

Massage Menu

In Room Therapy For Him & He.

★ CHAKRA MASSAGE 1 HOUR \$150

A firmer relaxing massage combined with Reiki that will awaken your chakras, clears blockages in your energy flow and offer relief from busy thoughts and uncomfortable emotions. As your thoughts slow, clarity, insight and understanding naturally emerge. Your body will become balanced in life energy, promoting wellness and ease. A choice of scented oil with awaken your senses during this treatment.

This massage is all about pure relaxation. Recover from the daily stresses of life and experience long smooth gliding stokes that are rhythmic and flowing designed to soothe and relax. Finish off with a short reiki session to finally lift away all the tension.

★ HOT STONE MASSAGE 1 HOUR \$135

Heavenly treatment where warmed and oiled stones are used to massage the body with long flowing strokes. This massage gives a gentle and rhythmic movement that goes to work very quickly and produces a profound muscle relaxation not possible in normal massage. And it's not just your muscles; your mind and every fibre of your being will be relaxed as well.

★ TRADITIONAL REIKI 1 HOUR \$95

Reiki is a gentle technique that reduces stress and promotes healing and relaxation. It is a simple and safe holistic therapy that influences the body, mind, emotions and spirit. Reiki is grounded in the belief that life force energy flows within us all. When this life force energy is low, stress, illness and disease occur. Reiki works by improving this life force energy and bringing about a sense of peace and wellbeing and enhancing quality of life. You will remain fully clothed as this is usually a non-touch treatment where the reiki practitioner will gently place their hands on or near certain points of your body.

