



# “Losing weight changed my life”

Paul laughed at us when we suggested to him that he could lose 65kg and run a half marathon within 6 months of starting. Paul's really laughing now because he did both! Our small friendly studios are designed to make you feel special and ensure that you receive the attention you deserve.

**Change your life. Call Vision.**

*Start before Tuesday 2nd June to receive...*

**3 MONTHS  
FREE STUDIO  
MEMBERSHIP\***



**Personal Training**

*Creating the body you desire*

**Call 1300 496 877  
or go to [visionpt.com.au](http://visionpt.com.au)  
to locate your nearest studio**

\*Conditions apply

# 1 in 2 Australian adults is **OVERWEIGHT.**

Carrying extra weight increases your risk of type 2 diabetes, heart disease and some cancers.

Our services are designed to help our clients get results fast. Achieve a result in just 9 weeks with a Vision Personal Trainer that most take a year to achieve on their own.

**Be inspired to change!**



**Personal Training**

*Creating the body you desire*

**31 studio's conveniently  
located throughout NSW & QLD**

**[visionpt.com.au](http://visionpt.com.au)**