



LIVE YOUR

BEST

LIFE



www.weightlossking.com.au



TRANSFORMATION

INSPIRE

“ I’M **LIVING PROOF**
YOU SHOULD
NEVER SAY NEVER,
AND IT’S NEVER
TOO LATE TO
START. ”

Once overweight, bullied and suffering an isolated childhood, to now a slim, funky, happy guy, Silvestro Musumeci is full of life and with a smile to die for. Having lost a total of 75 kg, half his starting body-weight, Silvestro has kept his excess body-weight off for 10 years. So what are his secrets? As an Inspirational speaker, Silvestro shares these secrets to long lasting weight loss while filling the room with energy, hope and knowledge for those who desire change.

With his friendly, approachable and outgoing character, Silvestro is a down to earth, passionate person who can relate to those of us who can’t seem to shift the weight. That’s because Silvestro is one of us. He knows all about struggling to find the willpower to shift those excess kilos as he was there, too - for 25 years! Silvestro is now a weight loss and wellness coach, and published author of the best seller “**If I Can, You Can – How I lost Half my Bodyweight**”, Silvestro represents hope, inspiration and a can do attitude which is a must for you and your clients.

So are you ready, to do what it takes to live your best life?



“ 10 YEARS AGO I DECIDED TO STOP THE
BLAME AND TAKE OWNERSHIP OF MY BODY.”

“ IT ALWAYS
SEEMS
IMPOSSIBLE
UNTIL IT'S
DONE. ”

MISSION

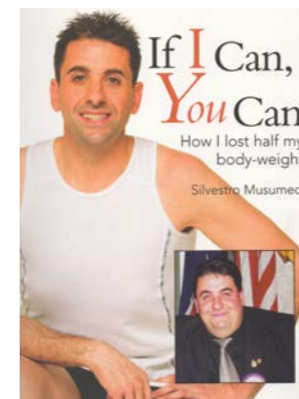
To inspire those who truly desire to lose weight and to keep it off for life. To assist those not able to help themselves by providing resources that will empower them to feel good and look good. I focus on helping people achieve their goals safely, naturally, and realistically by providing support and motivation throughout their entire weight loss endeavours. With truth and honesty I use my own personal experiences to replace fear and despair with self-belief and a **'can do'** attitude.

COMMITMENT

“ WHAT **EXCUSE** IS STANDING IN THE WAY OF WHERE YOU ARE TODAY AND WHERE YOU DESERVE TO BE **TO LIVE YOUR BEST LIFE.** ”



DEDICATION



Success is a process not an event. Believe in yourself and you shall reach your goals like i did and turn your dream into reality. **If i can, you can!**

There's a better life out there for those who really want to change by believing in themselves. I want to share what I have learned by helping others to apply those steps to their life. It's now my life long mission to help others overcome being overweight. To become free, not only from physical weight, but from mental and emotional burdens as well. I truly believe that my transformation was not just for my personal fulfilment but to empower others to embark on their own weight loss journeys.



“ IF YOU ARE GOING,
TO LIVE A **RISK FREE**
LIFE, YOU ARE GOING
TO DIE WITHOUT
HAVING LIVED.”

