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The following is a list (not exhaustive) of the modalities we use in our clinic as methods of assessment.

- Clinical Nutrition
- Integrated Iridology
- Sclerology analysis
- Western Herbal Medicine
- Homotoxicology
- Heavy Metal testing (urine and saliva)
- Hormonal testing (blood, urine, saliva)
- Hair analysis

We are listing below some conditions that we have successfully treated.

(This list is only representative and certainly not exhaustive)

- General fatigue, chronic fatigue
- Weight loss and maintenance
- Nutrition: general and specific (athlete)
- Detoxification: chemical exposure, xenobiotics
- Post-surgery drug elimination
- Digestive disturbances: IBS, colitis, Crohn's, reflux
- Gastrointestinal issues: loose bowels, constipation, diarrhoea, intestinal gas, bloating
- Cardiovascular health: high blood pressure
- Low immune function, autoimmune conditions
- Pregnancy preparation for males and females (infertility treatment)
- Joint aches and pains, arthritis, rheumatism
- Skin problems: dermatitis, psoriasis, acne
- Allergies: asthma, hay-fever, pollens
- Infections: fungi, bacteria, viral
- Headaches, migraines
- Hormonal conditions (males and females)

Humankind's Wellbeing- Andrea Fernandez Indulski N.D.