

PERSONAL TRAINING

GROUP & PERSONAL TRAINING PRICE LIST

SESSION	DESCRIPTION	COST PER PERSON	5 SESSION CARD	10 SESSION CARD
1-on-1	30 min PT	\$30.00	\$135.00	\$270.00
1-on-1	1 hour PT	\$55.00	\$247.00	\$495.00
2-on-1	30 min PT for 2	\$20.00	\$90.00	\$190.00
2-on-1	1 hour PT for 2	\$33.00	\$148.00	\$297.00
3-on-1	30 min PT for 3	\$17.00	\$76.00	\$153.00
3-on-1	1 hour PT for 3	\$25.00	\$112.00	\$225.00
4-on-1	30 min PT for 4	\$15.00	\$67.00	\$135.00
4-on-1	1 hour PT for 4	\$22.00	\$99.00	\$198.00
Group Training	30 min Group Training	\$10.00	\$45.00	\$90.00
Group Training	1 hour Group Training	\$15.00	\$67.00	\$135.00

