



WOMEN'S wellness

programs

Natural health solutions
for women of all ages:
Incorporating natural
fertility management &
naturopathy

artemisianaturaltherapies.com
(03) 9036 0340

BOOK ONLINE NOW

artemisianaturaltherapies.com
1/499 Victoria St. Brunswick West
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Artemisia Natural Therapies: Complementary & Naturopathic health care for optimal fertility, natural pregnancy support, women's well-being & family health maintenance

Our naturopaths offer natural, drug-free and effective solutions for hormonal imbalances and women's conditions such as;

- Endometriosis**
- Polycystic ovarian syndrome (PCOS)**
- Menstrual cramping**
- Menopause**
- PMS**
- Irregular periods**
- Fibroids**
- Thyroid problems**
- Fertility difficulties**
- Stress & anxiety**
- Depression**
- Weight management**
- Low energy levels**
- Insomnia**
- General wellbeing**

WHAT WE OFFER

Evidence-based & specialised services, with a personalised, caring approach. We support you on your journey towards wellbeing & help you to feel healthier & more confident in managing your fertility & life-long health goals.

HOW WE HELP

Women's conditions often respond well to herbal remedies, nutritional supplements and individualised dietary and lifestyle changes. Natural Fertility Awareness methods are another way in which we can help you to achieve your health and wellbeing goals.

WHAT WE TREAT

General Health, Women & Kid's health
Natural Fertility Awareness & Counselling, Preconception Care, Infertility & IVF Support, Natural Pregnancy Care & Birth preparation, Postnatal Recovery & Breastfeeding Support