

[the_lunch_bar]

[Open Monday>Friday 6.30am>>4pm][418 Payneham Road Glynde, 5070] [☎8365 7799]

[coffee & tea]

8oz cup 3.0

12oz cup 3.9

***we use aroma fresh coffee**

[breakfast] [available from 6:30am-2pm]

hot breakfast [2 eggs* bacon, tomato & toast] 8.9

egg* & bacon sandwich 4.5

egg* & bacon roll 4.9

+sauce xtra 0.1

toasted ham & cheese croissant 5.5

***we use only 'rohde's' free range eggs which are rspca accredited! :-)**

[pies & pasties] balfours & vilis 3.7

[sausage roll] balfours & vilis 2.7/3.0

[vili dogs] 4.3

[flavoured pies] balfours & vilis 4.0/3.9

+sauce 0.1

[sandwich] white or multigrain

[roll] white or wholemeal, single or double cut

[foccacia, baguette]

[fillings] ham, chicken, turkey, salami, roast beef, corned beef, tuna, egg [curried]

[extras] cheese [tasty/swiss] lettuce [iceberg/mixed greens] tomato, cucumber, grated carrot, beetroot, gherkin, avocado, asparagus, onion [spanish/pickled] sundried tomato, coleslaw, alf alfa [toasting 0.4]

[spreads] mayonnaise, mustard [wholegrain/mild/hot] chutney, sweet mustard pickles

vegemite, peanut butter, strawberry jam

[hot dogs]

plain w butter only 3.2

with cheese 4.4

with cheese & bacon 5.0

lot [cheese bacon onion & sauce] 5.8

+ sauce 0.25 [tomato, bbq, hot/sweet chilli]

+mustard 0.3 [american & hot]

[steak sandwiches & hamburgers*]

plain [lettuce, tomato, meat, tomato sauce] 4.5

lot [lettuce, tomato, meat, bacon, onion, cheese, egg, tomato sauce] 6.8

***our burger patties are made on our premises**

[chicken schnitzel burger]

plain [tomato, lettuce, mayo, chicken schnitzel] 6.0

+ cheese xtra 0.65

[hot chips] bucket 3.2

bag 4.2

chiko roll 2.7

dim sim 1.0

Find us on Facebook <http://www.facebook.com/the.lunch.bar> & follow us on twitter @the_lunch_bar to keep updated with our daily specials!

We can also cater for your next lunch meeting: A Variety of Platters & Delivery Available

