

FRED'S PICK

IMPORTED BEER BUCKET

5 Beers for

\$30

Choose from

Corona, Peroni Nastro, Peroni Leggara

RANDOM CRAFT BEER BUCKET

5 Beers for

\$35

randomly selected
Craft deliciousness

TRADIES BEER BUCKET

5 Beers for

\$30

Aussie Aussie Aussie!
Oi Oi Oi!

BEER PADDLE

3 Beers \$10

6 Beers \$18

Try Fred's Kegs

Between two evils, I
always pick the one I
never tried before.

-Mae West

Frederick
of Visby Gotland



freds 'tails

COCKTAILS



**TRY OUR COCKTAIL
OF THE WEEK
\$12**

Daiquiri.....\$12
havana club 3 yo rum, sugar &
fresh lime juice

Margarita.....\$12
sugar, fresh lime juice,
cointreau & espolon blanc
tequila

Mojito.....\$12
mint, sugar, fresh lime juice,
havana club 3yo and soda

Espresso.Martini.....\$14
espresso, sugar, kalua & vodka

Tom.Collins.....\$12
beefeater london gin, sugar,
fresh lemon juice & soda

East.Side.....\$12
beefeater london gin, sugar,
fresh lime juice, cucumber &
mint

Dry.Martini.....\$14
beefeater london gin, orange
bitters, dry vermouth



DRINKS

freds wine

freds sparkling

Jacobs Creek Trilogy Cuvee Brut	Glass ...\$7.50	Bottle...\$38
Jaanz Premium Cuvee	Glass ...\$9	Bottle...\$47
Mionetto Prestige Prosecco Treviso Brut	Glass ...\$8	Bottle...\$39

freds champagne

GH Mumm Cordon Rouge Brut	Bottle ...\$82
Moet Chandon Brut Imperial	Bottle ...\$99
Bollinger Special Cuvee Brut	Bottle ...\$120

pinot gris

Overstone Pinot Gris, Hawks Bay NZ	Glass\$8	Bottle \$39
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riesling

Peter Lehmann Classic Riesling, Barossa SA	Glass\$7	Bottle \$35
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pinot grigio

T'Gallet Juliet Pinot Grigio, Mornington VIC	Glass ...\$8	Bottle ...\$40
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semillon sauvignon

Houghton White Classic, Swan Valley, WA	Glass ...\$6.50	Bottle ...\$30
Fifth Leg Semillon Sauvignon Blanc, Margaret River WA	Glass ...\$7	Bottle ...\$34
Vasse Felix Dry White Semillon Sauvignon, Margaret River WA		Bottle ...\$39

sauvignon blanc

Stoneleigh Sauvignon Blanc, Marlborough NZ	Glass ...\$8	Bottle ...\$37.50
Oyster Bay Sauvignon Blanc Marlborough NZ	Glass ...\$8	Bottle ...\$42
Cloudy Bay Sauvignon Blanc, Marlborough NZ		Bottle ...\$58

chardonnay

Mad Fish Gold Turtle Chardonnay, Margaret River, WA	Glass ...\$9	Bottle...\$39
Forester Estate Chardonnay, Margaret River WA		Bottle...\$49

verdelho

Margan Verdelho, Hunter Valley, NSW	Glass ...\$7.50	Bottle...\$38
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Freddy Stardust

*friend and confidant of
Andy Warhol
but not int that way,
although there's
nothing wrong
with that way*

*I wear a necklace, cause I wanna know
when I'm upside down. - Mitch Hedberg*

Freddy Stardust

DRINKS

more wine

moscato

T'Gallet Juliet Moscato, Mornington Peninsula VIC Glass ...\$8 Bottle...\$39
Innocent Bystander Moscato, Yarra Valley VIC Bottle...\$44

rose

Mateus Rosé Portugal's perfect partner for Tapas Glass ...\$7 Bottle ...\$35
La'Plancheliere Cabernet d'Anjou Rose, Loire Valley FRANCE Glass..\$9 Bottle...\$35
Charles Melton Rose of Virginia, Barossa Valley SA Glass ...\$9 Bottle...\$48

pinot noir

Yering Station Little Yering Pinot Noir, Yarra Valley VIC Glass ...\$10 Bottle ...\$41
Mud House Central Otago Pinot Noir, Central Otago NZ Glass ...\$9 Bottle ...\$46
Palliser Estate Pencarrow Estate Pinot Noir, Martinborough NZ Bottle ...\$61

merlot

McGuigan Black Label Merlot, Hunter Valley NSW Glass ...\$7 Bottle ...\$31
Forrester Estate Cabernet Merlot, Margaret River, WA Glass ...\$10 Bottle ...\$42
Amelia Park Cabernet Merlot, Barossa Valley, SA Bottle ...\$50

shiraz

Wirra Wirra Sparrows Lodge Shiraz, McLaren Vale SA Glass ...\$10 Bottle ...\$41
Pepperjack Shiraz, Barossa Valley, SA Glass ...\$9 Bottle ...\$43
Mount Langi Ghiran Cliff Edge Shiraz, Grampians, VIC Bottle ...\$58

cabernet sauvignon

Paul Mas Cabernet Sauvignon, Languedoc-Roussillon, FRANCE Glass ...\$6.50 Bottle ...\$32
Pepperjack Cabernet Sauvignon, Barossa Valley SA Glass ...\$10 Bottle ...\$46
Parker Coonawarra Estate Terra Rossa Cab Sav, Coonawarra, SA Bottle ...\$68

freds dessert wines

Morris Classic Liqueur Muscat, Rutherglen VIC 500ml Glass ...\$10 B ...\$41
Frogmore Creek Iced Riesling, 375ml TAS Glass ...\$11 B ...\$46
De Bortoli Noble One Botrytis Semillion, Hunter Valley NSW 375ml Glass ...\$11 B ...\$52

*I cook with wine, sometimes I
even add it to the food.*

*W. C. Fields
Freddy Stardust*

DRINKS

freds beer

bucket of beers:

Tradies Beer Bucket \$30

5 beers of your choice:

Carlton Draught, Coopers Pale Ale, Crown Lager, Hahn Super Dry, Pure Blonde, Tooheys New, VB

Imported Beer Bucket \$30

5 beers of your choice:

Corona, Peroni Nastro, Peroni Leggara

Random Craft Beers \$35

5 beers randomly selected from our weekly special craft beers

craft beers:

Feral Hop Hog IPA	...\$8.00
4 Pines Brewing Kolsch	...\$8.00
James Squire 150 Lashes Pale Ale	...\$8.00
James Squire Four Wives Pilsener	...\$8.00
James Squire Chancer Golden Ale	...\$8.00
Little Creatures	...\$8.00
Matilda Bay Beez Neez	...\$8.00
Matilda Bay Fat Yak	...\$8.00
Stone & Wood Pacific	...\$8.00
White Rabbit Ale	...\$8.00
Vale Ale	...\$8.00
Vale Lager	...\$8.00
Vale IPA	...\$8.00
Vale Amber	...\$8.00
Vale Golden	...\$8.00

beer paddle:

6 Beer Paddle \$18

3 Beer Paddle \$10

Choose your selection from our Stockade tap



more beer ?

DRINKS



Frederick of
Visby Gotland
...and lover of BEER!

freds kegs - Stockade selection

Duel Hoppy Lager\$8
Wanderer Marzen	...\$8
Fred's Cider	...\$7.50
Hopzilla\$8
Chop Shop Pale Ale\$8
Rare Ink Dark Stout\$8

cider

Somersby Pear\$7
Somersby Apple\$7
Bulmers Original	...\$7.50
Kopparberg Strawberry/Lime	...\$7
Kopparberg Flower/Lime	...\$7

*I may be drunk, Miss,
but in the morning I will be sober and
you will still be ugly.*

-Winston Churchill

Frederick

aussie beers

Carlton Draught	...\$6.50
Coopers Pale Ale\$7
Crown Lager\$7
Hahn Super Dry	...\$6.50
Pure Blonde	...\$6.50
Tooheys New	...\$6.50
Victoria Bitter	...\$6.50
Cascade Premium Light	...\$6.00
Hahn Premium Light	...\$6.00

freds dark ale

Guinness Draught	\$8
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imported beers

Corona	\$7.50
Peroni Nastro	\$7
Peroni Leggara	\$6.50
Sagres Branca - Portugal	\$8.00
Agulla - Columbia's finest	\$8.00
Day Of The Dead Beer (Cerveza De Los Muertos)	
Hefeweizen- Mexico	\$8.00
Day Of The Dead Beer (Cerveza De Los Muertos)	
IPA	\$8.00
Day Of The Dead Beer (Cerveza De Los Muertos)	
Pale Ale	\$8.00

freds spirits

Jim Beam	\$7.50
Jim Beam Black	\$9
Makers Mark	\$9
Gentleman Jack	\$9.50
Southern Comfort	\$7.50
Canadian Club	\$8
Johnnie Walker Red	\$8
Jameson Irish Whisky	\$8
Chivas Regal	\$8.50
Beefeater	\$7.50
Bombay Sapphire	\$9
Bundaberg	\$9
Captain Morgan Gold	\$8
Bacardi Carta	\$9
Havana Club	\$9
Absolut Vodka	\$7.50
Greygoose	\$12
Malibu	\$7.50
Midori	\$7.50
Amarula Cream	\$7.50
Baileys Irish Cream	\$7.50
Frangelico	\$8
Kahlua	\$7.50
Tia Maria	\$7.50
Grand Marnier	\$9
Cointreau	\$9
Licor 43	\$8.50
Chambord	\$9
Jägermeister	\$8.50
Akropolis Ouzo	\$7.50
Campari Aperitif	\$7.50

DRINKS

upstairs
@
fred's

TOP DROP: by the glass

Blantons Gold Bourbon	\$15
Glenmorangie Duthac Whisky	\$16
Oban Whisky	\$16
Talisker Single Malt Whisky	\$18
Johnnie Walker Gold	\$11
Metaxa 7 stars	\$15

TOP SHELF: by the glass

Courvoisier VSOP Cognac	\$22
Hennessey VSOP Cognac	\$26
Remy Martin XO Cognac	\$32



Ports by the glass:

Penfolds Grandfather	\$18
Galway Pipe	\$12
McWilliams Hanwood Tawny Port	...\$9

DRINKS

non-alcoholic

freds softies



Blood Orange		\$4
Dry Ginger Ale		\$4
Ginger Beer		\$4
Grapefruit		\$4
Coke		\$4
Diet Coke		\$4
Squash		\$4
Lemonade		\$4
Coke Zero		\$4
Tonic		\$4
Lemon, Lime Bitters		\$5
Soda	Glass \$4	Bottle \$12
Sparkling Mineral	Glass \$4	Bottle \$12

Juice

Apple Juice	\$6
Pineapple Juice	\$6
Orange Juice	\$6
Cranberry Juice	\$6

Mocktails

Firebolt	\$7
[grenadine, lime juice, coke and lemon garnish]	
'Champagne'	\$7
[Ginger ale, pineapple juice, lime juice]	

Milk Drinks

Milkshakes	\$6.50
Chocolate, Strawberry, Banana, Caramel, Lime, Vanilla	
Iced Drinks	\$6.50
Iced Chocolate, Iced Coffee	



warm and cuddly DRINKS

coffee@freds

Flat.White.....Small...	\$4.50	...Mug..	\$5.50
Cappuccino.....Small...	\$4.50	...Mug..	\$5.50
Latte.....Small...	\$4.50	...Mug..	\$5.50
Long.Black.....Small...	\$4Mug..	\$5.00
Chai Latte.....Small...	\$5.50	...Mug...	\$6.50
Mocha.....Small...	\$5.50	...Mug...	\$6.50
Hot.Chocolate..Small...	\$5.50	...Mug	\$6.50
White Vienna	\$6		
Black Vienna	\$6		
Espresso	\$4		
Macchiato	\$4		

Liqueur Coffee \$12

Kahlua, Frangelico, Baileys, Jameson

Balisur Herbal Teas: (loose leaf tea)

Darjeeling	\$4.50
Chai Tea	\$4.50
Magic Nights	\$4.50
Moroccan Mint	\$4.50
Ceylon Orange Pekoe	\$4.50
Frosty Afternoon	\$4.50
Earl Grey	\$4.50

coffee extras

Extra shot...\$1

Decaf...\$0.50

Soy Milk...\$0.50

Flavour...\$1

Caramel, Vanilla, Hazelnut

*"All that glitters is not gold...
To my heart. Fred is sold"*



Frederick of Venice

Twinnings Tea: (tea bags)

Pure Peppermint	...\$4
Camomile, Honey & Vanilla	...\$4
English Breakfast	...\$4
Darjeeling	...\$4
Ginger & Apple	...\$4
Orange & Cinnamon	...\$4
Strawberry, Raspberry & Loganberry	...\$4

Portugal

Portugal has brought us so much...
including our Chef Marcio all the way from Madeira!



In the 15th and 16th centuries, Portugal established the first global empire, becoming one of the world's major economic, political and military powers. During this time, Portuguese explorers pioneered maritime exploration in the Age of Discovery, notably under royal patronage of Prince Henry the Navigator and King João II, with such notable discoveries as Vasco da Gama's sea route to India (1497-98), the discovery of Brazil (1500), and the reaching of the Cape of Good Hope. Portugal monopolised the spice trade during this time, and the Portuguese Empire expanded with military campaigns led in Asia.

Australia was almost Portuguese. Theorists believe they could have discovered our west coast 250 years prior to Captain Cook and there are many Portuguese and Latin words in some of the indigenous dialects suggesting a very close relationship many hundreds of years ago...Bet you didn't know that! They successfully colonized Portuguese Timor one of our neighbours instead.

Thanks to Portugal we have some great Tapas in the tradition of Marcio's family and added to that we offer you the famous tastes of the vines and beers of this region too...Don't say Fred doesn't sail to the ends of the earth to please you!



Sangria Sundays **\$20 - a jug of pure heaven**

Sangria is a beverage, common in Spain and Portugal. A divine mix of Red Wine from Portugal or Spain chopped fruit, sweet brown sugar, a dash of brandy and some lemonade.

Chopped fruits including orange, lemon, lime, apple, pineapple, grape, to name a few are added and then the Sangria is steeped while chilled for as little as minutes or up to a few days to get the flavor just right!

freds wines of Portugal

reds

Vila Regia-Douro 2013 portugal

a bright bluish jewelled ruby colour. light aromas of vanilla and toasted coconut a mix of strawberry & raspberry jelly and currants. dry, medium bodied a little smoky and tobacco-y . \$35.00

Herdada do Peso vinha do Monte Portugal Alentejano .

Excellent!
\$45.00

Mateus Rosé

Portugal's perfect partner for Tapas Glass ...\$7
Bottle ...\$35

white

Casal Garcia Vinho Verde Portuga

Notes of citrus amongst the fruity aromas that define freshness a youth.. A delicate wine!

\$30.00

beer

Sagres Branca - Portugal \$8.00

bread@freds

FEED



garlic bread (v) \$6

tomato bruschetta (v) \$9

chefs special bread with chorizo \$10

trio of dips -

chefs selection of dips, home made
pizza crust (v) \$13

please fred,
may I have some more...

add trio bread \$4

add rice pancakes \$4

add sourdough bread \$4

fred loves
everyone, and you can see
vegetarian (v) and gluten -free (gf)
options in our menu, but if you have
very special needs for your
yummy stuff, please let
fred know

you can
make friends
with salad

rocket, pear & walnut salad -
parmesan, balsamic glaze (v) ...\$16

roast pumpkin salad - wild
rocket, baby spinach, toasted pine
nuts, persian feta, cherry tomato,
caramelised onion (v) ...\$17

angel salad- chicken, mushroom,
bacon, mixed leaves, tomato,
cucumber, red onion, honey
mustard dressing
(gf) (v) ...\$19

greek salad-
lettuce, capsicum, tomato,
cucumber, onion, olives, persian
feta, balsamic dressing (gf) (v)\$1

caesar salad- cos lettuce, bacon,
croutons, parmesan, egg, caesar
dressing \$18

what more
would fred want?

add chicken \$6

add prawns \$9

add smoked salmon \$9

add halloumi \$6



T. H. Bueter Baking Co.
Quincy, Ill.

FEED

feast@freds for 2

including a Complimentary bottle of Portuguese Mateus Rosé to really experience the tapas tastes of Portugal! A great introduction for lovers.



Frederick Dali

Dali's 2nd-cousin-twice-removed, but still surreal in his artistic intent, particularly in the kitchen

fred's favourites

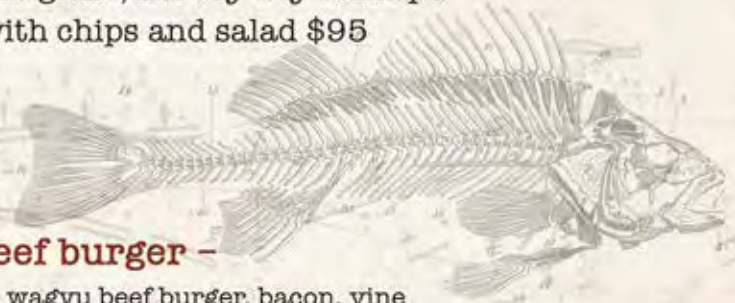
*L.S. Chickester
Lemon Squeezer
Patented July 8 1906
#728,967*

fred's meat feast -

Lamb cutlets marinated in red wine garlic & Rosemary, Chorizo, Sirloin Steak Skewers, Spicy BBQ Pork Ribs, peri peri chicken skewers served with chips and salad \$90

freds gone fishing -

tarragon prawns, salt n pepper calamari, octopus escabeche, grilled barramundi lemon butter & thyme glaze, hervey bay scallops served with chips and salad \$95



freds wagyu beef burger -

two hands for this one, brioche bun, wagyu beef burger, bacon, vine rippened tomato, onion rings, cheddar, wild rocket, beetroot relish, aioli, side of hand cut fries \$19

pulled pork nachos-

corn chips with pulled pork, guacamole, sour cream, tomato salsa \$19

espetada -

grilled sirloin steak skewers, salted and infused with bay, garlic & thyme served with chips, salad, creamy garlic sauce \$39

Barnards barramundi-

pan roasted barramundi fillet, asparagus, parmentier potatoes, bocconcini, vine cherry tomatoes, lemon butter & thyme glaze \$35

*Widener
Walsh
Chung*

*Chung
L.S. Chickester*

forkless@freds

FEED

chorizo-

spanish chorizo, sauteed with fresh tomato, onion, black olives & parsley \$12

devilishly delicious

quesadillas-

creamy chicken & corn, chipotle sauce, guacamole, sour cream \$18

pulled pork-

crostini, apple chutney, cheddar, red cabbage, aioli \$19

picado-portuguese specialty-

tender pieces of sirloin steak, creamy garlic & white wine sauce, parmentier potatoes \$22

picado de surf & turf-

with prawns \$26

hervey-bay scallops-

grilled with sesame, orange, bacon dust(gf) \$19

tarragon prawns-

prawns cooked in white wine, onion, garlic, fresh tarragon, cherry tomato \$21

peri peri chicken skewers-

citrus coriander yoghurt (gf) \$18

polvo de escabeche-

octopus marinated with garlic, capsicum, shallots, parsley, chilli oil \$18

deep fried brie-

cranberry compote, rockmelon, microherb salad (v) \$19



Lead us not into
temptation. Just tell us
where it is; we'll find it.

-Sam Levenson

Frederick Dabi

forkless@freds

FEED

single scrumptious

prego no pao-

veal scallopini, sourdough, mushroom, wild rocket, parmesan, aioli \$19

goat's cheese en croute-

caramelised red onion, goats cheese, wrapped in filo pastry (v) \$18

lamb cutlets -

grilled with rosemary & garlic, red wine deglaze, tzatziki (gf) \$24

bbq pork ribs -

marinated in garlic, rosemary, bay leaf, red & white wine, orange & bbq sauce \$24

halloumi -

panfried, green pesto, capsicum, toasted pine nuts, balsamic roasted vine cherry tomatoes (v) (gf) \$18

salt & pepper calamari -

marinated with lemon & parsley, aioli dipping sauce \$16

chicken strips -

tender breast strips, spiced crumb, lemon herb dip \$15

confit duck pancakes -

rice pancakes, shallots, cucumber, pulled duck, rich plum sauce \$24

arancini balls -

spinach & ricotta tomato & basil sauce (v) \$18



St. James's,
Kensington,

*I can resist everything
except temptation.*

-Oscar Wilde.

Frederick of Venice

pizza@freds

FEED

garlic pizza crust (v) \$10

bruschetta pizza (v) \$14

margherita -
mozzarella, oregano, tomato (v) \$12

pepperoni-
pepperoni, mushroom, mozzarella \$16

freds favourite-
ham, pepperoni, mushroom, olives, capsicum,
onion, mozzarella, tomato \$18

carne -
salami, ham, chorizo, bacon, mozzarella, bbq
sauce \$17

pollo -
chicken, avocado, bocconcini, chorizo,
caramelised red onion, mozzarella, tomato
\$18

presunto-
mushroom, truffle oil, rocket, parmesan,
mozzarella, tomato \$19

veggie delight -
goats cheese, capsicum, caramelised red
onion, rocket, parmesan, mozzarella, tomato
(v) \$17

bbq pollo -
chicken, capsicum, onion, mushroom,
mozzarella \$17

gamberi-
prawns, baby spinach, cherry tomato, ~~chilly~~,
garlic, mozzarella \$21

chilli
chilly
lol..just joking.
It's hot!

Freds Pizza

■ My bit

■ Your bit

■ The other guys
bit

■ The random last
bit that I will eat



freds bit on the side

FEED

hand cut chips ...\$9

asparagus with hollandaise sauce (v) ...\$12

potato wedges with bacon and mozzarella ...\$13

brocolini sauteed with chilli and garlic (v)(gf)...\$11

onion rings ...\$8

fred's finale

cheese board -

local & international cheeses, grapes, pear, celery ...\$35

portuguese custard tarts ...\$10

fred's special donuts -

warm cinnamon churros with milk chocolate dipping sauce, strawberries & cream ...\$10

crepes -

pick your flavour, classic suzette, berries & cream, nutella & hazelnut, banana maple & cream ...\$11

crème brulee -

a classic, ask for todays flavour
(gf * unless liqueur flavour)...\$11

chocolate temptation -

warm walnut fudge brownie, butterscotch sauce, vanilla icecream & berries ...\$12

icky sticky -

freds best dessert, sticky date pud, brandy butterscotch sauce & vanilla icecream ...\$12

affogado -

Shot of hot coffee poured over vanilla icecream, still thirsty? add a shot of your favourite liqueur ...\$7
(liquor extra) (gf * unless with liqueur)



FEED

Between 3-5 and after 10

Our chefs have been slaving since breakfast,
but we've foraged some supplies from the kitchen;
we can make:

hand cut chips - \$9

marinated olives - (gf)(v) ...\$8

trio of dips -

chefs selection of dips, home made
pizza crust (v) ...\$13

chicken strips -

tender breast strips, spiced crumb,
lemon herb dip ...\$15

polvo escabeche -

octopus marinated with garlic,
parsley, chilli oil ...\$18

arancini balls -

spinach & ricotta tomato & basil sauce (v) ...\$18

cheese board -

local & international cheeses,
grapes, pear, celery ...\$35

crème brulee -

a classic, ask for todays flavour (gf * unless
liqueur flavour) ...\$11

icky sticky -

freds best dessert, sticky date pud,
brandy butterscotch sauce & vanilla icecream
...\$12

affogado -

Shot of hot coffee
poured over vanilla icecream,
still thirsty? add a shot of your favourite liquor
(gf * unless liqueur flavour)... \$7 (liquor extra)



breakfreds

FEED

Freds Bennie -

sourdough toast, poached eggs, wilted spinach, hollandaise sauce \$16
choice of:

- Smoked salmon
- Bacon
- Field mushrooms (v)

Americano-

bacon or smoked salmon with pancakes, scrambled eggs, avocado, grilled tomato \$17

Breakfast -

egg, bacon, sausage, grilled tomato, mushroom, baked beans, sauteed potatoes, black pudding, fried bread \$19

Pancakes-

strawberry, banana, maple syrup, vanilla icecream (v) \$12

Omellette-

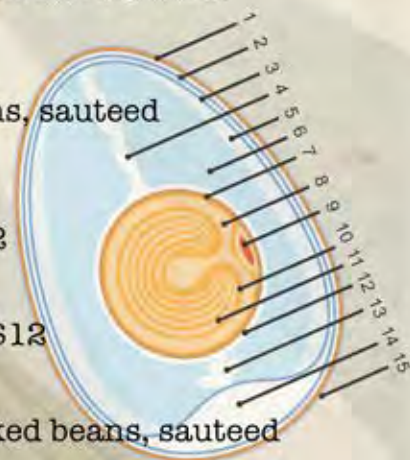
ham, mushroom, baby spinach, cherry tomato, cheese (gf) \$12

Veggie brekkie-

egg, avocado, grilled tomato, mushroom, wilted spinach, baked beans, sauteed potatoes, fried bread (v) \$16

Bacon & egg roll-

wild rocket, mayonnaise, bbq sauce \$10



KIDS MENU

share your
wealth
**HIRE
A
SITTER!!**



We'd like to be more child friendly...
but that would be a lie.

We have a giant, scary staircase, and a ghost boy that lives beneath the stairs in a hole in the floor boards (if you care to look). Outside is a balcony overlooking a busy street with a ferocious child-eating jacaranda watching...and no highchairs and no children's menu.

* Plus, fred opened this place to escape the kids, and we feel you deserve that pleasure too!

Just saying, before you ask...

*NB Special days, such as Mother's Day and Father's Day are our special exception, when all the children can come and celebrate with their parent's, grandparents, aunties and uncles.

