

Igniting Individuals

Simultaneously traversing all three areas is universal for an experienced coach as the goals are often interrelated.

Establishing clear goals initially sets the tone and timeframe between you and your coach to achieve your desired results.

When was the last time you spent time or money investing in your most valuable asset...you? Really, when was it?

If you are feeling unfulfilled or not living up to personal expectations, it's likely that you don't remember when you last invested in your own development.

Studies show us that people who invest in themselves are, More successful, Have greater purpose, Live fuller lives and Feel more confident

Corporate Momentum

People Momentum thrives on edgy, contemporary, provocative work helping you unleash the creativity of human talent that is a primary asset within your organisation.

My Training is designed to;

- Break through complacency barriers
- Facilitate self driven performance
- Increase productivity
- Increase sales revenue
- Enhance effective communication
- Stimulate harmonious, cohesive working environments
- Encourage innovation and drive action
- Create positive culture participation

My aim is to partner with your business, so if you have something that you think is a little out of the ordinary or want something different feel free to email us your brief and we will be in touch.

Other Services

At PM we know that not everything will fit nice and neatly into a neat little package. We offer a range of other services to organisations and the general public.

These range from Seminar Management, Events, Keynote speaking, Public Speaking and Motivational Seminars.

Signature Programs

Our signature programs are the ace up our sleeve.

We have two programs designed to benefit your organisation, these programs are designed to be delivered over 12 weeks and include a leading profiling session as well as ongoing support.

Our Leadership Series is aimed at your leaders whilst our People Series is aimed at your front

Availability

All programs are offered in easy half or full day formats dependant on the depth you are seeking and the time you have available.

Additionally we deliver signature programs over longer periods, public speaking and events presentations as well as coaching for your organisation.

Call us for a free consultation
or check our our website for more info