

# LATIN CLASSES



## **WHEN**

TUESDAYS (starting Sept 4<sup>th</sup> 2012)

Virginia Todd Hall, 9-11 Clarence St Geelong West

## **WHAT**

6:30pm- Street Latin Fusion (Beginner)

7:30pm- Latin American Focus (Beginner)

*\*NOTE- Each class runs for 50mins*

## **HOW MUCH**

\$10 for 1 class/ \$15 for both (casual)

## **CLASS DESCRIPTIONS**

**Street Latin FUSION-** This is a beginner level class that covers three different Street Latin styles- SALSA, ARGENTINE TANGO and MERENGUE. The focus of the class is on learning the basic patterns of the dances, as well as the fundamentals of partnering, basic lead/follow techniques, and basic freestyling ability. Each session will look at least two of the dances.

**Latin American FOCUS-** This is a beginner level class that focuses on one dance per session, on a three week rotating basis. The dances taught are CHA-CHA, SAMBA, RUMBA and JIVE, focusing on the understanding and execution of basic step-patterns, body action and rhythm, and partnering skills.

*\*Classes are structured on a casual basis, but consistency in attendance is highly recommended for you and your partner to gain the most out of the sessions. For any queries, contact [dominic@euphorhythmdance.com.au](mailto:dominic@euphorhythmdance.com.au) or visit us on Facebook at [www.facebook.com/euphorhythmdance](http://www.facebook.com/euphorhythmdance)*

# STREET LATIN STYLES



## ***SALSA***

Originating from Cuba, today many styles and versions of Salsa exist. The most common form danced in Australia is the American LA style. Salsa involves a lot of hip and body action and is danced in a forward and back motion. A fast and furious dance, Salsa also incorporates lots of intricate turn-patterns and arm leads. At a more advanced level, dips, lifts and tricks are common practice. Salsa is a great dance to learn and practice freestyle lead and following.

## ***MERENGUE***

Merengue originates from the Dominican Republic, and is a great dance for beginners. Using an easy to follow rhythm and step pattern, Merengue is danced in close contact between partners. Expect a lot of pretzel-like arm twisting and grinding hip movements to capture the essence of this dance.

## ***ARGENTINE TANGO***

Danced commonly in the streets of Argentina, the Tango is a passionate, fiery and sensual dance. In basis, it is a dance which “walks” to music, but is also characterised by various foot and leg embellishments, including leg hooks (Ganchos), figure-8 style swivels (Ochos) and foot-traps. Important to mastering the Tango is an understanding of the feel and musicality of the dance, and a strong lead and follow capability.

# LATIN AMERICAN STYLES



## ***CHA-CHA***

Born in Cuba, ballroom Cha-Cha was developed and introduced to the world in the 1950s. Cha-Cha is characterised by distinctive triplet-rhythm timing and step patterns, as well as a strong and energised hip action. A fun and cheeky dance, Cha-Cha is a great one for beginner dancers to practice their partnering skills and basic Latin techniques.

## ***SAMBA***

Ballroom Samba (different to traditional Brazilian Samba) is often referred to as the “party dance”, and requires a unique hip action and technique. Danced anti-clockwise around the floor, Samba places a high focus on rhythm in both footwork and body movement. Although tricky to master, Samba is an exciting dance that will send you and your partner pulsating around the dance floor.

## ***RUMBA***

Named the dance of love, or more appropriately the dance of lust, Cuban Rumba is all about the enticement and passion between two people. The slowest of the Latin American dances, Rumba requires a fluid hip and body action, and a strong connection between partners.

## ***JIVE***

Developed in North America from the swing and jitterbug dancers of the 1930s, Jive is a fast, high energy dance. Often danced to rock and roll style music, Jive requires a bounce action through the knees and feet, and sharp leg flicks and kicks. Stamina is required to dance the Jive, but it is a great style to get your legs pumping and feet rockin’!