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Alfred Podhorodecki is a certified clinical hypnotherapist and forensic psychophysicist. He is also a qualified forensic hypnotist, educationalist, victimologist, and counsellor. His main interests are forensic hypnotherapy for criminal law, family law, and civil process. Alfred has over 30 years of law enforcement experience including the Transit Police, Military Police and as a Research Analyst in the Victoria Police. He is the former Deputy Head of Department of Police Studies at Monash University, and has lectured in Policing, Security Management, & Justice Studies at various universities including RMIT, Melbourne University and Monash University.

Alfred has been awarded an honorary Doctorate of Management; he holds a Masters Degree in Education, a Graduate Diploma of Education, Bachelor of Arts Degree, and diplomas in security management, justice studies, and police studies as well as certificates in Business Administration and Investigative and Forensic Hypnosis. He is a graduate of the Australian Hypnotherapy Training and Counselling school and is a qualified counsellor, investigator, trainer and forensic hypnotist and investigator. He qualified in Investigative and Forensic Hypnosis at University of Houston, Texas USA and in Forensic Psychophysiology at the Maryland Institute of Justice in Maryland USA.

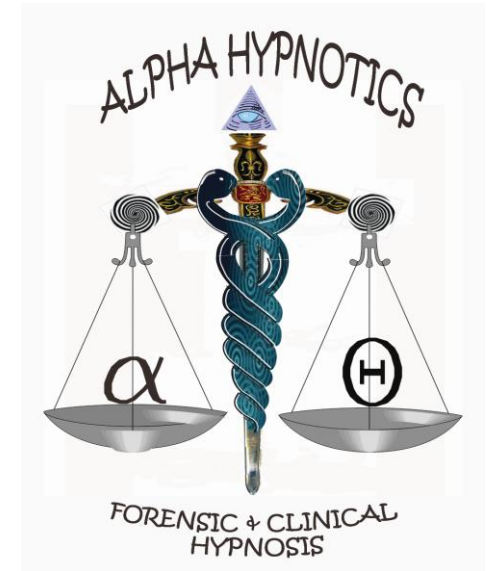
FORENSIC & CLINICAL SERVICES INCLUDE

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| <i>Anxiety attacks</i> | <i>Extreme nervousness</i> |
| <i>Court room phobia</i> | <i>Specific Phobias & fears</i> |
| <i>Improving focus and concentration</i> | <i>Dissociate traumatic experiences</i> |
| <i>Memory enhancement for photo-fit</i> | <i>Memory blocks</i> |
| <i>Information gathered about the experience</i> | <i>Victim of crime counselling</i> |
| <i>Victim fear of confronting perpetrators</i> | <i>Depression</i> |
| <i>Memory recovery</i> | <i>Public speaking</i> |
| <i>Psychosomatic disturbances</i> | <i>Post traumatic stress disorder</i> |
| <i>Advocacy fears</i> | <i>Trauma reduction</i> |
| <i>Hoplophobia (Fear of firearms)</i> | <i>Dikephobia (Fear of justice)</i> |

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Forensic and Investigative Hypnosis



For your protection Alpha Hypnotics utilise expert Clinical and professional Forensic Hypnotherapists.

WHAT IS FORENSIC HYPNOSIS

It is professional use of the science of hypnosis in criminal and civil investigation where hypnosis is the instrument used to elicit information or evidence.

WHAT IS HYPNOSIS

Hypnosis is an altered state of consciousness or trance like state. Where the depth or intensity of the mind function is governed by the frequency at which the brain is operating. Hypnosis is a harmless method of slowing the electrical frequency of the brain. Basically the higher the frequency the more awake the subject is. The four levels of mind of Beta, Alpha, Theta, and Delta. Beta is the normal awake level. Alpha is the basic level for hypnosis or trance to occur. Theta and Delta are deeper levels often considered the more ideal for therapeutic hypnosis.

WHAT DO FORENSIC HYPNOTISTS DO

They work with the legal profession in criminal or civil matters relating to witnesses, victims of crime, and defendants.

The use of Investigative Hypnosis is to refresh, or recover memory in accordance with legal protocols established through case law and to meet the rules of evidence. Forensic Hypnotherapists are a useful investigative tool to elicit information hidden within the mind due to trauma or other issues. The Forensic Hypnosis expert needs to be specifically trained, experienced and qualified in investigative techniques and forensic hypnosis. Forensic hypnosis is used globally in law enforcement and has delivered positive outcomes resulting in Police solving crimes. Investigators can now access this useful tool within a legal framework to assist in their inquiries.

WHAT DOES HYPNOSIS FEEL LIKE

It feels like staring at an object and allowing the imagination to float away. It is like dreaming without being asleep. It is similar to meditation except the subject is directed into the trance. Even with eyes wide open some people go into "roadway hypnosis" and remain stationary at traffic lights even long after they have changed to green. Sometimes a driver may drive right past a turn or driveway. It is a feeling of being in the zone with full awareness, feeling a sense of calmness, serenity, safety and well-being.

ARE SUBJECTS AWARE OF WHAT IS HAPPENING

The senses are more acute with deep awareness of the environment. In this dissociated state, subjects are able to speak, write, and have eyes open or closed. The Forensic Hypnotherapist will always place the subject's well-being foremost.

WILL THE SUBJECT BE IN CONTROL

Under hypnosis subjects are in full control, nothing occurs without their permission. Whilst in hypnosis subjects cannot be forced to act or do anything contrary to their ethics and sense or morals. Hypnosis is not a truth drug. Inappropriate suggestions will be rejected by the subconscious mind. Subjects will not uncontrollably reveal deepest personal matters or secrets. Stage hypnotists have created many of the negative public perception of hypnosis. The shows have no therapeutic or forensic value and should not be compared to professional hypnotherapy.

WHAT IS THE FORENSIC PROCEDURE

Subjects will usually have been formally interviewed by police, Legal Practitioner or investigator before hypnosis. Sessions are typically conducted at professional a rooms or Police premises. There will be an initial discussion and documents and questioners will be filled out. During forensic hypnosis, at the induction

phase suggestions about relaxing and feeling calm may be made to achieve an altered state of consciousness and deepening. The Forensic phase is less directed but guidance may be given by the hypnotherapist. All sessions are electronically recorded. Police may be present but never in the room. Post hypnosis may require an interview by the police or investigator.

IS HYPNOSIS DANGEROUS

There is no danger. The Council of Mental Health of the American Medical Association approved hypnosis in September of 1958 as a safe practice with no harmful side effects. Hypnosis is perfectly safe as it is a naturally occurring process.

IS FORENSIC HYPNOSIS AN ALTERNATIVE TO CONVENTIONAL INVESTIGATION

No, as hypnosis is only a method of recovering lost or impeded memories. Hypnosis does not work nor is it suitable for every person or situations. Forensic hypnosis can help to recover memories and assist investigators. The Forensic Hypnotherapists is not the investigating person but merely the expert in recovering the memory.

HOW MANY SESSIONS ARE REQUIRED

Often only one extended session is required but one might expect (rarely) to attend as many as 3 sessions.

FEES

Forensic Hypnosis fees are charged on an hourly basis. Fees upon application.