

# INTEGRATION SERVICES

## **Behavioural Management Plans (BMP)**

We provide specialist behavioural management consultancy to develop BMP's for individuals with challenging behaviour in the context of child care, disability support and aged care services. In addition to assisting people to improve relationships and achieve better educational, work or quality of life outcomes, effective and well documented support of behaviour that has become an issue is an important element of OHS management.

Our consultants will work with all stakeholders from the individual to parents, carers or employers to understand the nature, context and reinforcing elements of anti social or maladaptive behaviours. We provide written plans and tools to support behaviour modification and will provide training and support to parents, staff, employers or supervisors to successfully implement, monitor and review BMP's.

# Managing Behaviour (Child care)

This 6 week e-learning course is intended to improve child care worker's understanding of behaviour in both typically developing children and children with special needs providing them with the knowledge & tools to improve daily practices.

- Week 1: What is behaviour? Here we will get an introduction (or reminder) to theories of behaviour & developmental psychology.
- Week 2: The function of behaviour.
- Week 3: Typically developing children and children with special needs in the context of behaviour. Identifying challenging behaviour.
- Week 4: Effective communication: The importance of communication in pre/ nonverbal groups.
- Week 5: Behaviour in the context of learning.
- Week 6: Practicalities & legalities including OHS plus Final course review.

#### **Delivery:**

- 6 x 1 hr webinars This is a fully interactive, live, online lecture series delivered over 6 weeks.
- Password protected online learning space for course participants. Participants will be encouraged to post work, engage in discussion with other course participants, ask questions of presenters and receive feedback in our online learning space.
- Course folder: Every participant will also receive a course folder mailed to them with an introduction to the course, simple directions to make the most of the technology and course notes.

Our unique online delivery means that care worker's only need to find 1hr a week to attend their "lecture" & approximately 30mins to do some follow up work.

Learning advantages – An important component of acquiring new knowledge is the opportunity to apply it. In typical one day sessions for professional development a care worker/ teacher is out of action for a full day (so they need to be replaced), has to travel to an unfamiliar place, adjust to the learning environment hope to take in everything in a single sitting and remember it when they return to work. By breaking our courses over a period of time with unlimited access to experts in their fields, an ongoing social context for group discussion, post session activities to apply in their work environment and the opportunity to ask further questions and receive feedback in both a written and verbal format participants are able to encode their new knowledge at a much deeper level. This is the most cost effective way to get professional development that actually has a continued impact on performance.

For special offers that apply from time to time on our courses check our web site.

## Do as I say, Not as I do

This 2hr parent workshop on toddler behaviour aims to help parents better understand behaviour as a conversation. This has been designed for delivery at child care centres to groups of parents. The workshop covers:

- What's it all about? Behaviour as communication.
- Punishment & Reward
   Setting boundaries and building constructive
   relationships.
- Attachment
   Healthy attachment and anxiety in children.
- ABC's of happy families...
  Identifying behaviour that is difficult to manage,
  recognising it's purpose and developing constructive ways
  to establish adaptive behavioural responses.

We also have a brief look at recognising when it's time to get help for either you or your child.

A variation of this workshop will be available for delivery online shortly. Please watch our web site for developments.

For more information visit our web site:

www.integrationservices.com.au

## **About Integration Services**

Denise Hardingham has a BA in Psychology & history and has been helping people with disability support services for almost 20 years, ranging from children to aged care patients to those in the workplace. With a continued commitment to educational and vocational development, Denise has furthered her skills by completing courses in Health & Social Care, OH&S & Rehabilitation, Workplace Training, and Business. Denise has also managed a variety of projects assessing behaviour, learning & vocational needs, developed individual behaviour management plans and provided effective training for staff.

Denise has now combined her skills and offers a unique service through Integration Services which offers a practical and adaptive approach to the behaviour management of those with disabilities. Specialising in disability consultancy services, Integration Services assists individuals improve their quality of life by developing behaviour management plans for individuals and support to their carers; offers workplace integration support to people with disability; workplace diversity consulting services to employers to help implement effective and genuinely inclusive workplace diversity policies, as well as providing relevant training programs and workshops.

To enquire about how Denise and Integration Services can help you or your organisation contact Denise Hardingham on: 0434 670 493 or visit www.integrationservices.com.au