

DOMINO

EFFECT CONSULTANCY



Coaching & Mentoring Services

The **domino effect** is a chain reaction. It occurs when a small change causes a similar change nearby, which then causes another similar change, and so on - just like a falling row of dominoes.



DOMINO EFFECT CONSULTANCY AIMS TO 'EFFECT' THE SAME CHAIN REACTION FOR YOU

This may include:

- Safe positive workplaces
- Better relationships
- Improved work outcomes
- Achieving personal goals
- Having a healthy and happy focus in your life.

Whatever it is you want to achieve in your life or business, contact us today to set the 'wheels in motion' and take control of getting what you want!

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DEE LINEHAN

Occupational Therapist
Masters of Injury Management
Occupational Rehabilitation
Corporate & Personal Life Coach

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My Passion . . .

As an Occupational Therapist I have spent over 12 years, working & specialising in the areas of:

- Injury Prevention
- Injury Management
- Workplace Safety
- Empowering individuals with injuries and illnesses to live the life they want.
- Promoting independence and living a life of value to individuals who want to make a change.

I am committed & passionate in working with individuals and employers to achieve optimum results in these areas, in their workplaces.

Utilising a variety of coaching techniques and skills, Domino Effect Consultancy is focused on creating a 'chain reaction' to assist in implementing positive and effective interventions & outcomes.



Coaching Services

Workplace Coaching and Mentoring

Coaching and mentoring for individuals and / or groups in the following areas:

- Resilience at Work
- Bringing the “Best you to work”
- Best practice in communication
- Early intervention for illness & Injuries
- Promoting Wellness
- Effective Employee Assistance Programs
- Zero tolerance to Bullying and Harassment
- Career transition
- Change Management
- Safety First

“The only way to do great work is to love what you do. If you haven’t found it yet, keep looking. Don’t settle.”

– **Steve Jobs**



Individual Coaching

This can relate to any change a person is committed to making in their lives. some examples include:

- Change of career
- Anger management
- Manage or increase financial security
- Improve Relationships
- Health and fitness goals
- Increase success in current career
- Be Happier
- Life the life you want to live but don’t know how!

“Just know, when you truly want success, you’ll never give up on it. No matter how bad the situation may get.”

- **Unknown**

