



The Ultimate Belly Dance Workout

Unleash the Goddess within....

Now you can discover the secrets of this ancient and sensual dance that enhances and compliments the female form.

Learn the fundamental skills and exciting techniques that will have you Shimmying and snaking like a pro!

Release Stress * Increase Energy * Uncover the Feminine Rhythm of your body

- ❖ Fun and Supportive environment
- ❖ All levels of fitness and experience welcome
- ❖ Convenient CBD location
- ❖ Refer a friend and save

Class sizes are limited so book now!!

Please contact Kitty:

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0403 205152

Classes held at:

Ooh La La Dance Studio
Lvl 1 198 La Trobe St.
Melbourne 3000

**First
class
only \$5**