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## The Benefits of a Microdermabrasion Treatment

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Microdermabrasion sounds nasty, but is actually quite a gentle & relaxing treatment. At Chez Belle our diamond machines deliver a gentle but effective treatment, leaving your skin feeling clean & refreshed. Micro's are a deep exfoliating treatment removing the loose dead skin cells & thinning the thick dull stratum corneum (Horny layer) giving the skin a much cleaner & brighter appearance. Microdermabrasion increases blood flow to the dermal tissue, bringing with it the essential nutrients to strengthen & firm it, reducing fine lines. Lymph is stimulated, helping to remove wastes and toxins that build up in the skin. Masks are applied after the treatment also to nourish & re-freshen the skin.

Chez Belles Diamond Microdermabrasion machines offer 2 types of abrasive media, standard crystal which is harder, like crushed diamonds and an organic grain, which is softer and for people who like organic type of treatments. We offer a variety of micro treatments starting with the standard micro, where you can choose either of the crystals or grains. The treatment includes microdermabrasion of the face, neck & décolletage (upper chest), followed by a nourishing honey & aloe Vera mask, a quick check for skin irregularities, followed by a cool & refreshing mineral mask, finished with a serum and choice of moisturiser or sun block. Our most popular treatment is the Spa micro, which has all of the benefits of the standard micro and includes the use of the standard crystal over the face, neck & décolletage followed by the organic grain again over the face, giving double the stimulation and what i like to say, "a cut and polish" of the skin, makes your skin feel great and actually feel lighter, even though only a few grams of dead cell is removed. Microdermabrasions can also be included with a facial. A standard micro is used as exfoliation, followed by a full massage, steam & mask. Other micro treatments include micro & O2 – Spa micro followed by the infusion of serums with the O2 pump, Back micro-for the treatment of mild acne on the back or to clean and re-freshen the skin.

Phone today to talk to one of our friendly professionals for more information or to book an appointment.

Mention our website to receive \$20 off your microdermabrasion treatment.