



A Total Training Package For Sportspeople

Develop Your Skills “Off the Field”

Speak Up For Sport is a comprehensive training program involving media interviews, public speaking, sponsorship and social media. The topics are all written for sportspeople and will teach you how to participate in a media interview, deliver a professional speech, gain sponsors and keep them and how to navigate the social media minefield. Improve your confidence through the training and use the skills in business, at school or in job interviews.



Michael Alexander—Kite Boarding

New Online Training Program

Speak Up For Sport is an online training program. Complete the training around your sporting schedules and when it suits you. The program is available to you anywhere and at anytime as long as you have internet access. You can even gain further assistance from a Speak Up For Sport trainer if you would like some additional coaching.

www.speakupforsport.com

Do YOU Want To:-

- Protect your reputation in sport?
- Navigate the social media mind field?
- Gain and retain sponsors?
- Know what to say in media interviews and public speeches?

Speak Up For Sport in suitable for any athlete who wants to become more professional



Matthew Hall—Cricket

You don't have to be an Olympian to complete Speak Up For Sport. In fact we recommend that you participate in the program whilst you are playing sport at a junior level. You will then know what is expected of a professional athlete and protect your reputation from an early age. You don't have to be a junior athlete to complete the program. It is valuable to athletes, coaches and administrators of all ages.

For More Information in Australia:

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Testimonial

What a fantastic opportunity for young people to gain knowledge and confidence to speak publicly. I had the opportunity to attend a course conducted by Karen Smythe & James O'Shea and was absolutely astounded by the progress made by the participants in such a short space of time. The knowledge gained was evident in the professional presentation by each of the attendees at the end of the course. Speak Up For Sport Fantastic!

Phil Wilson—Rebel Sport