

## COUNSELLOR & PSYCHOTHERAPIST

### ALOY L.

...Only Goodness and Kindness shall follow me all the days of my life...








Aloy L. is a Counsellor, Author, Speaker. He has rigorously trained in counselling and psychotherapy, served full-time in ministries, and worked businesses on solid principles. His calling and mission are to counsel, write and speak Hope to all.

#### Training:

- Graduate Diploma of Counselling and Integrated Psychotherapy (Spiritual)
- Advanced Diploma of Counselling and Family Therapy (Christian)
- Diploma of Counselling (Industry)
- Diploma of Counselling (Christian)
- Bachelor of Business (Professional Accounting)
- Certificate of Child Trauma Grief
- Certificate of Trauma-Focused Cognitive Behavioral Therapy
- Certificate of NDIS Worker Orientation Module
- Certificate of Infection Control Training COVID-19
- Certificate of Volunteering Community Service

## MODES OF SERVICE

You can choose where you want your counselling service to take place.

- **Video**   
Sessions through internet video call e.g. Zoom
- **Home Visit**   
Sessions conducted at your home.
- **Office**   
Sessions conducted at counsellor's office.
- **Chat**   
Sessions through internet chatting e.g. Whatsapp
- **Email**   
Sessions through email correspondence

## OFFICE HOUR

Monday — Friday  
10am — 9pm



Address:

**Knotwood Av.  
Macquarie Fields  
2564 NSW**

Contact:

**0481 035 618**  
**brighthopeaustralia@gmail.com**  
**www.brighthopeaustralia.com.au**

# COUNSELLING & PSYCHOTHERAPY



but **those who hope in the LORD** will renew their strength. They will soar on wings like eagles; they **will run and not grow weary**, they **will walk and not be faint.**

## ABOUT

While it is often difficult to share about issues and to communicate feelings, Bright Hope Australia provides clients a safe, confidential, non-judgmental space to converse and communicate their life and all that may be puzzling, unpleasant or unbearable that helped them to reflect and speak about themselves and what bothers them in a way that they are not able to do so with family and friends.

Bright Hope Australia assists them to affect the change they would like to take place that enhanced their well being.

### "Lives That Find HOPE

#### **Find Endless Possibilities"** Aloy L.

Learn and develop better ways to handle the issues that are standing in the way of your life and goals.

- Find perspective.
- Find balance.
- Build self-awareness.
- Build self-discernment.
- Build self-differentiation.
- Discover a life of hope.
- Explore your potential of endless possibilities.

## CLIENT REVIEW

Overall, I was well pleased with my counsellor and was amazed at how much I discovered about myself. I strongly believe that he has a bright future and will be a wonderful ambassador for God.



Overall I was very satisfied with the therapy and can't attach any negative associations to it, there was clear direction in the sessions, I felt respected and valued and overall I have seen a lot of improvement. The counsellor showed understanding.



I appreciate the need to explore my history, my background, and my story in order to understand the whole story and came up with the solution. To me, the understanding of my own history throughout the counselling sessions was the one that helped me. Self-realization.



I am emotionally and mentally uplifted.  
I am much more internally stable.  
I am learning to communicate with others.  
I am practicing little acts of positivity.  
I am focused on achieving my aspirations.  
I am currently investing in self-love.  
Many thanks to the therapist.



I'm always looking forward to therapy sessions as I now finally have someone who is professionally trained who clearly understands & empathizes with me to let me hash out whatever I feel that's bothering me and after each session, I feel very much uplifted and encouraged to carry on living a fruitful life despite my shortcomings. I would definitely recommend my therapist to any of my friends when they are so inclined to need professional mind nourishment and peace of heart and mind.



I am emotionally more stable, more effective in my communication, more assertive, resolved in my response. I have always been sensitive and compassionate to the needs of others. Now I realize I need to be kind to myself first. I enjoy healthier relationships, especially with my family.

For more client review → <https://bit.ly/30FB5iF>

## SERVICES

All counselling services are 60 minutes per session. Bright Hope Australia provides the following services:



Individual Counselling



Relationship Counselling



Family Counselling



Grief and Loss Therapy



Addiction Therapy



Group Therapy



Talk, Workshop, Seminar

## BOOK AN APPOINTMENT



0481 035 618



<https://bit.ly/327bpEZ>



<https://bit.ly/3pONO90>