



**RUSH FITNESS**

**PERSONAL TRAINING**

**WE REWARD YOU!!**

**BY DEVELOPING A HEALTHY LIFESTYLE  
& ROUTINE OF REGULAR EXERCISE  
WITH VARIETY OF TRAINING AND  
AMAZING PRICES TO GET YOU STARTED**

**1 MONTH - START UP PACK  
(1 HOUR SESSIONS PER WEEK)**

2 SESSIONS	3 SESSIONS	4 SESSIONS
\$160	\$210	\$260

**JOIN UP AND TRAIN  
WITH A FRIEND AND  
RECEIVE**

**20% OFF**

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