

BRISBANE DENTURE CLINIC

Caring for your new dentures

Helpful Tips:

- It will take time to get used to your new dentures
- Practice your speech
- Start with soft foods and work your way up
- Sore spots will generally settle after a few days
- If the sore spots dont settle come and see us
- Brush and rinse dentures daily
- Don't let your dentures dry out
- Take your dentures out to sleep
- Keep dentures away from strong heat
- Lightly brush your gums and palate
- Call us with any other queries you have

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