. served with over-sized croutons, & a garden salad	
#2 pesto, marinated mushrooms 8.90 & capsicums, cheese - toasted!		Zest Mediterranean Platter	17.00
#3 leg ham, tomato, 8.90 matured cheddar cheese & home made relish		a selection of home-made dips, olives, fetta, marinated vegetables, dried fruits & Turkish bread - with daily variations extra bread 3.00	
#4 roast beef with mint jelly, 8.90 (or horseradish creme) cucumber, & gourmet lettuce		Specials	
#5 roast chicken, avocado, 8.90 red onion & coriander		see the blackboards for soup and frittatas of the day & weekly breakfast specials. also, check out the breakfast menu overleaf.	
#6 BLT - bacon, lettuce, tomato & mayo 8.90		Sweet Things	
#7 fetta cheese, tomato, roasted 8.90 pumpkin with pesto & lettuce		see the cake display on the counter for a selection of house made cakes, muffins & slices - there's also sweet things on the breakfast menu!	
Additional: meat fillings 1.50			
cheese (inc. fetta) 1.00			
veg fillings .50			
swap for gluten free bread 1.00			

**Meal variations, including
entree sizes and shared
meals will attract a surcharge.
Ask us about special dietary items.**

We provide table service!