

Outdoor Training

Summer Body is Earned in Winter!

Price: \$15 per session, try it once and see if you like it, no obligation to sign up

Locations: Marrickville Park & Balmain/Haberfield

Mums and bubs are welcome on weekend sessions; no need for a baby sitter, <u>no excuses.</u>





Monica lost 12 kgs of fat in 3 months, gained lean muscle, strength & confidence.

You can do it too.

0410 337 313 / 0416 062 344

Email: flurofitness@gmail.com

Winter Special Offer:

Try your first session absolutely **FREE**

Offer ends: 30/08/13

Like us on Facebook and gain access to FREE fitness tips and updates

