



578 Beenham Valley Road, Beenaam Valley 4570

ABN 23 278 014 614

Visit us: www.kiahpark.com.au Like us: www.facebook.com/KiahPark1 Contact us: info@kiahpark.com.au or 5486 6166

7 DAY CAMPS

Thank you for your interest in our Horse Riding Camps. Kiah Park was established in 1978 and consists of 315 beautiful acres situated 20km east of Gympie and 160km north of Brisbane. Visitors can enjoy the peaceful farm surroundings with horses, other farm animals and new friends.

Our 7 Day Riding Camps are held every school holidays, from 11am Saturday to the 7am the following Saturday. Kiah Park Horse Riding Camp is fully catered, has full insurance, qualified Instructors and adult supervision. Ages of children attending camp are boys 6 – 12 yrs and girls 6 – 16yrs and all riding abilities are catered for. For the safety of our riders and health of our horses we have a **safety weight restriction of 80kg**.

CAMP DATES

Easter 2019: 6 – 13 April • 13 – 20 April

Winter 2019: 29 June – 6 July • 6 – 13 July

Spring 2019: 21 – 28 September • 28 September – 5 October

Summer 2019-2020: 30 November – 7 December (Seniors) • 7 – 14 December • 14 – 21 December
28 December - 4 January 2020 • 4 – 11 January • 11 – 18 January

BOOKINGS

The price for our 7 Day Camp is \$980 per child.

Family - One only: \$980.00 Two: \$970.00each Three: \$960.00each (to be eligible for this family discount, children must reside in the same house)

Add bus fare (only for Kiah Park children and a fun way to start camp), see fares below. Add boot hire \$20 if required.

Complete your Booking forms **online** at www.kiahpark.com.au, please book early to avoid disappointment. Tentative bookings cannot be held indefinitely, please **confirm by returning your deposit and booking form one week after a verbal booking**. Cancellations are accepted up to 8 days prior to camp start date and incur a \$50 admin fee. Full fees are due prior to camp.

TRANSPORT

We hire a bus and pick up from Brisbane and different points up the coast. See timetable for pick up and drop off points and times.

Cost of the bus is \$35 each way from Brisbane, Burpengary & Caboolture. Cost is \$33 each way from Palmview, Nambour & Cooroy. The bus departs at the time specified on the timetable, it cannot wait therefore it is vitally important that parents are at least 15 minutes early for pick up and drop off.

Private transport camper's drop off time at Kiah Park is between **11.00am – 12 noon**. Pick up time the following Saturday is **7.00am**.

ACCOMMODATION

Our cabins are located along the ridge overlooking beautiful scenery. There are separate boys and girls cabins with their own hot showers and toilets. All cabins have double bunks and mattresses. A leader sleeps with the children and assists in each cabin.

Children are required to care for their belongings and keep their cabins tidy. Let us know on your booking form if your child would like to share a cabin with a friend that is also attending camp.

SUPERVISION

We employ one leader for every six children booked in to camp; the leaders are female and hold their blue cards. Leaders sleep in the cabins with the children offering 24 hour supervision. Owners live on site and are involved in the running and supervision of the camp.

BEHAVIOUR

Children with behavioural problems are a risk to other campers and parents are required to ensure that their children understand and are able to respect the rights of others with regard to safety of persons and property, manners and privacy.

TUCKSHOP

The tuckshop is open in the morning and afternoon and sells drinks, chips, ice blocks and lollies. All wallets are locked away in the office for safe keeping.

PHONE CALLS

To minimise disruption to the camp routine, please keep calls to our landline to a minimum or emergencies. If you wish your child to bring a mobile phone, they will have an opportunity to call or text home at afternoon tea time. All phones are kept in safe keeping the rest of the day.

If you have to talk to your child call our landline 07 5486 6166 between 6.30 – 7.30pm. Calls after 7.30pm are not taken as the night activity has started and no-one is available to answer the phone. Rest assured that we will contact you if there are any problems.

DINING

We have a large dining area where all campers meet for meals. Please let us know if your child has any special dietary needs as we will happily cater for them. There is a surcharge of \$55 for a vegetarian/dairy free diet and \$85 for a gluten free diet.

CAMP RULES

Safety is our first priority, closely followed by as much fun as possible. To ensure a happy and enjoyable camp for all we have established a set of rules to which we expect our campers to adhere. These will be explained to campers on day of arrival. Please note any breakages must be paid for.

FUN COMPETITIONS

The best camp kid is chosen on behaviour, manners, attitude, cooperation and enthusiasm throughout the week.

Best kept cabin daily.

Gymkhana - has a number of different categories and levels.

Grooming contest.

CAMP ROUTINE (weather permitting) for typical camp

Saturday	Arrival, Lunch and Settling in Horsemanship sessions, tack and safety instruction Arena rider assessment and horse allocation
Basic Daily Routine	6.30am: Yard Duty, Milk cows, Feed animals, Collect eggs 7.30am: Breakfast, Clean up duties & tidy Cabins 8am: Lesson Horses are saddled up 8.30am: Arena Lesson, other riders Saddle up 9.30am: Morning Tea & Canteen 10am: Gear check & Mount up 10.30am: Trail Ride/Activities for lesson riders 12pm: Ride back to camp, Untack & groom 12.30pm: Lunch 1pm: Structured activity or free time 2pm: Lesson Horses are saddled up 2.30pm: Arena Lesson, other riders Saddle up 3pm: Afternoon Tea & Canteen 3.30pm: Trail Ride/Activities for lesson riders 5pm: Ride back to camp, Untack & groom 5.30pm: Feed animals, let horses out Showers, prepare for dinner 6.30pm: Dinner, Clean up duties 7.30pm: Night Programme (Welcome games, Quiz/Bingo night, Campfire, Night walk, Movie night, Variety show and Presentation evening) 8.30pm: Prepare for bed 9pm: Lights Out
Wednesday	Long ride. Camp fire at the dam - sausages & damper lunch
Thursday	Sleep in - Well-earned rest for the horses and riders Morning - Kiah Survivor Challenge & cleaning tack Afternoon – Gymkhana practice
Friday	Grooming & Best rider competition Gymkhana with ribbon presentation Collect gear, Pack bags, Clean cabins Presentation of certificates after dinner
Saturday	5.15am: Rise, Finish packing, Pack gear in bus 6.00am: Breakfast 7.00am: Departure time



WHAT TO BRING

In order for your child to embrace the camp experience please do not bring any electronic devices such as ipads, kindles, ipods, electronic games (if brought along they will be locked in safe keeping for the week).

Children can bring a mobile phone to call/text home at afternoon tea time. All phones are kept in safe keeping the rest of the day.

Please keep calls to our landline to a minimum or emergencies. We will call you in case of emergency.

* **Bedding**

- Single fitted sheet for mattress cover (compulsory even if using a sleeping bag, can be hired for \$9)
- Pillow and pillow case
- Doona or sleeping bag (flat sheet for hot nights in summer or extra blanket for chilly nights in winter)
- If necessary bring plastic mattress protector
- 2 garbage bags (for wet and dirty clothes)

* **Towels**

- 2 towels – one for showers and one for any water activities

* **Toiletries**

- Soap, shampoo, toothbrush, toothpaste, hair brush
- Deodorant roll on (no aerosols, we have found a lot of people are sensitive to these)
- Sunscreen
- Insect repellent (roll on type)

* **Medication**

- Must be noted on the booking form and handed in on arrival at camp
- Prescription medication to be in original packaging, prescribed to the child and indicating dosage

* **Water Bottle**

- Essential** – An over-the-shoulder water bottle or camelbak is suitable for riding. Over the shoulder water bottle holders are for sale at Kiah Park for \$10 (they fit a 600ml water bottle)

* **Book**

- A special book you are reading, please do not bring along electronic books

* **Variety Show Item**

- Thursday is Variety Show night. This is a fun night where you get a chance to share anything that we can all enjoy together eg A magic trick, musical instrument, song, joke or short skit

* **Clothing (bring enough clothing for 7 days)**

- Jeans or jodhpurs for riding (**long pants** are necessary for comfort and to prevent chaffing)
- Jumper
- Warm jacket for winter
- Tracksuit
- Socks & underwear (ensure socks are long enough to cover your ankles to avoid rubs from riding boots)
- Pyjamas
- Shorts
- T-shirts/Polo shirts – no crop tops, singlets or sleeveless tops for horse riding. Kiah Park polo shirts can be purchased for \$37 Navy or Royal blue
- Swimming togs - we swim in the dam so bring along old togs and t-shirt to swim in
- Raincoat - compulsory for rainy days. Not the poncho style as they flap and frighten the horses. Rain jackets can be purchased at Kiah Park for \$25
- Hat (compulsory for outdoor activities)

* **Shoes** - 3 pairs – riding boots (used for riding only), thongs and closed in shoes (runners) for walks and playing

- Smooth soled riding boots are compulsory for horse riding.** Bring your own or hire boots \$20 per week

* **Riding Helmet**

- Bring your own or we will provide

* **Wallet**

- Bring spending money for the canteen; wallets will be locked in the canteen for safe-keeping

* **Kiah Park Shop**

- Kiah Park polo shirts & jumpers, Raincoat, Photo cd (week's photos \$5), Basic toiletries, Friendship bracelets, Water bottles, Coin purses, Grooming kit raffle, Grooming kit (sold on Friday for gymkhana/grooming), Lolly jar guess.

* **Torch**

* **Tissues**

- A small pack will do

* **First Aid**

- Band aids & panadol – please label with child's name

PLEASE Do not bring chewing gum



BUS TIMETABLE

Parents please note that we are not responsible for children after they have left the bus
For safety reasons parents are asked to be **15 minutes early**

PICK UP POINTS & DEPARTURE TIMES

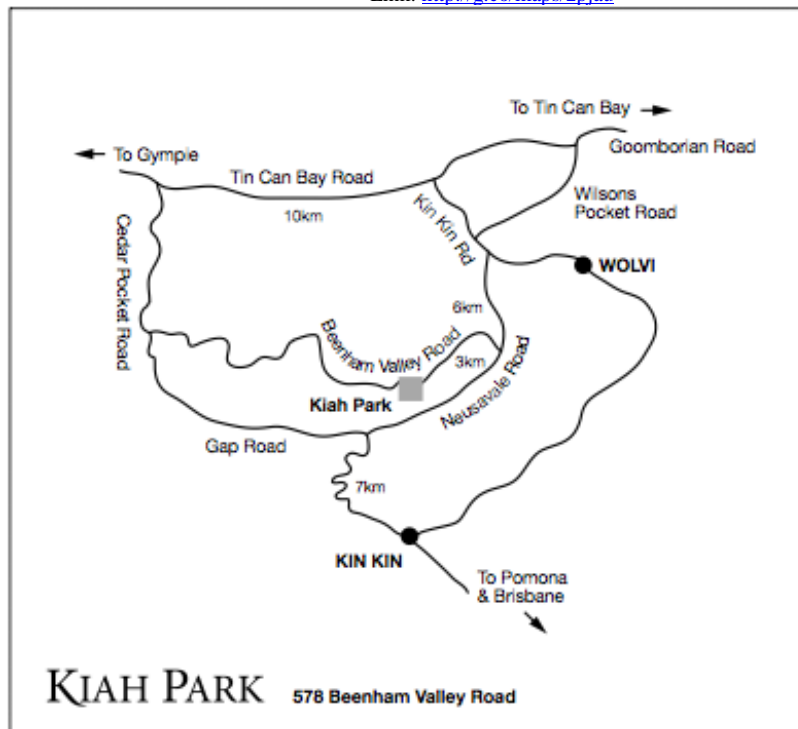
Please be 15 minutes early

- 9.45am Aspley - Lions Club Park cnr Ellison & Webster Rds
Link: <http://g.co/maps/2pjau>
- 10.05am Burpengary - Burpengary Caltex Service Station : 9 – 15 Progress Road Link: <http://goo.gl/maps/bx1Hp>
- 10.15am Caboolture – Big Fish Tavern 459 Pumicestone Road
Link: <http://goo.gl/maps/GkkRz>
- 10.45am Palmview - Aussie World at northern exit
73 Frizzo Road, Bruce Highway, Palmview
- 11am Nambour - Big Pineapple: Nambour Connection Road (Bus stop at exit of car park same side as Sunshine Plantation)
- 11.30am Cooroy – Elm Street: Bus stop at railway overhead bridge
- 11.55pm Pomona - Majestic Theatre: 3 Factory Street, Pomona

DROP OFF POINTS & ARRIVAL TIMES

Please be 15 minutes early

- 7.30am Pomona - Majestic Theatre: 3 Factory Street, Pomona
- 7.45am Cooroy – 30 Elm Street Bus stop
Link: <http://goo.gl/maps/WVVgz>
- 8.15am Nambour - Big Pineapple: Nambour Connection Road (Bus stop at exit of car park same side as Sunshine Plantation)
- 8.30am Palmview – Public car park opposite Aussie World – on Pignata Road <https://goo.gl/maps/HN7CLX7ngnr>
- 8.50am Caboolture – Big Fish Tavern 459 Pumicestone Road
Link: <http://goo.gl/maps/GkkRz>
- 9am Burpengary – Brisbane RVs: 284 Bruce Hwy <https://goo.gl/saRh20>
- 9.20am Aspley - Lions Club Park cnr Ellison & Webster Rds
Link: <http://g.co/maps/2pjau>



TRAVEL INSTRUCTIONS

The GPS systems seem to get people very lost please use directions below

(If travelling from Brisbane/Sunshine Coast this route is approx ½ hour shorter than going via Gympie)

1. From Brisbane/Sunshine Coast travel north on the Bruce Highway.
2. Take Exit 237 towards Pomona/Kin Kin, and follow signs at the roundabouts for Pomona.
3. Continue in direction of travel, then turn right at Pioneer Road (sign for Pomona/Kin Kin).
4. Turn right at T-junction onto Reserve Street.
5. Continue through Pomona Township, cross the railway line and turn left at Factory Street to Kin Kin.
6. Travel approx. 14km and turn left on Main Street to Kin Kin; pass the Kin Kin Pub and travel over the range to a T-junction – approx 7km
7. Turn right into Neusavale Rd – travel approx 6km
8. Turn left into Beenham Valley Rd – travel 3km
9. Turn left at **Kiah Park** - 578 Beenham Valley Road

OR

(This route is longer)

1. Take Highway 1 (Bruce Highway) to Gympie.
2. Turn right on Brisbane Road following directions to Tin Can Bay & Rainbow Beach
3. Turn right on Tin Can Bay Road – travel 10km
4. Turn right into Kin Kin Rd – travel approx 7km
5. Turn right into Neusavale Rd - travel approx 4km
6. Turn right into Beenham Valley Rd - travel 3km
7. Turn left at **Kiah Park** - 578 Beenham Valley Road

Kiah Park Holiday Camp

578 Beenham Valley Road, Via Gympie 4570
 Ph: 5486 6166 Fax: 5486 6014
 Email: info@kiahpark.com.au

BOOKING FORM

Or complete your booking form online at www.kiahpark.com.au

NAME: _____ BOY / GIRL BIRTH DATE: _____ AGE: _____ WEIGHT: _____

ADDRESS: _____
 _____ POSTCODE: _____

PHONE: _____ ALTERNATIVE PHONE: _____

E-MAIL: _____ we will confirm your booking via e-mail

CAMP DATES: ____/____/____ TO ____/____/____

RIDING EXPERIENCE – ABLE TO: (Please tick those applicable)

WALK TROT CANTER COMPETING ON HORSE NONE OF THESE

MEDICARE #: _____ TETANUS: YES / NO SWIMMING: CAN / CANNOT

ALLERGIES: _____

MEDICATION: _____

If there are any allergies/medication or medical concerns please complete the attached medical forms

TRANSPORT: BUS Pick up point _____ Drop off point _____

*****Please be 15 minutes early for bus pick up and drop off*****

PRIVATE To & from camp _____
 Drop off to camp _____ * Gates open at 11am (drop off between 11am-12noon)
 Pick up from camp _____ * Pick up at 7am sharp

TO CONFIRM YOUR POSITION A DEPOSIT of \$100 must be sent with this application form

Camp Fee (\$980)	\$ _____
Bus Fare (\$33 or \$35 each way)	\$ _____
Boot Hire (\$20)	\$ _____ : SIZE _____
Special diet - Gluten free (\$80)/Vegetarian (\$50)	\$ _____
Kiah Park Shirt (\$37)	\$ _____ : SIZE _____
Kiah Poly Fleece Jumper (\$47)	\$ _____ : SIZE _____
Less Deposit Paid (\$100)	(\$ _____)
BALANCE	\$ _____

BALANCE must be paid prior to camp or at bus. No EFTPOS facilities available

DO WE HAVE PERMISSION TO TAKE PHOTOGRAPHS OF YOUR CHILD: Yes / No

WHERE DID YOU HEAR ABOUT THIS CAMP? Newspaper Magazine Friends Been before Internet School

I WOULD LIKE TO BUNK WITH: _____

This will be accommodated wherever possible and will depend on age similarity etc

COMMENTS/ANYTHING ELSE WE SHOULD KNOW?

We acknowledge that while all reasonable care will be taken of our child/children while at Kiah Park Holiday Camp, we are aware that there are inherent risks with horse riding and any other outdoor and indoor activity and that accidents and illnesses can occur. We authorise any medical assistance considered necessary and agree to meet all costs involved. We further declare our children to be in good health (excepting special medical condition described above) having no other ailment likely to be detrimental to the health of other children. Owners and staff of Kiah Park will not be responsible for any accident or injury caused through any child deliberately disregarding any rules, directions or orders. Children must be aware that these are in place for safety reasons.

Do we have permission to administer any medication provided by you? YES / NO

Do we have permission to administer panadol if necessary? YES / NO

SIGNATURE: _____ FULL NAME: _____ DATE: _____



MEDICAL INFORMATION

NAME OF ATTENDEE: _____

CAMP DATE: _____

If your child has ever suffered from the following conditions please provide the details below.

	CONDITION	CIRCLE	PROVIDE DETAILS eg dates, severity, reactions, treatments
1	Asthma or respiratory problems	Yes/No	If Yes, go to Asthma Management form
2	Allergies	Yes/No	If Yes, go to Allergy Management form
3	Heart condition	Yes/No	
4	Sight or hearing disorder	Yes/No	
5	Fears/phobias/bed wetting	Yes/No	
6	Diabetes	Yes/No	
7	Epilepsy	Yes/No	
8	Bleeding disorder	Yes/No	
9	Back, bone or joint problems	Yes/No	
10	Recent illness, injury or surgery	Yes/No	
11	ADHD/ADD	Yes/No	Please provide known behaviour and management strategies below
12	Aspergers	Yes/No	Please provide known behaviour and management strategies below
11	Medications required	Yes/No	Please provide details below. All medication is to be in original packaging, prescribed to the child and indicating dosage
12	Drug reactions	Yes/No	
13	Date of last tetanus injection	Yes/No	
14	Headaches, nose bleeds	Yes/No	
15	Swimming ability		(circle one) None Struggle Comfortable Strong
16	Special dietary needs		

PAIN RELIEF

Please label provided pain medication with your child's name; this will be held in safe keeping at Kiah Park and returned to your child at the end of camp. Pain medication will be administered and noted by a Kiah Park Supervisor.

FURTHER DETAILS OR OTHER CONDITIONS Please provide any other relevant information

ASTHMA MANAGEMENT PLAN		
Only complete this section if your child has asthma		
Name:	DOB:	Contact Ph:
Regular Medication:	Quantity or Daily Dose:	
Additional Medication in case of attack:	Quantity or dose:	
List of known trigger factors:		

Please note: Participant is to bring their medications as per medical form. Medications are kept in safe keeping and are administered under the management of a Kiah Park supervisor.

ALLERGENIC MANAGEMENT PLAN		
Only complete this section if your child has an allergy		
Name:	DOB:	Contact Ph:
Allergy:	Signs or symptoms or reaction:	
List of medication used to prevent allergic reaction (if any):	Quantity or dose:	
List medication or treatment used if allergic reaction occurs:	Quantity or dose:	
Has the participant at any time in the past suffered from: <ul style="list-style-type: none"> <input type="checkbox"/> A localized reaction (any rash/itching/swelling <u>at</u> the site of the allergen) <input type="checkbox"/> A systemic reaction (any rash/itching/swelling <u>away</u> from the site of the allergen) <input type="checkbox"/> An anaphylactic reaction (severe breathing problems, swelling of body, emergency situation) 		
1. Does the participant suffer a systemic/anaphylactic reaction to allergy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Is there a family history of anaphylaxis?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
3. Has the participant been admitted to hospital for an allergic reaction?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4. Does the participant take adrenaline (Epi-pen) when suffering from an allergic reaction?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<u>In case of an emergency</u> I grant the person in charge at Kiah Park authority to seek any necessary medical assistance for my child. I give permission for camp staff to administer the supplied emergency medication if my child is unable to self-administer supplied medication. I declare that the information provided on this form is complete and correct.		
Name: (parent/guardian) _____ Signature: _____ Date: _____		