

PRE SPRAY TAN TANNING PROCEDURE

On the day of the spray tan, exfoliate the full body in the shower or bath, with a loufah, exfoliating glove or face cloth. Concentrate on areas that are prone to dryness such as elbows, knees and ankles. Make sure the skin is left clean and dry with no soap residue.

(For best skin results exfoliate the skin 2-3 days consecutively prior to the spray tan).

Do Not apply moisturiser, perfume, or deodorant on the body prior to the spray tan.

Make sure the body has not been waxed within 24 hours of the spray tan.

Make sure the body has not been shaved within 8 hours of the spray tan.

Wear dark old dark undergarments/swimwear to be sprayed in. Excess spray tan residue can often attach to the clothing; this comes out after being washed however white clothing will often become off colour over time. Being sprayed in undergarments is not necessary. It is purely the client's personal choice.

Always wear loose fitting, cotton, comfortable clothing and shoes after the tan has been applied. Socks and runners are not recommended.

All jewellery should be removed from the body to ensure an even application
Make up should be removed.

Always wear hair up. Light blonde and platinum hair may be temporarily discoloured. Most staining will disappear after the hair is washed for the first time or alternatively a shower cap may be worn.

IMPORTANT! The moment water touches the sprayed skin the tanning process stops in the area affected by the water.

If it is raining on the day of your spray tan, wear full protective clothing to cover the entire body to ensure it does not come in contact with the rain.

If it is extremely hot on the day of your spray tan it is recommended to bring a towel to place on the seat of your car to help prevent sweating. Also, a small hand towel wrapped around the seatbelt will prevent it coming into contact with your skin.

SPRAY TANNING AFTER CARE

Wear loose dark cotton clothing and slip on shoes after being spray tanned. Preferably do not apply a bra for at least 4 hours afterwards. Do not rub or scratch your body as this can also remove the spray tan tanning solution during the developing process.

Avoid any strenuous exercise or perspiration activity immediately after the spray tanning session, as this will affect the process. Do not apply any creams or deodorants until after the first shower. Avoid any water contact on the skin until after the first shower. Water contact stops the tanning process immediately.

If you are receiving a spray tan on a hot day it is recommended to apply talcum powder to areas of excess sweating after the spray tan is dry. It is also recommended to sit on a towel in the car after tanning to help prevent sweating.

Wait at least 8-10 hours before showering after the tanning session. A small amount of colour will wash off during the first shower. This is normal. It's the bronzer, not the tan.

It is recommended to do two washes in the first shower. The first, use water only to remove the excess residue and then a normal soap wash. Remember to wash around the elbows, knees, ankles, underarms and feet, especially between the toes.

Avoid using moisturisers or products that contain Glycolic Alpha Hydroxy Acids and Sodium Laureth Sulphate as these ingredients promote increased exfoliation and will accelerate the fading process of the tan. Try to use soap with a ph balance of 5.5 or lower, as higher also accelerates the fading process. Avoid long hot showers/baths and rubbing of the skin afterwards as this increases the natural skin exfoliation process. When drying your skin, pat it dry.

Avoid Chlorinated pools, spas and excessive heat such as a sauna as this will dramatically accelerate the fading process. Chlorine is a form of bleach, which promotes the accelerated process of removing the tan. Avoid shaving or waxing following the spray tan application as this process removes the very top layer of the skin thus removing the tan in that area. Shaving can cause the tan to look patchy.

Remember to wear a protective SPF Sunscreen when out in the sun to avoid sunburn.

Most Important Apply a moisturiser or body oil twice daily! Doing this slows down the natural skin exfoliation process thus extending the life of the tan. The more moisturiser you apply the longer the tan will last. If first shower is within 6 hrs of the tan application, the tan will last approximately 3-5 days depending on the tan maintenance.

Shower within 8 hrs of the tan application, the tan will last approximately 5-7 days.

Shower within 10 hrs of the tan application, the tan will last approximately 7-10 days.

Ps. Enjoy your tan you'll look and feel gorgeous!!