

## TRADITIONAL THAI MASSAGE

This massage focuses on acupressure points and gentle body stretching along the body's energy channels. It is designed to re-awaken the body's energy flow and release muscle tension.



## COMBINATION MASSAGE

This massage is a blend of our Relaxation Aroma oil massage and our Traditional Thai Massage. It helps enable muscles to be relaxed and flexible. Choose from our scented oil range, the natural oils are designed to help your body, mind and soul unwind.



## RELAXATION AROMA OIL MASSAGE

We use the finest quality massage oil base and pure essential oils. This helps your massage to provide maximum benefits, choose from a wide selection of scented oils and then relax with a soothing massage and beautiful aromas that will take away your stress and anxiety.



## THAI HERBAL COMPRESS MASSAGE

Thai massage using classic Thai healing herbal packs. Whilst the acupressure works on the meridian lines, the heated herbal compress helps to stimulate blood circulation and release muscle tension.



## REFLEXOLOGY

This is a holistic therapy that applies pressure to specific points of the feet to treat problems in all parts of the body. It has many benefits and stimulates your body's own healing and balancing process.



## SPECIAL

Coconut oil, warm candle oil, shea butter & sweet almond oil.

Full body treatment using a special blend of essential oils with gentle massage allowing oil to penetrate your skin and to restore a healthy well-being.

