

BREAKFAST 8:30 till 12PM

toast w spreads 7.5

white or rye sourdough,
turkish or gluten free
w labne, vegemite, jam,
marmalade,
ricotta

sprouted
wellness bread (add \$1)

free range eggs 12.5

poached or scrambled
w roasted tomatoes & toast

add

egg 2

kasundi, zhoug, ricotta,
labne 3

hash browns,
mushrooms, kale,
avocado, haloumi,
olives 3.5

bacon, chorizo 4

jamon serrano,
smoked salmon 5

basil & feta scrambled
eggs 18

toast, roasted tomato with
crispy bacon, smoked salmon or
mushrooms

ancient grain
blueberry porridge 15

hazelnuts, fresh apples
served w compote & cream
(v, df, low gluten)

homemade maple
& cinnamon granola 14

toasted seeds and nuts, greek
yoghurt,
& roasted seasonal fruit
(v, df, low gluten)

chia, quinoa
& coconut bircher 16

w figs, passionfruit, strawberries,
pepitas, coconut, almond &
sesame seeds
(v, df, gf)

sourdough buttermilk
pancakes & maple 17

w banana, berries & bacon
OR

w seasonal fruit & compote,
greek yoghurt or ice-cream

brunch tabouli 17

quinoa, cauliflower, almonds, raw
vegies, heaps of herbs, preserved
lemon, pomegranate & tahini
dressing

blt 15

crispy bacon, avo, tomato, cos,
chilli aioli on toasted foccacia
add fried egg 17

black stone eggs 17

english muffin w bacon, tomatoes,
poached eggs & hash browns

vegie black stone 17

english muffin w mushrooms,
tomatoes, poached eggs & hash
browns

asparagus & parmesan eggs 17

poached eggs, truffle oil & toast
w jamon serrano 22

moroccan eggs 17

slow cooked, spiced capsicum
& tomatoes w poached egg, tahini,
zhoug & za'atar toast

w goats cheese 19
w chorizo 20
both 22

BRUNCH all day

onion and mushroom bialy 18

herbed goats curd, smoked salmon,
soft poached eggs, salmon roe &
lemon butter

mojo eggs 18

poached eggs w romesco, shaved
prosciutto, baby cavolo nero & mojo
verde on sourdough

breakfast platter \$22/40

seasonal vegetables, avocado,
quinoa, almond & cauliflower tabouli,
hash, eggs (poached or scrambled),
herbed goats curd, spicy cabbage,
labne & olives, tahini, zhoug & za'atar
toast

KIDS BREAKY

single free range egg 5

fried, scrambled or poached
served w toast

avo on turkish 5

w fresh cucumber & tomato

buttermilk pancake

plain w maple on the side 5
banana & bacon 8.5
fresh strawberries 8.5

10% public holiday surcharge



LUNCH from 12pm

to share

bread, olives, labneh 7.5

crispy herb potatoes 7.5

mixed leaf salad 7.5

home made charcuterie, relishes & pickles 20

salads

miso eggplant & mushroom salad 19

rocket, carrot, zucchini ribbons, brocolini, basil, sprouts & sesame seeds

brown sugar salad 18

beetroot, crispy polenta, pumpkin, lentils, goat's cheese, rocket, salsa & balsamic dressing

lemongrass cured tuna salad 19

mixed grains, coconut, sesame, kale, pickled cabbage, avocado, cucumber ribbons, soy lime dressing

brunch tabouli with grilled za'atar lemon chicken 21.5

quinoa, cauliflower, almonds, raw vegies, heaps of herbs, preserved lemon, pomegranate & tahini dressing

add

toast 2

haloumi 3.5

poached egg 2

grilled za'atar lemon chicken 5

scotch fillet grilled & sliced 10

spaghettini 20

roasted tomato & basil sugo, buffalo mozzarella

angel hair pasta 32

crab, semi-dried tomato, chilli & saffron

open veg sambo 18

grilled mushrooms, haloumi, rocket, zhoug, fresh lemon & heirloom tomato salad

chicken burger 18

chilli mayo, cos lettuce, crispy potatoes & homemade pickles

add cheese and bacon 2.5

grilled chicken sandwich 18

avocado, aioli, homemade tomato relish, wild rocket & homemade pickles

grilled scotch fillet sandwich 18

beetroot, spanish onion, aioli, kasundi, rocket & homemade pickles

macadamia crusted spanish mackerel 34

roasted cauliflower, pickled brown mushrooms, chimichurri

grilled 300g scotch fillet 32

asparagus, slow roasted tomatoes, porcini butter & crisp herb potatoes

fish pie 34

leek, truffle oil & mash



DESSERT

frangelico affogato w biscotti 10

warm brownies 10

brandy cherries & vanilla bean gelato

chai spice creme brûlée 14

pear and lemon sorbet



KIDS LUNCH

fresh pasta 11

roast tomato sauce
OR
butter & parmesan

grilled scotch fillet, fish of the day
or chicken 15

served w crispy potatoes & greens

fresh juice 4
orange or apple

milkshake 4
chocolate
vanilla
real berries

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