

Boxercise Fitness Class



Box while you get fit! Come and enjoy a boxercise class run by a friendly & qualified personal trainer. All abilities, women and men welcome.

Where: Noble Park Community Centre, Ross Reserve,
Memorial Drive, Noble Park

When: Monday 5.15pm to 6pm
Wednesday 5.30pm to 6.30pm
Term 1 starting 23 Jan 2012 to 4 Apr 2012

Cost Term 1: One Session per week \$189
Both Sessions per week \$369

To book, please contact Russell on 0423 765 898 or email edwardshealthandfitness@gmail.com