
BODY WRAP RITUALS

Coffee and Sea Kelp Contouring Scrub. Coffee and Sea Kelp, rich in vitamins and antioxidants, assists to increase cellular metabolism, detoxification and break down fatty tissue. Stimulating ground coffee beans, nantha mentha leaves, vanilla and grapefruit awaken the senses and improve circulation of blood and lymph, ground pumice exfoliates and smoothes whilst the macadamia leaves skin soft with no residue.

Whilst you rest, wrapped warmly in soft muslin, you will experience a relaxing petite facial ritual including a warm oil hair treatment. With restorative facial mud therapy at work, your treatment will be enhanced by a remedial foot massage. You will awaken from serenity with a soothing scalp massage to hydrated renewed skin.

This treatment is suitable for all skin types, especially cellulite prone skin.

Rejuvenating Mud Wrap. Clay indigenous to Australia brings truly unique detoxifying benefits from the earth; this exquisite clay is a powerful blend of mud with essential oils and rich essential fatty acids. Your body will be covered in velvety warm aromatic clay and gently cocooned in natural cloth.

Whilst you rest, wrapped warmly in soft muslin, you will experience a relaxing petite facial ritual including a warm oil hair treatment. Balance is achieved inside and out. You will awaken from serenity with a soothing scalp massage to hydrated renewed skin.

This treatment is suitable for all skin types, especially devitalised skin.

Aloe Linen Wrap. Discover the healing power of Aloe Vera with this calming, anti-oxidant body wrap. Benefit from naturally moisturising Aloe, loaded with minerals, essential fatty acids and the youth mineral, potassium. This masque, infused with green tea rich in anti-oxidants, will soothe and harmonise.

Whilst you rest, wrapped warmly in soft muslin, you will experience a relaxing petite facial ritual including a warm oil hair treatment. With restorative facial mud therapy at work, your treatment will be enhanced by a remedial foot massage. You will awaken from serenity with a soothing scalp massage to hydrated renewed skin.

This treatment is suitable for all skin types, especially skin that has been over exposed to the sun or for those wanting extra plumpness and suppleness to underlying skin tissue.

Hot Oil Elixir Infusion Wrap. A holistic oiling for the body and mind. A sensory experience begins your journey. A full body brush is followed by a rhythmic body oiling of your essential oil blend infused in warm oil.

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This treatment is suitable for all skin types.

You will choose one of the following elixirs to be infused into the warmed oil used for your wrap.

Regenerative Elixir: This wrap is designed for overall body regeneration, over-indulgences, grief and anti-depression.

Hydramax Elixir: This wrap is ideal for balancing yin/yang, body hydration, after sun and great for winter skin.

Refining Elixir: This wrap is emotionally normalising, ideal for the elderly, calming to the body, great for headache relief and anti-depression.

Purifying Elixir: This is a detoxifying wrap that may act like a diuretic. Wonderful pep up for fatigue and stress, invigorating to the entire body.

De-sensitising Elixir: A calming wrap, ideal for insomnia, dry or sensitive skin types and irritability. Good for after sun.

Treatment Times. A **60min Body Wrap** includes a relaxing décolletage and facial massage and remedial neck massage.

A **90min Body Wrap** includes a remedial back massage, a relaxing décolletage and facial massage and a remedial neck massage.

Private Health Fund receipts are issued for the remedial massage component of your treatment.
